

May , 2019

Dear Parents or Guardians,

For many kids, summertime means food, friends and fun. For families who count on school breakfast and lunch, however, the summer months can be stressful and family food budgets have to be stretched even further. Free summer meals, funded by the USDA, are available to kids and teens ages 18 and younger at summer meals sites across Tennessee.

Many summer meals sites offer fun learning and recreational activities so kids and teens can eat a healthy meal while staying active and being with friends. Sites are also registered with the USDA and are held at safe local places like schools, churches and community centers.

Free Summer Meal Program Details:

- ☑ Meals are FREE to children and teens ages 18 and younger who come to a summer meals site
- ☑ Free summer meals will help families save money and stretch their already tight food budgets
- ☑ Food served is healthy and follows USDA nutrition guidelines
- ☑ Summer meals sites are at fun, safe places for kids and teens to be
- ☑ No application or proof of income needed. You can just bring your child to a summer meals site in your community

If you or someone you know is interested, go to WEBSITE or call 1-866-348-6479 to find a site and learn more or text “Summer Meals” to 97779 to find a site near you.

Sincerely,

Jennifer Mitchell, MS, RD, LDN
Jackson County Schools Nutrition Supervisor

This institution is an equal opportunity provider.