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## **Detroit Red Wings School Assembly Program visits Hoover Elementary**

*Hour-long interactive assembly provided a positive message about importance of education, healthy lifestyles*

**LINCOLN PARK, Mich.** – Lincoln Park Public Schools and the students of Hoover Elementary welcomed the Detroit Red Wings Assembly Program for an interactive assembly about the importance of education and living healthy lifestyles on Friday, Oct. 5 at 10 a.m.

The assembly came to a conclusion with a presentation of a full set of street hockey equipment for Hoover Elementary students.

“We are always trying to encourage our students to get up, get out and be active,” said **Katherine Stepulla**, principal of Lincoln Park Hoover Elementary. “Hosting programs like this are just a small part of what we do in Lincoln Park to combat childhood obesity. Our students were excited that the Red Wings School Assembly Program made a stop at Hoover. The looks on their faces when we received the street hockey equipment were priceless.”

Friday’s assembly directly correlated with two of the district’s initiatives aimed at encouraging students to stay active and lead healthy lifestyles:

### **Michigan Model for Health**

The Michigan Model for Health is a comprehensive, skills-based health education curriculum that helps young people be happier and healthier. It provides students knowledge and skills to be successful in life.

### **PE-Nut Program**

PE-Nut is a nutrition and physical education program that uses a whole-school approach to motivate students, parents and educators to be physically active and eat healthier. Hoover has participated in this program for the past three years.

“We are thankful to the Detroit Red Wings organization for visiting our school to reinforce our efforts to encourage students to be active and live healthy lives,” said Stepulia. “I look forward to seeing how the students respond to this new information.”

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