

MIDDLE & HIGH SCHOOL LUNCH MENU

DECEMBER 2018



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3
**Chicken Parmesan
 Pizza**
 Spaghetti w/ Sauce
 Mixed Vegetable
 Popeye Salad
 Applesauce

4
**Spicy Chicken Tenders
 Cheeseburger**
 Green Beans
 Dinner Roll
 Baby Carrots
 Peaches

5
**Cheesy Chicken
 Enchilada
 Pizza**
 Cilantro Lime Rice
 Pinto Beans
 Salsa
 Tomato & Romaine
 Salad
 Pears

6
**Baked Potato w/ Chili
 Cheeseburger
 Dinner Roll**
 Fresh Celery & Carrots
 Pineapple

7
**Pizza Pasta
 Chef's Choice**
 Sweet Corn
 Dinner Roll
 Garden Salad
 Mandarin Oranges

10
**Cheesy Baked Ziti
 Pizza**
 Broccoli
 Romaine Salad
 Banana

11
**Jerk Chicken Drummie
 Cheese Burger
 Grilled Jerk Tofu**
 Brown Rice
 Black Beans
 Romaine & Tomato
 Salad
 Fruit Cocktail

12
**Chicken Philly
 Pizza**
 Carrots
 Tater Tots
 Tossed Greens
 Peaches

13
**Sweet & Sour Nuggets
 Burger
 Steamed Rice**
 Orange Glazed Carrots
 Broccoli Salad
 Pineapple

14
**Sweet & Smokey
 Meatballs
 Chef's Choice**
 Homestyle Green
 Beans
 Dinner Roll
 Garden Salad
 Mandarin Oranges

17
**Pancakes
 Cheesy Scramble Egg
 Savory Sausage
 Cheese Burger**
 Tatar Tots
 Celery Sticks
 Apple Sauce

18
**Corn Dogs
 Chef's Choice**
 Tatar Tots
 Celery Sticks
 Apple Sauce

19
**Sloppy Joe w/ Bun
 Chef's Choice**
 California Vegetables
 Tossed Romaine
 Salad
 Peaches

20
**Burger Bar
 Chef's Choice**
 Tossed Salad
 Fresh Fruit

21
**No School
 Professional Day**

24
**No School
 Winter Break**

25
**No School
 Winter Break**

26
**No School
 Winter Break**

27
**No School
 Winter Break**

28
**No School
 Winter Break**

31
**No School
 Winter Break**

Assorted Items
 served daily,
 smoothies, chef
 salads, deli
 sandwich, and
 assorted flavored
 milk
 rs

Assorted Garden
 fresh vegetables,
 special salads,
 served daily along
 with Fresh and
 Canned Fruits

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