



I'm **HADLEY HEN**

MARCH

2020

TDA's March 2020 Menu Calendar

SCHOOL BREAKFAST WEEK
MARCH 2-6
SquareMeals.org/SBW

GOOD EATS AT

Elementary Breakfast Menu

SPECIAL ANNOUNCEMENTS

Pick 3!

*Choose 3 items
1 must be 1/2 cup
of fruits/ Juice*

M	T	W	TH	F
Cinnamon Toast Crunch French Toast Sticks w/Syrup Mixed Berry Cup Apple Juice Orange Juice White Milk Chocolate Milk 2	Lucky Charms Sausage & Biscuit Banana Orange Juice Apple Juice White Milk Chocolate Milk 3	Cocoa Puffs Breakfast Pizza Strawberry Craisins Orange Juice Apple Juice White Milk Chocolate Milk 4	Honey Nut Cheerios Hot Cakes w/Sausage Applesauce Orange Juice Apple Juice White Milk Chocolate Milk 5	Spring Break 6
Spring Break 9	Spring Break 10	Spring Break 11	Spring Break 12	Spring Break 13
Cinnamon Toast Crunch Waffle w/ Bacon Mixed Berry Cup Orange Juice Apple Juice White Milk Chocolate Milk 16	Lucky Charms Chicken Biscuit Banana Orange Juice Apple Juice White Milk Chocolate Milk 17	Cocoa Puffs Sausage Roll Strawberry Craisins Orange Juice Apple Juice White Milk Chocolate Milk 18	Honey Nut Cheerios Pancake on a Stick Applesauce Orange Juice Apple Juice White Milk Chocolate Milk 19	Lucky Charms Cinnamon Roll Apple Slices in Bag Orange Juice Apple Juice White Milk Chocolate Milk 20
Cinnamon Toast Crunch French Toast Sticks w/Syrup Mixed Berry Cup Apple Juice Orange Juice White Milk Chocolate Milk 23	Lucky Charms Sausage & Biscuit Banana Orange Juice Apple Juice White Milk Chocolate Milk 24	Cocoa Puffs Breakfast Pizza Strawberry Craisins Orange Juice Apple Juice White Milk Chocolate Milk 25	Honey Nut Cheerios Hot Cakes w/Sausage Applesauce Orange Juice Apple Juice White Milk Chocolate Milk 26	Lucky Charms Cinnamon Roll Apple Slices in Bag Orange Juice Apple Juice White Milk Chocolate Milk 27
Cinnamon Toast Crunch Waffle w/ Bacon Mixed Berry Cup Orange Juice Apple Juice White Milk Chocolate Milk 30	Lucky Charms Chicken Biscuit Banana Orange Juice Apple Juice White Milk Chocolate Milk 31			

The Art Contest Continues!
Enter today! Deadline next month!
SquareMeals.org / ArtContest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.



I'm **HADLEY HEN**

MARCH

2020

TDA's March 2020 Menu Calendar

GOOD EATS AT

SCHOOL BREAKFAST WEEK
MARCH 2-8
SquareMeals.org/SBW

M T W TH F

Poodle's Noodles
Fox in Socks
One Fish Two Fish
Broccoli Grinch Dip
Cat in the Hat Veggies
Thing 1, Thing 2 Jello
Trufula Fruit Beezlenut Berries
Mr. Brown Moo Milk **2**

Cheesy Enchiladas
Beef Quesadilla
Refried Beans w/cheese
Salsa Cup
Blue Raspberry Applesauce
White Milk
Chocolate Milk **3**

Chicken Nugget
Mashed Potatoes w/ Gravy
Green Beans
Diced Pears
Roll
Ketchup Cup
White Milk
Chocolate Milk **4**

Cheese Pizza
Steamed Spinach
Steamed Corn
Strawberry Cup
White Milk
Chocolate Milk **5**

Spring Break **6**

Spring Break **9**

Spring Break **10**

Spring Break **11**

Spring Break **12**

Spring Break **13**

Beef Tacos
Refried Beans w/cheese
Salsa Cup
Pineapple Tidbits
White Milk
Chocolate Milk **16**

Lasagna Roll
Mozzarella Max Stix w/
Marinara Sauce
Steamed Broccoli
Steamed Carrots
Blue Raspberry Applesauce
White Milk
Chocolate Milk **17**

Chicken Nugget
Mashed Potatoes w/ Gravy
Green Beans
Diced Pears
Roll
Ketchup Cup
White Milk
Chocolate Milk **18**

Cheese Pizza
Steamed Spinach
Steamed Corn
Strawberry Cup
White Milk
Chocolate Milk **19**

Cheeseburger
Pig n Blanket
Fish Shapes
Baked Beans
Lettuce & Tomato
Peach Cup
Ketchup / Mustard
White Milk
Chocolate Milk **20**

Grilled Chicken Panini
Grilled Cheese Sandwich
Baby Carrots w/ Ranch
Cucumber Slices
Pineapple Tidbits
White Milk
Chocolate Milk **23**

Cheesy Beef Nachos
Salsa Cup
Refried Beans w/cheese
Blue Raspberry Applesauce
White Milk
Chocolate Milk **24**

Popcorn Chicken
Mashed Potatoes w/ Gravy
Green Beans
Diced Pears
Roll
Ketchup /BBQ Sauce Cup
White Milk
Chocolate Milk **25**

Domino's Cheese Pizza
Steamed Spinach
Steamed Corn
Strawberry Cup
White Milk
Chocolate Milk **26**

Cheeseburger
Steak on Bun
Fish Shapes
Tatar Tots
Lettuce & Tomato
Peach Cup
Ketchup / Mustard
White Milk
Chocolate Milk **27**

Chili Cheese Tots
Cheesy Tots
Steamed Carrots
Heartzels Pretzels
Pineapple Tidbits
White Milk
Chocolate Milk **30**

Lasagna Roll
Mozzarella Max Stix w/ Marinara
Sauce
Steamed Broccoli
Steamed Carrots
Blue Raspberry Applesauce
White Milk
Chocolate Milk **31**

Elementary Lunch Menu

SPECIAL ANNOUNCEMENTS

Pick 3!

*Choose 3 items
1 must be 1/2 cup
of fruits/ Juice*



The Art Contest Continues!
Enter today! Deadline next month!
SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

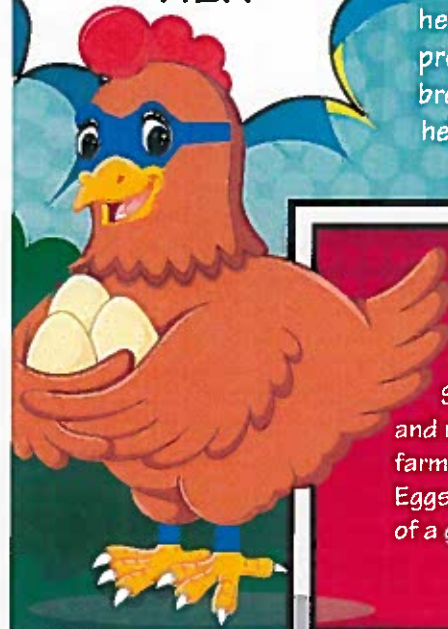


This product was funded by USDA.
This institution is an equal opportunity provider.



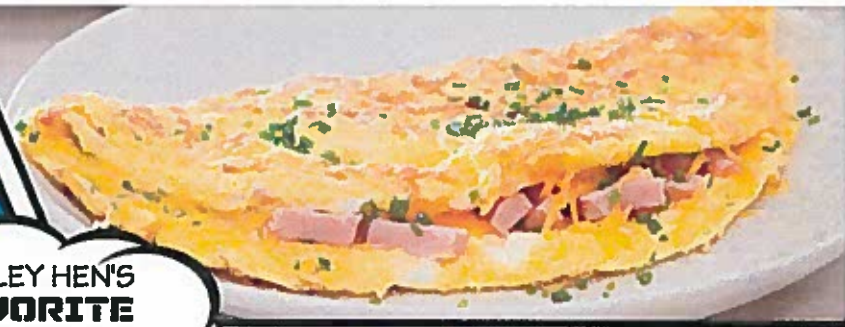
HADLEY HEN

Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!



HADLEY HEN'S FAVORITE ACTIVITY

Bowling



WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

HOW MANY?

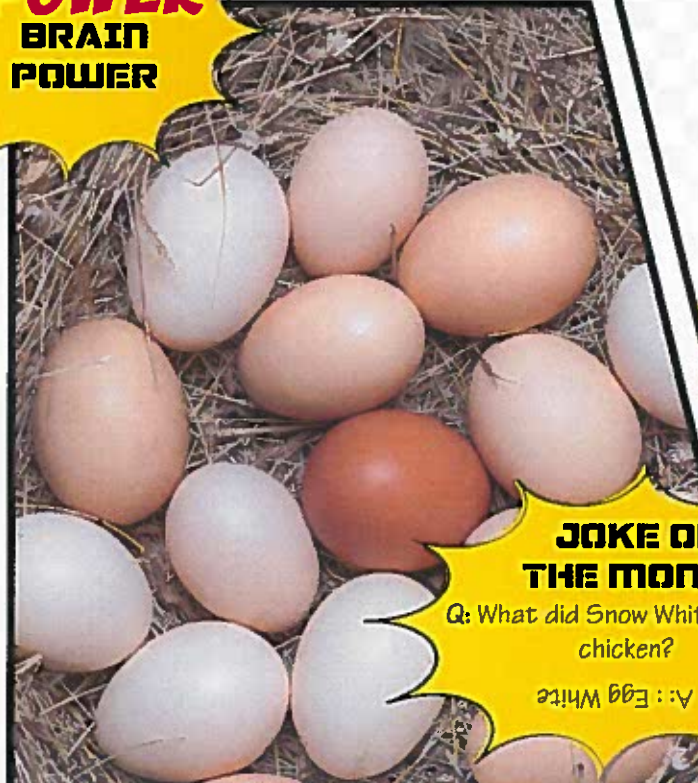
Count the correct number of each fruit or vegetable below.



FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

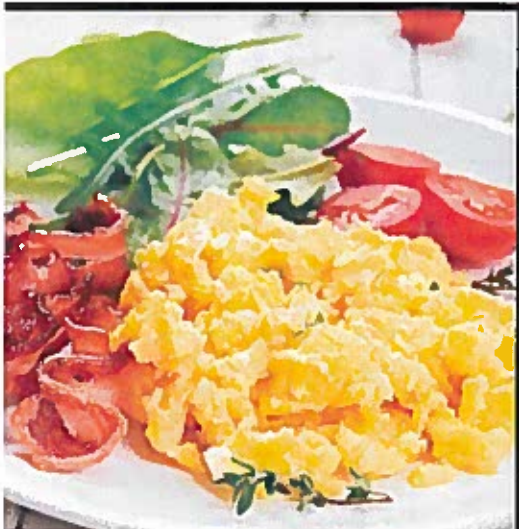
POWER BRAIN POWER







JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



	_____		_____
	_____		_____
	_____		_____

- | | | | |
|---|---|---|---|
| 5 |  | 8 |  |
| 3 |  | 7 |  |
| 2 |  | 6 |  |