

# OCTOBER

## HARVEST AND SALSA OF THE MONTH!

Look for 🌿 Ollin Farm Pepper Slaw and Housemade Bread and Butter Pickles and 🌱 Green Pea Guacamole on our October menu, and Colusari Red Rice Salad, local peppers, cherry tomatoes, carrots, cucumbers, and Western Slope apples on salad bars.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

ON THE MENU!  
Ollin Farm Pepper  
Slaw<sup>GF</sup> – Oct. 3



1 Veggie Enchiladas  
Cheese Pizza  
Pesto Pizza

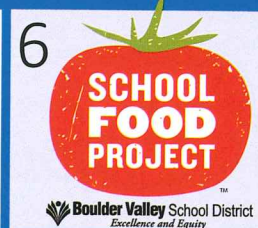
MEATLESS MONDAY

2 Casey/Summit  
Chicken<sup>ABF</sup> & Waffles  
Macaroni & Cheese

3 Hamburger<sup>ABF GF</sup>  
Chickpea Masala<sup>GF</sup>  
with Flatbread  
Cheeseburger<sup>ABF GF</sup>  
Oven Baked Fries<sup>GF</sup>  
🌿 Ollin Farm Pepper Slaw

4 Chicken Potstickers  
with Fried Rice  
Toasted Cheese Sandwich  
(<sup>GF</sup> available)

5 Beef<sup>ABF GF</sup> Soft Tacos  
with Housemade Salsa  
Spaghetti Marinara with  
Cheese



7

8 Crispy Chicken Filet<sup>ABF</sup>  
Sandwich  
Cheese Pizza  
Pepperoni Pizza<sup>ABF NNF</sup>

9 All-Beef  
Hot Dog<sup>ABF NNF GF</sup>  
Fireside Broccoli Cheese  
Stuffed Potato<sup>GF</sup> with  
Biscuit  
BBQ Baked Beans<sup>GF</sup>

10 Beef Nachos<sup>ABF GF</sup>  
with Cheese Sauce  
Bean Nachos<sup>GF</sup> with  
Cheese Sauce  
Brown Rice<sup>GF</sup>

11 Roast Turkey<sup>GF</sup>  
Dinner with Mashed  
Potatoes<sup>GF</sup>, Gravy &  
Dinner Roll  
Veggie Quesadilla

12  
Menu T.B.D.

13

INTERNATIONAL WALK TO SCHOOL DAY

14

15  
No School

16 Centennial Chicken<sup>GF</sup>  
Street Taco  
Macaroni and Cheese

17 Hamburger<sup>ABF GF</sup>  
Cheeseburger<sup>ABF GF</sup>  
Falafel & Hummus  
Flatbread Wrap with  
🌿 Creamy Cucumbers  
Oven Baked Fries<sup>GF</sup>  
🌿 Housemade  
Bread & Butter

18 French Toast Casserole  
with Turkey Sausage<sup>GF</sup>  
and Berry Sauce<sup>GF</sup>  
Green Chili and Cheese  
Tamales<sup>GF</sup> with Refried Beans<sup>GF</sup>

19 Chicken Strips<sup>ABF</sup> with  
Dipping Sauce &  
Garlic Bread  
Cheese Ravioli with  
Garlic Bread

20

21

22 Crispy Chicken Filet<sup>ABF</sup>  
Sandwich  
Cheese Pizza  
Pepperoni Pizza<sup>ABF NNF</sup>

23 All-Beef  
Hot Dog<sup>ABF NNF GF</sup>  
Fireside Broccoli Cheese  
Stuffed Potato<sup>GF</sup> with  
Biscuit  
BBQ Baked Beans<sup>GF</sup>

24 Beef Nachos<sup>ABF GF</sup>  
with Cheese Sauce  
Bean Nachos<sup>GF</sup> with  
Cheese Sauce  
Brown Rice<sup>GF</sup>  
🌱 Green Pea Guacamole<sup>GF</sup>

25  
Fall Break

26  
→

27

NATIONAL FOOD DAY

A TASTE OF BVSD

28  
Find allergen information,  
menu updates and more  
at [bvsd.org/food](http://bvsd.org/food)

29 BBQ Pulled Pork<sup>GF</sup>  
Sandwich  
Cheese Pizza  
Pepperoni Pizza<sup>ABF NNF</sup>

30 Spaghetti Marinara  
and Turkey Meatballs  
Spaghetti Marinara with  
Cheese

31 Hamburger<sup>ABF GF</sup>  
Chili Smothered  
Baked Potato with Biscuit  
Cheeseburger<sup>ABF GF</sup>  
Oven Baked Fries<sup>GF</sup>

ON THE MENU!  
Beef Nachos<sup>ABF GF</sup>  
with Cheese Sauce –  
Oct. 10



ON THE MENU!  
Falafel & Hummus  
Flatbread – Oct. 17



ON THE MENU!  
Crispy Chicken Filet<sup>ABF</sup>  
Sandwich – Oct. 22



Unlimited salad bar, skim milk, organic 1% milk and fresh fruit offered daily. Gluten Free choices (available without the bun) are designated with a "GF" symbol. Hormone- and antibiotic-free choices are designated with a "ABF" symbol. Nitrate- and nitrite-free choices are designated with a "NNF" symbol. Menu subject to change.