








# NOVEMBER 2018 - Shuford / North / South - Breakfast / Lunch Menu

## NEWTON-CONOVER CITY SCHOOLS

Students are offered 5 components which make a regular lunch. Students may decline up to two component, however one of their choices must be a vegetable or a fruit to be considered a regular lunch. **Students taking only 1 or 2 items, or taking 3 items without a vegetable or fruit will be charged a la carte prices.**

**Available Daily at Breakfast -** × Assorted Cereal × Toast w/Jelly × Cinnamon Grahams × Yogurt × Juice × Fruit × Milk ×

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Days to Remember</b></p> <p><b>Monday, Nov 26th -</b>   Birthday Monday!</p> <p><b>Wednesday, Nov 28th -</b>   National French Toast Day!</p>			<p><b>1</b></p> <p><b>Breakfast</b>                      Dutch Waffle 51</p> <p><b>Lunch</b>                      Country Style Steak w/roll 19                      Chicken Alfredo w/roll 41                      Lima Beans 18                      Mashed Potatoes 15                      Mandarin Oranges 26                      Frozen Fruit Cup 21</p>	<p><b>2</b></p> <p><b>Breakfast</b>                      Pancake &amp; Saus Sandwich IW 23</p> <p><b>Lunch</b>                      Domino's Pizza 29                      Beanie Weinies w/roll 48                      Broccoli Soup 93                      Glazed Carrots 17                      Applesauce 15                      Fruit Punch 14</p>
<p><b>5</b></p> <p><b>Breakfast</b>                      Sausage Biscuit 29</p> <p><b>Lunch</b>                      Lasagna w/breadstick 56                      Hot Ham &amp; Chz Croissant 30                      Carrot Chips w/dip 9                      Pinto Beans 15                      Frozen Fruit Cup 21                      Applesauce 15</p>	<p><b>6</b></p> <p><b>Breakfast</b>                      Fr. Tst Sticks w/syrup 52</p> <p><b>Lunch</b>                      Pork Chop &amp; Gravy w/roll 39                      Chicken Casserole w/roll 15                      Turnip Greens 0                      Mashed Potatoes 15                      Sliced Peaches 14                      Apple Juice 14</p>	<p><b>7</b></p> <p><b>1/2 Day - Early Dismissal</b>  <b>Breakfast</b>                      Breakfast Pizza 26</p> <p><b>Lunch</b>                      Hamburger 29                      Chicken Fajita 26                      Baked Beans 39                      Spiral Fries 17                      Mixed Fruit 19                      Fruit Punch 14</p>	<p><b>8</b></p> <p><b>Breakfast</b>                      WG Breakfast Donut 41</p> <p><b>Lunch</b>                      Orange Chicken w/ rice 36                      Pulled Pork Sandwich 27                      Glazed Carrots 17                      Seasoned Green Beans 6                      Orange Wedges 12                      Sliced Pears 14</p>	<p><b>9</b></p> <p><b>Breakfast</b>                      Flapstick w/syrup 37</p> <p><b>Lunch</b>                      Pepperoni Pizza 30                      Chicken Salad Croissant 36                      Potato Soup 44                      Seasoned Corn 21                      Baked Apples 28                      Raisels 34</p>
<p><b>Breakfast Prices 2018-2019</b></p> <p>Grades K to 12 - \$1.25                      Reduced Rate - \$0.00                      Entrée Only - \$1.00                      Milk Only - \$0.50</p>	<p><b>Lunch Prices 2018-2019</b></p> <p>Grades K to 5 - \$2.50                      Reduced Rate - \$0.40                      Entrée Only - \$1.75 to \$2.00                      Milk Only - \$0.50</p>		<p><b>Cost of Meals for November 2018 - (18 days)</b></p> <p><b>Breakfast</b>                      Grades K to 12 - \$22.50                      Reduced Rate - \$0.00</p> <p><b>Lunch</b>                      Grades K to 5 - \$45.00                      Reduced Rate - \$7.20</p>	

<p>12</p> <p><b>NO SCHOOL HOLIDAY</b></p> 	<p>13</p> <p><b>Breakfast</b> Cinnamon Roll 53</p> <p><b>Lunch</b> Soft Taco 22 Country Chicken &amp; Biscuit 30 Refried Beans 22 Seasoned Corn 21 Mixed Fruit 19 Sliced Peaches 14</p>	<p>14</p> <p><b>Breakfast</b> SSG Breakfast Pizza 24</p> <p><b>Lunch</b> Turkey Tetrizzini w/roll 58 Pork Carnitas 23 Roasted Baby Carrots 7 Seasoned Green Beans 6 Raisins 34 Applesauce 15</p>	<p>15</p> <p><b>Breakfast</b> Breakfast Muffin IW 41</p> <p><b>Lunch</b> Southwest Beef Fiestada 43 Chicken Fajita Wrap 24 Steamed Broccoli 5 Cuban Black Beans 33 Apple Crisp 57 Fruit Punch 14</p>	<p>16</p> <p><b>Breakfast</b> Sausage &amp; Chz Croissant 16</p> <p><b>Lunch</b> Domino's Pizza 29 Teriyaki Ckn w/rice &amp; roll 49 Glazed Carrots 17 Chicken Tortilla Soup Sliced Pears 14 Apple Juice 14</p>
<p>19</p> <p><b>Breakfast</b> Breakfast Pizza 26</p> <p><b>Lunch</b> Chicken Fillet Sandwich 43 Macaroni &amp; Cheese 65 Glazed Sweet Potatoes 45 Baked Beans 39 Sliced Peaches 14 Apple Juice 14</p>	<p>20</p> <p><b>Breakfast</b> Fr. Tst Sticks w/syrup 52</p> <p><b>Lunch</b> Pepperoni Pizza 30 Beanie Weinies w/roll 48 Steamed Broccoli 5 Glazed Carrots 17 Applesauce 15 Fruit Punch 14</p>	<p>21</p> <p><b>NO SCHOOL ANNUAL LEAVE</b></p>	<p>22</p> <p><b>NO SCHOOL HOLIDAY</b></p> 	<p>23</p> <p><b>NO SCHOOL HOLIDAY</b></p>
<p>26</p> <p><b>Birthdays Monday!</b></p> <p><b>Breakfast</b> Sausage Biscuit 29</p> <p><b>Lunch</b> Lasagna w/breadstick 56 Hot Ham &amp; Chz Croissant 30 Glazed Sweet Potatoes 45 Pinto Beans 15 Frozen Fruit Cup 21 Applesauce 15</p>	<p>27</p>  <p><b>Breakfast</b> Breakfast Pizza 26</p> <p><b>Lunch</b> Pork Chop &amp; Gravy w/roll 39 Chicken Casserole w/roll 15 Turnip Greens 0 Mashed Potatoes 15 Sliced Peaches 14 Apple Juice 14</p>	<p>28</p> <p><b>Nt'l French Tst Day!</b></p> <p><b>Breakfast</b> Fr. Tst Sticks w/syrup 52</p> <p><b>Lunch</b> Orange Chicken w/ rice 36 Pulled Pork Sandwich 27 Glazed Carrots 17 Seasoned Green Beans 6 Applesauce 15 Sliced Pears 14</p>	<p>29</p> <p><b>Breakfast</b> WG Breakfast Donut 41</p> <p><b>Lunch</b> Hamburger 29 Chicken Fajita 26 Baked Beans 39 Spiral Fries 17 Mixed Fruit 19 Fruit Punch 14</p>	<p>30</p> <p><b>Breakfast</b> Flapstick w/syrup 37</p> <p><b>Lunch</b> Pepperoni Pizza 30 Chicken Salad Croissant 36 Potato Soup 44 Seasoned Corn 21 Baked Apples 28 Raisels 34</p>

Menus, Nutrition, and Allergen Information can be found on our system website: [www.newton-conover.org](http://www.newton-conover.org) - Menus are subject to change - Notice is given when possible

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