



Hopewell Elementary School

December Chef Select Menu

infused with **Organic** ingredients, as noted

	Tuesday	Wednesday	Thursday
Week of 12/3 - 12/7	<p>Salad Bar with Fresh-Picked Lettuce, Microgreens, and a Homemade Herb Dressing from the HES Vertical Farm with Organic Diced Chicken or Organic Hard-Boiled Eggs, Fresh Veggies, Cheese, and Crunchy Topping served with Garlic Bread and Homemade Matzah Ball Soup</p> <p style="color: purple;">Vegetarian Friendly with Hard-Boiled Egg!</p>	<p>Organic Asian Stir-Fry – Organic Diced Chicken in General Tso’s Sauce served with Homemade Organic Vegetable Fried Rice, Steamed Vegetables, and a Fortune Cookie</p>	<p>Three Foot Sub – Organic Sliced Turkey and Cheese on a Fresh Sub Roll with Choice of Toppings, including Shredded Romaine Lettuce, Sliced Tomatoes, Onions, and Peppers served with a Homemade Broccoli Slaw and a Melon Wedge</p> <p style="color: purple;">Vegetarian Option: Substitute Organic Turkey with Fresh Roasted Vegetables and Organic Cheese</p>
Week of 12/10- 12/14	<p>Pasta Bar – Homemade Fresh Pasta with Homemade Organic Beef Meatballs topped with Choice of Homemade Jersey Fresh Tomato Sauce, Alfredo Sauce, or Pink Sauce, a Garden Salad featuring Gourmet Lettuce and Homemade Herb Dressing made from the HES Vertical Farm, and Apple Wedges</p>	<p style="color: green; font-weight: bold;">New Flavor!</p> <p>Homemade Cinnamon Belgian Waffles with Organic Apple Chicken Sausage, Homemade Hash Brown Potatoes, Warm Apple Compote, and Whipped Cream</p>	<p>Asian Noodle Bowl – Ramen Noodles topped with Organic Diced Chicken and a choice of Steamed Broccoli, Bok Choy from the HES Vertical Farm, Julienned Steamed Carrots, Sliced Green Onions, and Asian Broth served with a Fortune Cookie and Mandarin Orange Wedges</p>
Week of 12/17 - 12/21	<p>Organic Beef Burger with Cheese on a Bun served with an Optional Organic Fried Egg, Homemade Organic Ketchup, Homemade Cilantro Lime Slaw with Cilantro from the HES Vertical Farm, and Red Grapes</p>	<p>Homemade Colossal French Toast Wedges made with Fresh Organic Eggs, Choice of Turkey Bacon or Organic Scrambled Eggs, Roasted Potato Wedges with Herbs from the HES Vertical Farm, and Fresh Citrus Wedges</p> <p style="color: purple;">Vegetarian Friendly with Scrambled Eggs!</p>	<p>Chicken Bowl – Homemade Mashed Potatoes topped with Diced Organic Chicken Breast, Corn, Gravy, and Shredded Cheese with a Warm Garlic Bread Stick and Homemade Cinnamon Applesauce</p>
Week of 12/24 - 12/28	No School	WINTER BREAK	No School
Week of 12/31 - 1/4	No School		



Please submit your **Organic** order(s) online by visiting
<http://tinyurl.com/hesorgdec2018>
 Orders must be placed by Monday, November 26, 2018

Your Chef’s Select **Organic** lunch includes the complete meal listed above and a hormone-free milk.

*We use high quality ingredients to infuse healthy options into appealing meals. Chef’s Select **Organic** meals are chef prepared with minimally processed ingredients and are prepared fresh each day in-district.*

"This institution is an equal opportunity provider."



POMPTONIAN
FOOD SERVICE