

**Kings Canyon USD**  
**WASHINGTON ELEMENTARY LUNCH**  
**MARCH 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 Beef/Cheese Taco Stick CARROTS GLAZED SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* CONDIMENTS ASSORT
Mar - 4 MEATLOAF & MASHERS K-5 CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* CONDIMENTS ASSORT	Mar - 5 CORN DOG WHOLE GRAIN FF SALAD Harvest Spudsters, potatoes 1/2 Cup Fresh Fruit MILK - Variety* CONDIMENTS ASSORT	Mar - 6 Grilled Cheese Integ Whole GR SALAD Harvest POTATO WEDGES SEASONED Fruit Cup, Variety MILK - Variety* CONDIMENT'S ASSORT	Mar - 7 Ravioli 6-12 Vegetable Medley SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* CONDIMENTS ASSORT	Mar - 8 French Bread 100% MOZZ BAKED BEANS (VEGETARIAN) SALAD Harvest APPLE CRISP - ALL MILK - Variety* CONDIMENTS ASSORT
Mar - 11 Chicken Strips K-5 POTATO WEDGES SEASONED Sweet Corn 1/2 Cup Fresh Fruit MILK - Variety* CONDIMENTS ASSORT	Mar - 12 WGR Cheeseburger Buddies SALAD Harvest BEANS REFRIED SPICY Fruit Cup, Variety MILK - Variety* CONDIMENTS ASSORT	Mar - 13 BURRITO XTREME LUNCH BEA Vegetable Medley SALAD Harvest RAISINS MILK - Variety* CONDIMENTS ASSORT	Mar - 14 Chicken Nugget;shaped SALAD Harvest CARROTEENIES Fruit Cup, Variety MILK - Variety* CONDIMENTS ASSORT	Mar - 15 Cheezy Bites K-5 SALAD Harvest Spudsters, potatoes 1/2 Cup Fresh Fruit MILK - Variety* CONDIMENTS ASSORT
Mar - 18 Chicken Strips K-5 Sweet Corn CARROTEENIES Fruit Cup, Variety MILK - Variety* CONDIMENTS ASSORT	Mar - 19 BEEF RIB Q HONEY PIERRE SALAD Harvest GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety* CONDIMENTS ASSORT	Mar - 20 CHICKEN BURGER BAKED BEANS (VEGETARIAN) SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* CONDIMENTS ASSORT	Mar - 21 CHICKEN & GRAVY K-5 CARROTEENIES SALAD Harvest RAISINS MILK - Variety* CONDIMENTS ASSORT	Mar - 22 PIZZA WEDGE CHEESE TONY'S SWEET POTATO FRIES SALAD Harvest Fruit Cup, Variety MILK - Variety* CONDIMENTS ASSORT
Mar - 25 BEEFY NACHOS Sweet Corn BAKED BEANS (VEGETARIAN) Fruit Cup, Variety MILK - Variety* CONDIMENTS ASSORT	Mar - 26 SPAGHETTI & MEAT SAUCE K- SALAD Harvest CARROT STICKS 1/2 Cup Fresh Fruit MILK - Variety* CONDIMENTS ASSORT	Mar - 27 Grilled Cheese Integ Whole GR SALAD Harvest BAKED BEANS (VEGETARIAN) Fruit Cup, Variety MILK - Variety* CONDIMENTS ASSORT	Mar - 28 Teriyaki Bowl K-5 BROCCOLI SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* CONDIMENTS ASSORT	Mar - 29 PIZZA MAX STIX CHEESE WG B CARROTS GLAZED SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* CONDIMENTS ASSORT

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**