

9-12 Lunch Menu

May 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Mandarin Orange Chicken over Rice Cheesy French Bread Marinara Sauce Steamed Broccoli Glazed Carrots Applesauce Fresh Apple	2 Chicken Nuggets w/Roll Double Cheeseburger or Double Hamburger Garden Salad Curly Fries Tomato Soup Mandarin Oranges Fresh Plums	3 Nachos Supreme Pizza Slice Broccoli w/Cheese Steamed Corn Blueberries Fresh Pear
6 Chicken Fillet Sandwich Mozzarella Cheese Sticks Marinara Sauce Baby Carrots Tater Tots Broccoli & Cheese Soup Mixed Berries Cup Fresh Banana	7 Fish Nuggets w/Hushpuppies Rib B Que Sandwich Coleslaw Mashed Potatoes Steamed Green Peas Baked Apples Fresh Grapes	8 Hot Dogs Pizza Slice Coleslaw Baked Beans Potato Wedges Peach Cup Fresh Apple	9 Baked Spaghetti w/Garlic Breadstick Chicken Fajitas Caesar Salad Vegetable Medley w/Cheese Steamed Corn Diced Pears Fresh Orange Slices	10 Brookwood BBQ Sandwich Retro Pizza Green Beans Waffle Fries Strawberry Cup Fresh Pear
13 Chicken Tenders & Roll Meatball Sub Caesar Salad Steamed Green Peas Sweet Potato Casserole Mixed Fruit Cocktail Fresh Banana	14 Cuban Sandwich Mini Corndogs Garden Salad Tater Tots Fiesta Black Beans Diced Pears Fresh Grapes	15 Popcorn Chicken w/Mac N Cheese Retro Pizza Steamed Broccoli Steamed Corn Fruit Sorbet Fresh Apple	16 Chicken Pie with Roll BBQ Tray w/Hushpuppies Baby Carrots Mashed Potatoes Green Beans Sliced Peaches Fresh Orange Slices	17 Cheesy Pizza Sticks Chicken Fillet Sandwich Marinara Sauce Tater Tots Glazed Carrots Peach Cup Fresh Pear
20 Homemade Lasagna w/Garlic Breadstick Chicken Quesadilla Caesar Salad Steamed Corn Green Beans Sliced Peaches Fresh Banana	21 Beef Soft Tacos Rotisserie Chicken w/Roll Garden Salad Refried Beans Potato Wedges Strawberry Cup Fresh Grapes	22 Mandarin Orange Chicken over Rice Cheesy French Bread Marinara Sauce Steamed Broccoli Glazed Carrots Applesauce Fresh Apple	23 Chicken Nuggets w/Roll Double Cheeseburger or Double Hamburger Garden Salad Curly Fries Tomato Soup Mandarin Oranges Fresh Plums	24 Nachos Supreme Pizza Slice Broccoli w/Cheese Steamed Corn Blueberries Fresh Pear
27 Memorial Day	28 Fish Nuggets w/Hushpuppies Rib B Que Sandwich Coleslaw Mashed Potatoes Steamed Green Peas Baked Apples Fresh Grapes	29 Manager's Choice Entree Pizza Slice Coleslaw Baked Beans Potato Wedges Peach Cup Fresh Apple	30 Baked Spaghetti w/Garlic Breadstick Manager's Choice Entree Caesar Salad Manager's Choice Veg. Steamed Corn Diced Pears Fresh Orange Slices	31 Brookwood BBQ Sandwich Retro Pizza Green Beans Waffle Fries Strawberry Cup Fresh Pear

Lunch Meal Prices

Reduced.....\$.40

Paid.....\$3.00

A reimbursable lunch consists of 1 item from each of the 5 groups*:

- 1) Meat/Meat Alternate
- 2) Grain
- 3) Vegetable/Side
- 4) Fruit
- 5) Milk

Students may choose not to take 2 of the groups, however, they must take at least 3 of the 5 groups one must be a fruit or vegetable serving .

*Menu items are subject to change based off of product availability.

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\*Menus are subject to change based on availability of products. Main line menu items made with whole muscle chicken may also be made with turkey.

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Free & Reduced Meal applications can be completed online at:

www.lunchapplication.com

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Manage and monitor your student's account at:  
[www.k12paymentcenter.com](http://www.k12paymentcenter.com)  
\*Independently run from the School Nutrition Program.

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If your student has special dietary needs a 2018-19 Modified Diet Order Form must be completed.

ALLERGENS: Please be aware that Child Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Office, at 336-242-5635.