

MORE PARENT OPPORTUNITIES



Families Connected Parent Chat

This free support group open to all parents is held every Monday and led by a licensed professional from the Thelma McMillen Center at Torrance Memorial Medical Center.

Every Monday, 10 – 11 a.m.

Beach Cities Health District

514 N. Prospect Ave., Suite 102, Redondo Beach

There will be no Parent Chat on Feb. 18

No registration necessary



Parent Connection Groups

These informal walking groups give parents an opportunity to connect with other parents on a range of topics. Groups are led by parent volunteers.

Wednesdays: Feb. 27

Mar. 27

Apr. 24

May 29

June 26

9 – 10 a.m.

Aviation Park

1935 Manhattan Beach Blvd.,

Redondo Beach

No registration necessary

Community Partner Spotlight

PFLAG and Other South Bay Support Groups

There is a new PFLAG chapter in the South Bay. Lesbian, gay, bisexual, transgender, gender expansive, non-binary and queer (LGBTQ+) individuals and parents, families and friends of those who identify as LGBTQ+ are invited to attend PFLAG meetings.

First Tuesday of every month from 7 – 9 p.m.

Manhattan Beach Community Church

303 S. Peck Ave., Manhattan Beach

For a full list of support groups in the South Bay, go to **bchd.org/resources**



For mental health referrals, go to **bchd.org/resources**

FAMILIES CONNECTED SPEAKER SERIES



A Conversation with Civil Rights Icon Terrence Roberts of the Little Rock Nine

Tuesday, Feb. 12, 6:30 - 8 p.m.

Mira Costa High School Auditorium
1401 Artesia Blvd., Manhattan Beach

Sixty years ago, nine black students attended their first full day of school at Central High School in Little Rock, Arkansas. This landmark effort to desegregate the all-white school played a pivotal moment in the U.S. Civil Rights Movement. Dr. Terrence Roberts, one of the Little Rock Nine, will speak about the importance of understanding the history of segregation and civil rights to combat racism and discrimination today.

Childcare available through AdventurePlex

NEW DATE:

"Carving Out Your Creativity," Presented by World Champion Skateboarder Rodney Mullen

Thursday, March 28, 6:30 - 8 p.m.

Hermosa Beach Community Center
710 Pier Ave., Hermosa Beach

Register at southbayfamiliesconnected.org

