

Larson, Boulan, & Smith Lunch Menus



April 2019



TRADITIONS

APRIL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
1 ST -5 TH	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
8 TH -12 TH	General Tso's Chicken with Fried Rice and Asian Vegetables	Cheese Quesadilla with Taco Black Beans V	Beefy Macaroni with Dinner Roll and Roasted Carrots	Chicken Nuggets with Corn and a Dinner Roll	Pulled Pork Mac and Cheese with Green Beans
15 TH - 19 TH	Chicken Enchilada Suiza with Refried Beans	Broccoli Chicken Alfredo with Dinner Roll	Chili Baked Potatoes with Dinner Roll	Buffalo Chicken Macaroni & Cheese with Steamed Broccoli	No School
22 ND - 26 TH	Orange Chicken with Brown Rice and Asian Vegetables	Macaroni and Cheese with Dinner Roll V and Steamed Broccoli	Chicken Quesadilla with Mexican Black Beans V	Early Release Day	French Toast V with Turkey Sausage and Hash Brown Patties
29 TH - 3 RD	Oven Roasted Chicken with Macaroni and Cheese and Broccoli	Steak Fajitas with Refried Beans	BBQ Pulled Pork Platter with Baked Beans and a Corn Biscuit	Cheese V or Pepperoni Stromboli with California Vegetable Blend	Baked Penne with Green Beans and a Dinner Roll V

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian. Many of our other daily specials have the option to be made **vegetarian**, just ask!



APRIL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
EVERYDAY OPTIONS:	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V
1ST-5TH	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
8TH-12TH	Grilled Cheese Sandwich	Chicken Philly	Meatball Sub	Hot Dog	Chicken Club
15TH -19TH	Philly Cheese Steak Sandwich	Chicken Parm Sandwich	Bacon Cheeseburger	Pulled Pork Sandwich	No School
22ND – 26TH	Grilled Cheese Sandwich	Chicken Philly	Meatball Sub	Early Release Day	Chicken Club
29TH – 3RD	Philly Cheese Steak Sandwich	Chicken Parm Sandwich	Bacon Cheeseburger	Pulled Pork Sandwich	Chicken Cordon Blue Sandwich

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APRIL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
EVERYDAY OPTIONS:	Cheese Pizza V Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza
1ST-5TH	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
8TH-12TH	Buffalo Chicken Pizza	Sausage Pizza	Surpreme Pizza	Sausage Calzone	Chicken Spinach Alfredo
15TH -19TH	Mushroom Chicken Pizza	Cheese Flatbread V	Bruschetta Pizza	Sausage Pizza	No School
22ND – 26TH	Mac & Cheese Pizza	Sausage Pizza	Buffalo Chicken Pizza	Early Release Day	Margherita Pizza
29TH – 3RD	BBQ Chicken Pizza	Meatlover’s Calzone	Veggie Pizza V	Sausage Pizza	Breakfast Pizza

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FAST TAKES

APRIL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
1ST-5TH	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
8TH-12TH	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad ✓	Buffalo Chicken Wrap American Style Sub Ham and Cheese Chicken Caesar Salad Garden Salad ✓	Turkey Bacon Club Wrap Turkey and Cheese Turkey Bacon Club Sub Buffalo Chicken Salad Garden Salad ✓	Italian Sub Italian Wrap Ham and Cheese Chef Salad Garden Salad ✓	Southwest Wrap Buffalo Chicken Sub Turkey and Cheese Taco Salad Garden Salad ✓
15TH -19TH	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad ✓	American Wrap Ham and Cheese American Sub Chicken Caesar Salad Garden Salad ✓	Buffalo Chicken Wrap Turkey and Cheese Ham and Cheese Sub Crispy Chicken Salad Garden Salad ✓	Crispy Chicken Wrap Ham and Cheese American Sub Chef Salad Garden Salad ✓	No School
22ND – 26TH	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad ✓	Buffalo Chicken Wrap American Style Sub Ham and Cheese Chicken Caesar Salad Garden Salad ✓	Turkey Bacon Club Wrap Turkey and Cheese Turkey Bacon Club Sub Buffalo Chicken Salad Garden Salad ✓	Early Release Day	Southwest Wrap Buffalo Chicken Sub Turkey and Cheese Taco Salad Garden Salad ✓
29TH – 3RD	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad ✓	American Wrap Ham and Cheese American Sub Chicken Caesar Salad Garden Salad ✓	Buffalo Chicken Wrap Turkey and Cheese Ham and Cheese Sub Crispy Chicken Salad Garden Salad ✓	Crispy Chicken Wrap Ham and Cheese American Sub Chef Salad Garden Salad ✓	Chicken Bacon Wrap Italian Sub Turkey and Cheese Fajita Chicken Salad Garden Salad ✓

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **✓** are vegetarian.