

NEWS FROM THE NURSE:

THE FOLLOWING ARE THE ACCEPTABLE FOODS FOR THE WALK A THON ON OCTOBER 31st. PLEASE NOTE THAT THERE MAY BE NO "HOME BAKED GOODS" AND EVERYTHING MUST BE PEANUT AND TREE NUT FREE.

Any fruits and veggies

Pretzels- Bachman's, Shneider's, Utz, and Pretzel Goldfish

Popcorn- Boom Chicka Boom, Smartfood, Skinny Pop

Oreo's- plain, golden and Halloween

Candy- Skittles, Swedish Fish, Hershey plain chocolate kisses,

Hershey plain chocolate bar, NO MINI HERSHEY

Bars, Tootsie Rolls, Junior Mints, Lifesave

Gummies, Smarties, Sour patch Kids, Whoppers

Sweet Tarts, York Peppermint Patties, Twizzler

Rolos, Starburst fruit chews

CLASSES MAY PICK 3 SWEETS, 1 SALTY, AND 1 FRUIT/VEGGIE. IN ADDITION, CLASSES MAY HAVE 1 NON FOOD HALLOWEEN TREAT.

Water, juice and lemonade are acceptable drinks.

Please be mindful of the students with braces.

PLEASE READ ALL LABELS. ONLY CHOOSE FOOD PREPARED IN A NUT FREE FACILITY.

Zadie's in Fair Lawn and Little Daisy Bake Shop in Montclair are acceptable bakeries.

Please keep in mind that the children will have just eaten lunch.

FOOD THAT DOES NOT COMPLY WITH THE ABOVE GUIDELINES WILL BE REMOVED.