

NOVEMBER 2018

JACKSON PARISH LUNCH

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know...

Scorpio and Sagittarius are the astrological signs for November. Birthdays from November 1st through the 21st fall under the Scorpio sign. November 22nd through November 30th birthdays fall under the sign of Sagittarius.

5
BBQ Sandwich
w/WW Bun,
Mexican Beans,
DK Green Salad,
Pear Halves,
Milk
Alternate: Entrée-
Breaded Chicken

6
Election
Day!

7
Chicken Tetrizzini WG,
Orange Glazed Carrots,
Dk Green Salad
Apple Half,
WG Italian Bread or WW
Roll,
Milk
Alternate: Entrée
Popcorn Chicken

1
WG Spaghetti w/Meat
Sauce,
English Peas & Carrots,
Apple Half,
WG Italian Bread,
Milk
Alternate:
Popcorn Chicken

2
Stuffed Baked Potato
Dk Green Salad
Tropical Fruit
WG Texas Toast,
Milk
(High School add
Oatmeal Cookie)

Alternate: Burrito

8
Vegetable Beef Soup
Grilled Cheese Sandwich
(WW Bread)
Garden Salad Tangerine
or Wedges
Milk
No Alternate

9
Veteran's Day
Observed

12
Chicken Nuggets,
Sweet Potatoes & Apples
Dk Green Salad w/LF
Dressing Choice, Chilled
Peaches,
WW Roll
Milk
No Alternate

13
Salisbury Steak
& Gravy, Rice
Green Beans,
Strawberries or Grapes,
WW Roll
Milk
Alt. Entrée-Chicken

14
Popcorn Chicken
Oven Baked Potato
Wedges,
Steamed
Broccoli/Carrots,
Grapes or Banana,
WW Roll, Milk
No Alternate

15
Turkey & Dressing
/Cranberry Sauce
English Peas & Carrots
Fruit Salad,
Frozen Fruit Bar
WW Roll
Milk
No Alternate

16
Fish Sandwich
/WW Bun,
Baked Beans Sandwich
Salad Cup, Pears
w/Cherries
Milk
Alternate: Ham &
Cheese w/WW Bun

19
Thanksgiving
Holidays

20
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21
→

22
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23
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26
Hamburger or
Cheese burger/WW
Bun, Oven Fries,
Sandwich Salad Cup,
Pineapple w/Cherries,
Milk

27
Red Beans w/Sausage,
Brown Rice,
Seasoned Cabbage,
Cantaloupe Cubes or
Mixed Fruit, WG
Cornbread,
Milk
Alternate: Entrée Pork
Ribette w/wwBun

28
Beef and Cheese Nachos
Baked Beans/ Baby
Carrot/LF Ranch Dressing
Grapes or Banana
Milk
Alternate: Popcorn Chicken

29
Steak Fingers
Mashed Potato/Gravy,
Green Beans,
Dk. Green Salad
Applesauce or Red
Grapes,
WW Roll,
Milk
No Alternate

30
Tacos,
Taco Salad Cup, Steamed
Corn, WG Cinnamon Roll,
Peaches,
Frozen Fruit Bar,
Milk

Chef salads and fresh fruits are available daily.

School News

Due to limited space, only Pre-K & Kindergarten students will be allowed to invite a family member for the Thanksgiving Lunch on November 15.

To receive meals, students must have funds in their accounts. You may pay for meals online by setting up an account with [myschoolbucks](http://myschoolbucks.com) at myschoolbucks.com, or you may bring the money to the school cafeteria.

The menu may change without notice due to delivery shortages and availability.