



# Elementary Lunch

## September, 2018

**03**  
**No School**

**04**  
**No School**

**05**  
**Entrée:**  
A. Cheese Pizza  
B. Turkey & Cheese Sandwich  
C. Chicken Caesar Salad  
**Sides:**  
Steamed Green Peas  
Jicama Sticks  
Fresh Apple  
Fresh Watermelon

**06**  
**Entrée:**  
A. Meatball Pizza Sub  
B. Chicken Nuggets  
C. All-American Cobb Salad  
**Sides:**  
Charro Black Beans  
Celery Sticks  
Fresh Banana  
Fresh Pear

**07**  
**Entrée:**  
A. Cheese Pizza  
B. Mac & Cheese Pasta  
C. Popcorn Chicken Salad  
**Sides:**  
Steamed Broccoli  
Fresh Cucumber Slices  
Fresh Apple  
Fresh Watermelon

**10**  
**Entrée:**  
A. Orange Popcorn Chicken w/ Broccoli & Lo Mein Noodles  
B. Grilled Cheese Melt  
C. Hummus Salad  
**Sides:**  
Steamed Zucchini  
Fresh Tomatoes Wedges  
Fresh Apple  
Fresh Orange

**11**  
**Entrée:**  
A. Beef Nachos  
B. Turkey & Cheese Sandwich  
C. Bean Nacho Salad  
**Sides:**  
Steamed Corn  
Celery Sticks  
Fresh Banana  
Fresh Pear

**12**  
**Entrée:**  
A. Cheese Pizza  
B. Chicken Nugget Potato Bowl  
C. Chicken Baja Salad  
**Sides:**  
Steamed Peas & Carrots  
Jicama Sticks  
Fresh Apple  
Fresh Watermelon

**13**  
**Entrée:**  
A. Hot Dog on Bun  
B. Mac & Cheese w/Fish Sticks  
C. Egg Chef Salad  
**Sides:**  
Kickin' Pinto Beans  
Baby Carrots  
Fresh Banana  
Fresh Pear

**14**  
**Entrée:**  
A. Pepperoni Pizza  
B. Chicken Nuggets  
C. Chicken Buffalo Salad  
**Sides:**  
Romaine Salad  
Fresh Cucumber Slices  
Fresh Apple  
Fresh Watermelon

**17**  
**Entrée:**  
A. Sloppy Joe Melt  
B. Breaded Chicken Drumsticks  
C. Fruit Cube Salad  
**Sides:**  
Mashed Potato  
Fresh Broccoli  
Fresh Apple  
Fresh Orange

**18**  
**Entrée:**  
A. Cheeseburger  
B. Baked Potato  
C. Chicken Platter Salad  
**Side:**  
Orange Glazed Carrots  
Fresh Zucchini  
Fresh Banana  
Fresh Pear

**19**  
**Entrée:**  
A. Cheese Pizza  
B. Chicken Nuggets  
C. Tuna Platter Salad  
**Sides:**  
Steamed Green Peas  
Jicama Sticks  
Fresh Banana  
Fresh Watermelon

**20**  
**Entrée:**  
A. Turkey Ham Melt  
B. Jumbo Cheese Ravioli Pasta W/Marinara Sauce  
C. Turkey Chef Salad  
**Side:**  
Campfire Pinto Beans  
Fresh Baby Carrots  
Fresh Banana  
Fresh Pear

**21**  
**Entrée:**  
A. Cheese Pizza  
B. Smoked Turkey  
C. Caesar Salad  
**Sides:**  
Steamed Broccoli  
Red Pepper Strips  
Fresh Apple  
Fresh Watermelon

**24**  
**Entree:**  
A. Chicken Nuggets  
B. Turkey Ham Sandwich  
C. Chicken Caesar Salad  
**Sides:**  
Steamed Zucchini  
Fresh Baby Carrots  
Fresh Apple  
Fresh Orange

**25**  
**Entrée:**  
A. Turkey Ham Melt  
B. Cheeseburger  
C. Turkey Ham Chef Salad  
**Sides:**  
Steamed Corn  
Fresh Celery Sticks  
Fresh Banana  
Fresh Pear

**26**  
**Entrée:**  
A. Cheese Pizza  
B. Fish Patty  
C. Popcorn Chicken Salad  
**Sides:**  
Steamed Green Beans  
Jicama Sticks  
Fresh Apple  
Fresh Watermelon

**27**  
**Entrée:**  
A. Chicken Patty Sandwich  
B. BBQ Rib Sandwich  
C. Hummus Salad  
**Sides:**  
Kickin' Pinto Beans  
Fresh Celery Sticks  
Fresh Banana  
Fresh Pear

**28**  
**Entrée:**  
A. Cheese Pizza  
B. Hot Dog on Bun  
C. Bean Nacho Salad  
**Sides:**  
Steamed Broccoli  
Red Pepper Strips  
Fresh Apple  
Fresh Watermelon

**More Info ...**  
To make a meal, student must select at least 1 serving of fruit or vegetable  
A Parent/guardian of any student with a food allergy Should feel free to contact the Food Service Director at: (708)484-7050

**More Info ...**  
**Whole Grain:**  
Dinner Rolls, Flatbread, Slice Bread, Soft Pretzel, Pasta & Rice  
**Condiment Selections:**  
Ketchup PC, Mustard PC, Ranch PC, Italian PC, BBQ Sauce PC  
**Milk Choice:**  
1% or Skim Milk Skim

