



December Parent Workshops

**December 4th Tuesday How to Communicate with your Child without Arguing and Improve Your Relationship
Parent Center Room 2 8:30 a.m.**

**December 10th Monday Yoga Body & Brain
Last Class of the series Please join us for tea and continental breakfast
Parent Center Room 2 8:30 a.m.**

**December 13th Thursday Presented by L.A. Parent Elena Epstein Sex, Drugs, and Alcohol
Parent Center Room 2 8:30 a.m.**

