STONER THOMAS LUNCH MENU

January 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	HappyNewYear	2 Hot Dog Popcorn Chicken with Mac & Cheese Baked Beans Tater Tots Peach Cup	3 Deli Sandwich Baked Spaghetti w/Garlic Breadstick Vegetable Medley Diced Pears	4 PBJ Sandwich Pizza Slice Tomato Soup Steamed Broccoli w/Cheese Pineapple Tidbits
7 Meatball Sub Mini Corndogs Steamed Green Peas Sweet Potato Casserole Baked Apples Fresh Banana	8 Munchable Chicken Tenders w/Roll Broccoli Cheese Soup Tater Tots Mixed Berry Cup Fresh Grapes	9 PBJ Sandwich Cheese Stuffed Shells w/Garlic Breadstick Garden Salad Glazed Carrots Fruit Sorbet Fresh Apple	10 Chicken Pie with Roll Brookwood BBQ Sandwich Mashed Potatoes Steamed Green Beans Sliced Peaches Fresh Orange	11 Retro Pizza Beef Taco Steamed Corn Fiesta Black Beans Mixed Fruit Cocktail Fresh Pear
14 Chef Salad Homemade Lasagna w/Garlic Breadstick Garden Salad Corn Sliced Peaches Fresh Banana	15 Munchable Chicken Filet Sandwich Refried Beans Tater Tots Strawberry Cup Fresh Grapes	16 PBJ Sandwich Chicken Nuggets w/Roll Glazed Carrots Mashed Potatoes Applesauce Fresh Apple	17 Orange Chicken over Rice Cheeseburger Curly Fries Steamed Broccoli Mandarin Oranges Fresh Plums	18 Fish Nuggets with Hushpuppies Cheesy French Bread Marinara Sauce Potato Wedges Steamed Green Beans Fruit Sorbet Fresh Pear
MIKATE A DREAM	22 Hamburger Steak w/Gravy over Rice Mozzarella Cheese Sticks Marinara Sauce Potato Wedges Steamed Green Peas Mixed Fruit Cocktail Fresh Grapes	23 Hot Dog Popcorn Chicken with Mac & Cheese Baked Beans Mashed Potatoes Peach Cup Fresh Apple	24 Deli Sandwich Baked Spaghetti with Garlic Breadstick Garden Salad Vegetable Medley Diced Pears Fresh Orange	25 PBJ Sandwich Pizza Slice Tomato Soup Steamed Broccoli w/Cheese Pineapple Tidbits Fresh Pear
28 Meatball Sub Mini Corndogs Steamed Green Peas Sweet Potato Casserole Baked Apples Fresh Banana	29 Munchable Chicken Tenders w/Roll Broccoli Cheese Soup Tater Tots Mixed Berry Cup Fresh Grapes	30 PBJ Sandwich Cheese Stuffed Shells w/ Garlic Breadstick Garden Salad Glazed Carrots Fruit Sorbet Fresh Apple	31 Chicken Pie with Roll Brookwood BBQ Sandwich Mashed Potatoes Steamed Green Beans Sliced Peaches Fresh Orange	

Lunch Meal Prices
Reduced.....\$.40
Paid.....\$2.75/3.00

A reimbursable lunch consists of 1 item from each of the 5 groups*:

- 1) Meat/Meat Alternate
 - 2) Grain
 - 3) Vegetable/Side
 - 4) Fruit
 - 5) Milk

Students may choose not to take 2 of the groups, however, they must take at least 3 of the 5 groups one must be a fruit or vegetable serving.

*Menu items are subject to change based off of product availability.

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Free & Reduced Meal applications can be completed online at: www.lunchapplication.com

Manage and monitor your student's account at: www.k12paymentcenter.com *Independently run from the School Nutrition Program.

If your student has special dietary needs a 2018-19 Modified Diet Order Form must be completed.

ALLERGENS: Please be aware that Child Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made.

Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Office, at 336-242-5635.