



## Columbus ISD – Health Education Advisory/Safety Committee Meeting

February 13, 2019  
5:00 p.m. – 6:00 p.m.  
CISD Board Room

### Committee Members:

Jacque Beane  
Rachel Post  
Jennifer Williams  
Julie Leopold  
Cheryl Woytek

Michele Eden  
Terra Reyes  
Charlotte Tilotta  
Amy Mikulin

Celestino Penaloza  
April Usher  
Kim Sodek  
Madeline Richter

## Agenda

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Welcome

*Madeline Richter*

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Review 01/16/2019 Meeting Minutes

*All members agreed minutes reflected previous meeting.*

*Madeline Richter*

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Fitness Gram/ PE Update

*PE schedule is being rearranged, Field Day practice will begin after Spring Break, Fitness gram testing will then be after Field Day. Usually it is the opposite. Results for Fitness Gram must be submitted to state by June. Mrs Leopold plans to incorporate Fitness gram warm up in with Field Day practice. Mrs Leopold reminded committee that results must be submitted on students 10 years and older, all JH students, and HS students in a PE or Athletics class.*

*Julie Leopold*

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Nutritional Program Update

*Prior to meeting, Mrs Woytek stated there are no updates to nutrition. Usually changes occur during the summer.*

*Madeline Richter*

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Influenza/ Measles Update with recommendations for schools

*Mrs Sodek discussed the Guidance for Influenza in Schools handbook that was distributed by Health and Human Services 2/13/19. Influenza is continuing to increase across the state. She clarified the reporting requirements for schools regarding an influenza outbreak. Also stated vaccines are still recommended and stay home if fever 100 degrees or higher until fever free 24 hours. Measles update was given- 7 cases confirmed in state, none in Colorado county as of now. No changes being made in our area due to Measles currently.*

*Kim Sodek*

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Other Business

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Future Agenda Items

*After meeting, Mrs. Beane questioned health/ food handling requirements for concession stands. Plan to investigate and will let her know what information is found.*

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