

Checklist for Lice Removal

- **Treat hair with lice shampoo following the package directions exactly regarding the correct amount and the correct amount of time.**
- **Remove dead lice and the nits/eggs with a nit comb after shampoo treatment.**
- **Comb through hair every night for 2 weeks with the nit comb to look for and remove remaining nits/eggs.**
- **Repeat lice shampoo treatment per package instructions.**
- **Remove and wash all clothing, bedding, towels, blankets in HOT water, then place in the dryer on HIGH heat for at least 10 minutes.**
- **Remove and bag all items that cannot be washed such as stuffed animals, pillows, etc. Leave these items in a sealed bag for at least 24 hours, then vacuum them with a brush attachment.**
- **Throw out brushes and combs and purchase new ones after treatment. If you cannot purchase new brushes and combs, wash them in VERY HOT water, allowing them to soak for at least 10 minutes.**
- **Vacuum all furniture, floors, carpet, and rugs.**