English (4.0 credits)  
  English I; English II; English III; and English IV
Mathematics (3.0 credits)  
  Algebra I; Geometry; and Advanced Algebra/Trigonometry
Science (3.0 credits)  
  Biology (1 Credit); 2 credits from Chemistry, Earth & Space Science; Environmental Science or Physics
Social Science (3.0 credits)  
  World Studies (1 credit); US History (1 credit); and Civics (1 credit)
World Language (2.0 credits)  
  Must be in same language
Computer Science (1.0 credit)
Physical Education (2.0 credits)
Fine Arts (2.0 Credits)
Career Education (1.0 Credit)
Electives (3.0 Credits)

**Financial Education (Consumer Education)**  
  Must complete a course that integrates consumer education into its curriculum.

**District-Wide Assessment (DWA)**  
  Must take the SAT or DLM-AA (April, 2019)

**Driver Education**  
  Must complete a course that integrates Driver Education into its curriculum.

**Health Education**  
  Must complete a course that integrates Health Education into its curriculum.

**Post Secondary Plan (Learn.Plan.Succeed)**  
  Must provide evidence of a Post-Secondary Plan on Naviance

**Public Law 195**  
  Must complete a course that integrates the US and Illinois Constitution Exams

**Service Learning**  
  Two Classroom integrated Service Learning Projects  
  One project must be completed in Civics or any other Social Science course.

24 Total Credits
Counseling Department in Rm 126

Ms. Darugar
Student’s last name
A - Co

Ms. Kennedy
Student’s last name
Cr - He

Ms. Lopez
Student’s last name
Hi - Mo

Ms. Maldonado
Student’s last name
Mu - R

Mr. Tucker
Student’s last name
S - Z

Ms. Chinchilla Counseling Clerk

Mr. Nguyen Counseling Department Intern
College Application Process

**STEP 1: Carefully Research and Select:**

- 1-2 "Safety" Schools
- 1-2 "Target" (or "match") Schools
- 1-2 "Reach" School

**STEP 2: Apply Online**

- Students should apply to colleges through the [Common App](http://www.commonapp.org) or directly on a college's website, if that particular college is not a Common App school.

**STEP 3: Request to have your Transcript, SAT Score, Recommendations & Fee Waiver Sent**

- Visit: [CPS Family Connection](https://familyconnection.cps.edu/student/login) (Student Login)
- Log into Family Connection with your CPS email address and password
- **Match your Family Connection account to your Common App account** (please watch the following video on how to do this: [https://vimeo.com/102639828](https://vimeo.com/102639828))
- Use Family Connection to send your transcripts to colleges you've applied to.
- Complete an [electronic Brag Sheet](https://example.com) to help your counselors and teachers write the strongest letter of recommendation. Please be sure to give teachers/counselors at least 2 weeks notice when requesting a recommendation.
A **reach school** is a college or university where a student’s academic performance falls short of the academic performance falls short of the academic performance of the school’s typical freshman class. Typically, a **reach school** is a college where the student’s test scores are below the 25th percentile of test scores for students admitted by the college.

A **match school** is a college or university where a student’s academic performance falls within the range of academic performance of the school’s typical freshman class. A student has a good chance of being admitted by a match school. A **match school** is a college where the student’s test scores are between the 25th and 75th percentiles of test scores of students admitted by the colleges.

A **safety school** is a college or university where a student’s academic performance falls above the range of academic performance of a school’s typically freshmen class. A **safety school** is a college where a student’s test scores are above the 75th percentile of test scores for students admitted by the college.
<table>
<thead>
<tr>
<th>GPA (Unweighted) Less than 2.0</th>
<th>2.0 – 2.4</th>
<th>2.5 – 2.9</th>
<th>3.0 – 3.4</th>
<th>3.5 – 4.0</th>
</tr>
</thead>
<tbody>
<tr>
<td>Missing SAT/ACT Exam</td>
<td>2-Year / Open Enrollment</td>
<td>Non-Selective</td>
<td>Somewhat Selective</td>
<td>Selective</td>
</tr>
<tr>
<td>&lt;959 Less than 18</td>
<td>2-Year / Open Enrollment</td>
<td>Non-Selective</td>
<td>Somewhat Selective</td>
<td>Selective</td>
</tr>
<tr>
<td>960-1059 18 – 20</td>
<td>Non-Selective</td>
<td>Somewhat Selective</td>
<td>Somewhat Selective</td>
<td>Selective</td>
</tr>
<tr>
<td>1060-1159 21 – 23</td>
<td>Somewhat Selective</td>
<td>Somewhat Selective</td>
<td>Selective</td>
<td>Very Selective</td>
</tr>
<tr>
<td>1160-1259 24 – 26</td>
<td>Somewhat Selective</td>
<td>Selective</td>
<td>Selective</td>
<td>Very Selective</td>
</tr>
<tr>
<td>1360+ 30+</td>
<td>Somewhat Selective</td>
<td>Selective</td>
<td>Very Selective</td>
<td>Most Selective</td>
</tr>
</tbody>
</table>

The table shows the admissions selectivity based on GPA and SAT/ACT scores. The selectivity categories are Non-Selective, Somewhat Selective, Selective, Very Selective, and Most Selective.
<table>
<thead>
<tr>
<th>2-year</th>
<th>Non-Selective 4-year</th>
<th>Somewhat Selective</th>
<th>Selective</th>
<th>Very Selective</th>
<th>Most Selective</th>
</tr>
</thead>
<tbody>
<tr>
<td>-City Colleges of Chicago</td>
<td>-Northeastern Illinois University</td>
<td>-NIU</td>
<td>-UIC</td>
<td>-Purdue</td>
<td>-University of Chicago</td>
</tr>
<tr>
<td>-Oakton Community College</td>
<td>-Southern Illinois University of Edwardsville</td>
<td>-Chicago State University</td>
<td>-DePaul University (IL)</td>
<td>-DePaul University (IL)</td>
<td>-Northwestern University (IL)</td>
</tr>
<tr>
<td>-Triton</td>
<td>-National-Louis University (IL)</td>
<td>-SIU – Carbondale</td>
<td>-Loyola University Chicago (IL)</td>
<td>-Loyola University Chicago</td>
<td>-Stanford</td>
</tr>
<tr>
<td>-College of Dupage (COD)</td>
<td>-Kendall College (IL)</td>
<td>-Western Illinois University</td>
<td>-UW-Madison</td>
<td>-University of Wisconsin at Madison</td>
<td>-Princeton</td>
</tr>
<tr>
<td></td>
<td>-Concordia University (IL)</td>
<td>-North Park University</td>
<td>-Bradley University (IL)</td>
<td>-Illinois Institute of Technology</td>
<td>-Harvard</td>
</tr>
<tr>
<td></td>
<td>-Robert Morris</td>
<td>-Dominican University</td>
<td>-University of Iowa</td>
<td>-U of I</td>
<td>-Yale</td>
</tr>
</tbody>
</table>
RECOMMENDATION INSTRUCTIONS

AFTER your recommender agrees to write a letter on your behalf, add them to Naviance so they can upload their recommendation:

1. Visit: CPS Family Connection and Log on with your CPS email address and password
2. Click on the “colleges” tab at the top of the page.
3. Click on “colleges I am applying to” under “my colleges.”
4. Click on “add/cancel requests” under “Teacher Recommendations” at the bottom of the page.
5. Under “Add New Requests” select your teacher from the drop down list.
6. Select the option labeled, “Choose specific colleges from your Colleges I’m Applying To list.”
   This will allow you to assign the recommender to each college you want his/her letter to go to. Keep in mind that some colleges limit the number of recommendations they will read so you want to be careful with this step.
   IMPORTANT: We recommend that you do NOT select the option labeled “All current and future colleges I add to my Colleges I’m Applying To list.” Doing so will automatically use that teacher’s letter for all schools without allowing you to look at the number of recommendation letters a school requires or allows.
7. Compose a brief note thanking them for their recommendation and letting them know they are now added to Naviance and can upload their recommendation at their earliest convenience. It is also a good idea to remind them of your earliest deadline.
8. Click on “Submit Requests”
Brag Sheet

1. Ask in the Spring of Junior Year
2. Ask Within a Month of Your Deadlines
3. Submit a List of Names to Your Counselor
4. Prepare a Brag Sheet
4 Steps to Writing a High School Resume

1. Start Off With a Strong Objective
2. Include a Thorough Education Section
3. How to List Major Achievements
4. Conclude Your Resume with Additional Skills & Honorary Mentions

---

OBJECTIVE:
To become an elementary school teacher at the school I attended as a child.

EDUCATION:
- Scandinavia University 1992 - Present
  - Amundsen High School 1988 - 1992
    - Graduated 6th in class

WORK EXPERIENCE:
- Viking Helmet Restoration 1991 - Present
  - Sales, bookkeeping, graphic design, training, promotions
- Amundsen High School 1990 - 1991
  - Secretarial, bookkeeping, customer service
  - Tutored K-3 students

SCHOOL ORGANIZATIONS:
- Yearbook 1990 - 1991
  - Editor of the sports section
- National Honor Society 1990 - 1991

COMMUNITY SERVICE:
- Loki the Viking 1991 - Present
  - Served as school mascot for Amundsen High School
- Spirit Week Leader 1991 - Present
  - Promoted upcoming spirit week activities

HONORS, AWARDS, AND MEMBERSHIPS:
- Student Activities Committee 1991 - 1992
- National Honor Society 1989 - 1992
- Perfect Attendance 1987 - 1992
- Millennium Gates Recipient 1992

INTERESTS, HOBBIES, AND TALENTS:
- Music
- Exploring
<table>
<thead>
<tr>
<th>PERIOD</th>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>7:45-8:35</td>
<td>RESERVED</td>
<td>RESERVED</td>
<td>RESERVED</td>
<td>RESERVED</td>
<td>RESERVED</td>
</tr>
<tr>
<td>2</td>
<td>8:40-9:30</td>
<td>RESERVED</td>
<td>RESERVED</td>
<td>RESERVED</td>
<td>RESERVED</td>
<td>RESERVED</td>
</tr>
<tr>
<td>4</td>
<td>10:30-11:20</td>
<td>OPEN</td>
<td>*S. Darugar, L. Maldonado, D. Tucker</td>
<td>RESERVED</td>
<td>OPEN</td>
<td>*M. Kennedy, E. Lopez, Q. Nguyen</td>
</tr>
<tr>
<td>5</td>
<td>11:25-12:15</td>
<td>OPEN</td>
<td>*S. Darugar, L. Maldonado, D. Tucker</td>
<td>RESERVED</td>
<td>OPEN</td>
<td>*M. Kennedy, E. Lopez, Q. Nguyen</td>
</tr>
<tr>
<td>6</td>
<td>12:20-1:10</td>
<td>OPEN</td>
<td>*M. Kennedy, E. Lopez, Q. Nguyen</td>
<td>RESERVED</td>
<td>OPEN</td>
<td>*S. Darugar, L. Maldonado, D. Tucker</td>
</tr>
<tr>
<td>7</td>
<td>1:15-2:05</td>
<td>OPEN</td>
<td>*M. Kennedy, E. Lopez, Q. Nguyen</td>
<td>RESERVED</td>
<td>OPEN</td>
<td>*S. Darugar, L. Maldonado, D. Tucker</td>
</tr>
<tr>
<td>8</td>
<td>2:10-3:00</td>
<td>RESERVED</td>
<td>RESERVED</td>
<td>RESERVED</td>
<td>RESERVED</td>
<td>RESERVED</td>
</tr>
<tr>
<td>AFTERSCHOOL</td>
<td>3:00-5:00</td>
<td>OPEN (GEAR UP)</td>
<td>RESERVED</td>
<td>OPEN (GEAR UP)</td>
<td>RESERVED</td>
<td>RESERVED</td>
</tr>
</tbody>
</table>

** Denotes Counselor(s) on Duty
SAT Exams

Scores will be available starting May 3rd. (Some students may receive their scores later)

How to Access Scores:
1. Students will need a College Board account to view their scores via https://studentscores.collegeboard.org/viewscore
2. Login with username and password or click Sign Up to register for an account if you have not created an account.

Register for an upcoming ACT Exam via www.collegeboard.org and register to test at a local test center.
Note: If you qualify for a Fee Waiver. Please see your Counselor, he/she would be able to determine your eligibility.

<table>
<thead>
<tr>
<th>SAT Exam Date</th>
<th>SAT Exam Registration Deadline</th>
<th>Late Registration Deadline **Fees Applies</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 5, 2019</td>
<td>September 6, 2019</td>
<td>September 24, 2019</td>
</tr>
<tr>
<td>November 2, 2019</td>
<td>October 3, 2019</td>
<td>October 22, 2019</td>
</tr>
<tr>
<td>December 7, 2019</td>
<td>November 8, 2019</td>
<td>November 26, 2019</td>
</tr>
<tr>
<td>March 14, 2020</td>
<td>February 14, 2020</td>
<td>March 3, 2020</td>
</tr>
</tbody>
</table>
Linking your College Board Account

Matching College Board Student Accounts and Registration

If a student is signed into his/her College Board account but doesn’t see scores, it means that either scores are not yet available or College Board was not able to link their score report and account automatically. For security reasons, a student must verify additional information before College Board can display scores. The student will need either his/her SAT registration number or the Student ID number the student was pre-identified with by the school or district.

To match, the student will:
1. Go to https://studentscores.collegeboard.org/viewscore
2. Scroll down and click Matching Tool.
3. Review the personal information.
4. If any information is incorrect, click Update to revise. (Students will be prompted to re-enter their password.)
5. If the information is correct, click Get My Scores.
6. The student will have to select one of the following options:
   a. I can supply my test information (test date and registration number*). *Note: The registration number can be found in the Roster Report of the K-12 reporting portal.
   OR
   b. I can supply my student ID (using the student ID the student was pre-identified with)
7. Click Get My Scores.
## ACT Exams

<table>
<thead>
<tr>
<th>ACT Exam Date</th>
<th>ACT Exam Registration Deadline</th>
<th>Late Registration <strong>Fees Applies</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>October 26, 2019</td>
<td>September 20, 2019</td>
<td>September 21-October 4, 2019</td>
</tr>
<tr>
<td>December 14, 2019</td>
<td>November 8, 2019</td>
<td>November 9-22, 2019</td>
</tr>
<tr>
<td>February 8, 2020</td>
<td>January 10, 2020</td>
<td>January 11-17, 2019</td>
</tr>
<tr>
<td>April 4, 2020</td>
<td>February 28, 2020</td>
<td>February 29-March 13, 2020</td>
</tr>
</tbody>
</table>

Register for an upcoming ACT Exam via [www.act.org](http://www.act.org) and test at a local test center.  
NOTE: If you qualify for a Fee Waiver. Please see your Counselor, he/she would be able to determine your eligibility.
Upcoming Events/Deadlines

September 26, 2019-AHS College and Career Fair
October 1, 2019 FAFSA Opens
October 3, 2019 Junior/Senior Parent Night
October 16, 2019-Get Your Stuff Done Day

- FAFSA, college application, personal statements, bring computers,