

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.

Breakfast is a two week rotation.



**Milk choices :**  
**1% White Milk**  
**Fat Free White Milk**  
**Lactose Free Milk**  
**Chocolate Milk**

Monday Pancake Syrup Poptart <b>Fresh Fruit</b> <b>Juice</b>	Tuesday Pizza Sausage <b>Mini Donut</b> <b>Fresh Fruit</b> <b>Juice</b>	Wednesday Chicken Biscuit Cereal Bar Honey Grahams Tater Tots/ Ketchup <b>Juice / Fresh Fruit</b>	Thursday Pancake Pub Cereal Honey Grahams <b>Fresh Fruit</b> <b>Juice</b>	Friday Morning sausage roll Honey Bun <b>Fresh Fruit</b> <b>Juice</b>	Calories.. 891 Cholesterol...52 mg Sodium. 1040 mg Sugar 78.9 Carbohydrates 155.4
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**Avg Nutrients Target**

Monday Pancake Syrup Poptart <b>Fresh Fruit</b> <b>Juice</b>	Tuesday Pizza Bagel Cereal Bar <b>Fresh Fruit</b> <b>Juice</b>	Wednesday Biscuit/Grits Scrambled Eggs Sausage Link Poptart <b>Juice / Fresh Fruit</b>	Thursday French Toast Sticks Syrup Cereal / Honey Grahams <b>Fresh Fruit</b> <b>Juice</b>	Friday Sausage Biscuit Jelly <b>Mini Donut</b> <b>Fresh Fruit</b> <b>Juice</b>	Calories... 648 Cholesterol...22 mg Sodium.736 mg Sugar 526.5 g Carbohydrates 108.1g
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Breakfast is a two week rotation

Low fat and fat free white milk offered Daily.

Menu subject to change based on availability.

Georgia Grown

Local wellness policy at [www.gocats.org/schoolnutrition](http://www.gocats.org/schoolnutrition)

Local Grown

The last week of School is Manager Choice Breakfast