




Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target
 <p>Daylight saving time 2019 begins 2:00 AM on Sunday, March 10</p>					
1				1	
				Pizza	Calories...772
				PB&J Sandwich	Sodium.1195 mg
				<b>Baked Beans</b>	Sugar 38.5 g
				French Fries	Carbohydrates 83.6 g
				Peaches	
				<b>Juice</b>	
4	5	6	7	8	
Cheeseburger	Sloppy Joe	<b>Chicken</b> Sandwich	Country Fried Steak	Pizza	Calories...694
PB&J Sandwich	PB&J Sandwich	PB&J Sandwich	Cornbread	PB&J Sandwich	Sodium.1279 mg
French Fries	Potato Rounds	Potato Rounds	PB&J Sandwich	<b>Baked Beans</b>	Sugar 37.7 g
Lettuce & Tomato	Green Beans	Green Beans	Mashed Potatoes	French Fries	Carbohydrates 93.2 g
Fruit Cocktail	Rip Tide Slushie	Mandarin Oranges	Turnips	Peaches	
Applesauce cup	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	Cup Cake	
		<b>Rice Krispie</b>	Spiced Apples	<b>Juice</b>	
11	12	13	14	15	
<b>Chicken Chunks</b>		Chicken Teriyaki Nuggets	Baked <b>Chicken /Roll</b>	Pizza	Calories...409
PB&J Sandwich		PB&J Sandwich	PB&J Sandwich	PB&J Sandwich	Sodium.1614 mg
Macaroni & Cheese		Scalloped Potato	Mashed Potatoes w/Gravy	<b>Baked Beans</b>	Sugar 29 g
<b>Roll</b>	Manager Choice	Steamed Broccoli & Cheese	Lima Beans	Chips	Carbohydrates 65.9 g
Green Peas		<b>Roll</b>	<b>Fresh Fruit</b>	Peaches	
Carrots		<b>Fresh Fruit</b>	Strawberry Cup	<b>Juice</b>	
Fruit Cocktail		Peaches			
Applesauce cup					
18	19	20	21	22	
Cheeseburger	Sloppy Joe	<b>Chicken</b> Sandwich	Pork Roast	BBQ Sandwich	Calories...520
PB&J Sandwich	PB&J Sandwich	PB&J Sandwich	Cornbread	PB&J Sandwich	Sodium.674 mg
French Fries	Potato Rounds	Potato Rounds	PB&J Sandwich	<b>Baked Beans</b>	Sugar 32.7 g
Lettuce & Tomato	Green Beans	Green Beans	Mashed Potatoes	French Fries	Carbohydrates 73.6 g
Fruit Cocktail	Rip Tide Slushie	Mandarin Oranges	Turnips	Peaches	
Applesauce cup	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	Cup Cake	
		<b>Rice Krispie</b>	Spiced Apples		
25	26	27	28	29	
<b>Hamburger</b>	Spaghetti		Baked <b>Chicken /Roll</b>	<b>Chicken</b> Sandwich	Calories...809
PB&J Sandwich	PB&J Sandwich		PB&J Sandwich	PB&J Sandwich	Sodium.1172 mg
Macaroni & Cheese	Lettuce & <b>Tomato</b>		Mashed Potatoes w/Gravy	Chips	Sugar 57.5 g
<b>Roll</b>	Corn	Manager Choice	Green Beans	Dill Spear	Carbohydrates 125.1 g
Green Peas	Breadstick		<b>Fresh Fruit</b>	<b>Baked Beans</b>	

Carrots	Pears		Strawberry Cup	Pudding	
Fruit Cocktail	<b>Fresh Fruit</b>			Peaches/ <b>Juice</b>	
Applesauce cup					
Georgia Grown	Menu subject to change based on availability.				Locally Grown



Fruit Cocktail		Peaches			

**Georgia Grown** Menu subject to change based on availability. **Locally Grown**