



Who Will You Be?

The Active Bystander Session
Grade 10

Ground Rules



ASK QUESTIONS



ENGAGE FULLY



INTEGRATE NEW
INFORMATION



OPEN YOUR
MIND TO
DIVERSE VIEWS



UTILIZE WHAT
YOU LEARN



Attending Palos Verdes High School
means showing
COMPASSION, EMPATHY and
RESPECT
to ALL Sea Kings

What is a bystander?



- Somebody nearby but NOT involved

How much “bystanding” is too much?



Pairwork Activity:
What would you do if you saw an
apparently unconscious man or woman
lying on the steps of a busy location?



<https://www.youtube.com/watch?v=OSsPfbup0ac>

The **bystander effect** is a
psychological phenomenon in
which an individual is less likely to
seek or offer help in a situation
when other people are present.

Problem?

If everyone thinks someone else will step up, then no one does anything, and terrible outcomes result.

30% of rapes, threats of rape, or unwanted sexual contact happen in the presence of bystanders.

How could that happen?



What is an Active Bystander?

A person who observes a conflict or unacceptable behavior and ACTS to make a difference.





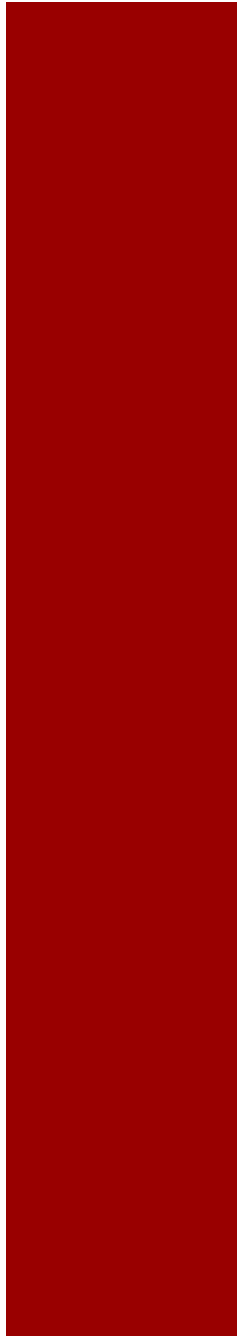
Be an Active Bystander!

It isn't easy - even interventions against small micro-aggressions, like inappropriate jokes, take knowledge, motivation, and practice.



Who Will YOU Be?

<https://youtu.be/491e80ku0Jw>





- To create a culture of support and inclusion takes BRAVE individuals willing to stand up for what they believe in.
- Lead the way in creating a safer, more inclusive environment.
- New behaviors aren't easy to adopt; we need practice opportunities of intervention.

STEP UP!



Keep Your Friends Safe

- Talk **DIRECTLY** to the person who might be in trouble
 - “Who did you come here with?”
 - “Would you like me to stay with you?”
- **DELEGATE** to someone of authority may be the safest way to intervene
 - Talk to a teacher, security guard, administrator, counselor or adult
 - Call the police or an anonymous hotline
- Create a **DISTRACTION** to interrupt a situation and get to a safe place
 - “Let’s go get pizza, I’m starving.”
 - “This party is lame. Let’s go home.”
 - “Come with me to the bathroom.”



Who Will You Be? IT MATTERS.

<https://www.facinghistory.org/resource-library/video/little-things-are-big-jes-s-col-n>