



Breakfast Menu

September 2018

More info...

Students must select a minimum of 3 food items to make a meal.

More info...

A parent/guardian of any student with a food allergy should feel free to contact the Food Service Director at: (708)-484-5773

03
No School

04
No School

05
Half Cheese Sandwich
Orange Juice
Fresh Pear
1% or Skim Milk

06
Strawberry Banana
Yogurt
Rice Krispies Bowl
Grape Juice
Fresh Banana
1% or Skim Milk

07
Banana Muffin
String Cheese
Apple Juice
Fresh Orange
1% or Skim Milk

10
Frosted Mini Wheat
String Cheese
Fruit Juice
Fresh Apple
1% or Skim Milk

11
Mini Strawberry Cheese
Bagel
Apple Juice
Fresh Banana
1% or Skim Milk

12
Half Sun-Butter
Sandwich
Orange Juice
Fresh Pear
1% or Skim Milk

13
Bagel w/ Cream Cheese
Grape Juice
Fresh Banana
1% or Skim Milk

14
Blueberry NG Bar
String Cheese
Apple Juice
Fresh Orange
1% or Skim Milk

17
Cinnamon Chex Bowl
String Cheese
Fruit Juice
Fresh Apple
1% or Skim Milk

18
Cinnamon Raisin Bagel
Cream Cheese
Apple Juice
Fresh Banana
1% or Skim Milk

19
Half Cheese Sandwich
String Cheese
Orange Juice
Fresh Pear
1% or Skim Milk

20
Strawberry Banana
Yogurt
Rice Krispies Bowl
String Cheese
Grape Juice
Fresh Banana
1% or Skim Milk

21
Banana Muffin
String Cheese
Apple Juice
Fresh Orange
1% or Skim Milk

24
Frosted Mini Wheat
String Cheese
Fruit Juice
Fresh Apple
1% or Skim Milk

25
Mini Cinnamon Creamy
Bagel
Apple Juice
Fresh Banana
1% or Skim Milk

26
Blueberry Muffin
String Cheese
Orange Juice
Fresh Pear
1% or Skim Milk

27
Half Sun-Butter
Sandwich
String Cheese
Grape Juice
Fresh Banana
1% or Skim Milk

28
Apple Cinnamon Muffin
String Cheese
Apple Juice
Fresh Orange
1% or Skim Milk

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This institution is an equal opportunity provider.



Desayuno Menú

Septiembre de 2018

Más información...

Los estudiantes deben seleccionar un mínimo de 3 alimentos para hacer una comida.

Más información...

Un padre / tutor de cualquier estudiante con alergia a los alimentos debe contactar al Director del Servicio de Alimentos al:
(708) -484-5773

03

No hay clases

04

No hay clases

05

Medio sandwich de queso
Jugo de naranja
Pera fresca
1% o Leche desnatada

06

Yogur de Plátano y Fresas
Arroz Krispies Bowl
Jugo de uva
Banana fresca
1% o Leche desnatada

07

Muffin de plátano
Queso de hebra
Jugo de manzana
Naranja fresca
1% o Leche desnatada

10

Mini trigo helado
Queso de hebra
Jugo de frutas
Manzana fresca
1% o Leche desnatada

11

Mini bagel de queso de fresa
Jugo de manzana
Banana fresca
1% o Leche desnatada

12

Sándwich de medio sol y mantequilla
Jugo de naranja
Pera fresca
1% o Leche desnatada

13

Bagel con queso crema
Jugo de uva
Banana fresca
1% o Leche desnatada

14

Blueberry NG Bar
Queso de hebra
Jugo de manzana
Naranja fresca
1% o Leche desnatada

17

Cuenco de Chexmon
Chex
Queso de hebra
Jugo de frutas
Manzana fresca
1% o Leche desnatada

18

Bagel de pasas de canela
Queso crema
Jugo de manzana
Banana fresca
1% o Leche desnatada

19

Medio sandwich de queso
Queso de hebra
Jugo de naranja
Pera fresca
1% o Leche desnatada

20

Yogur de Plátano y Fresas
Arroz Krispies Bowl
Queso de hebra
Jugo de uva
Banana fresca
1% o Leche desnatada

21

Muffin de plátano
Queso de hebra
Jugo de manzana
Naranja fresca
1% o Leche desnatada

24

Mini trigo helado
Queso de hebra
Jugo de frutas
Manzana fresca
1% o Leche desnatada

25

Mini bagel cremoso de canela
Jugo de manzana
Banana fresca
1% o Leche desnatada

26

Muffin de arándanos
Queso de hebra
Jugo de naranja
Pera fresca
1% o Leche desnatada

27

Sándwich de medio sol y mantequilla
Queso de hebra
Jugo de uva
Banana fresca
1% o Leche desnatada

28

Muffin de canela y manzana
Queso de hebra
Jugo de manzana
Naranja fresca
1% o Leche desnatada