



NORWALK- LA MIRADA UNIFIED SCHOOL DISTRICT
Every Student. Future Ready. Our Promise!

February 28, 2020

Coronavirus Update

The Norwalk- La Mirada Unified School District considers the health and safety of our students a top priority. Many students, faculty, families, and staff are concerned about the current outbreak of the 2019 Novel Coronavirus (2019-nCoV). The Center for Disease Control is working hard to learn as much as possible about 2019-nCoV so that we can better understand how it spreads and better characterize its associated illness. The Los Angeles County Department of Public Health and the Los Angeles County Office of Education are also working hard to develop guidance and education materials in the face of evolving information.

At this time, the health risk to the general public in California from novel coronavirus remains low, but schools can take common-sense precautions to prevent the spread of all infectious diseases. These precautions will be helpful to also prevent the spread of other common illnesses such as influenza and gastroenteritis.

We encourage all students, parents, and staff to take everyday preventive actions as follows:

Stay home when sick

- Remain at home until fever has been gone for at least 24 hours without the use of fever-reducing medicines.
- Seek immediate medical care if symptoms become more severe, e.g., high fever or difficulty breathing.

Use “respiratory etiquette”

- Cover cough with a tissue or sleeve. See CDC’s Cover Your Cough page: (<https://www.cdc.gov/flu/prevent/actions-prevent-flu.htm>).
- Provide adequate supplies within easy reach, including tissues and no-touch trash cans.

Wash hands frequently

- Encourage hand washing by students and staff through education, scheduled time for handwashing, and the provision of adequate supplies.
- Routinely clean frequently touched surfaces.
- Separate sick students and staff from others until they can go home. When feasible, identify a “sick room” through which others do not regularly pass.
- Encourage flu vaccine for those who haven’t had it this season to reduce illnesses and absences on campus (but won’t prevent coronavirus illnesses).

For further information on the Coronavirus, please refer to the following links:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx>

<http://www.cdc.gov/coronavirus/novel-coronavirus-2019.html>

We will update you as more information becomes available. Should you have any questions, please contact the Norwalk- La Mirada Unified School District, Student and Family Services Department at (562)210-2415.

Respectfully,

Christopher E. Moton

Director, Student and Family Services