

24 Hour Emergency Kit Supplies

Each student needs to turn in a 24-hour emergency kit to his or her teacher the first week of school. The items below are recommendations for a 24-hour emergency kit for a child. Please include food items that are appropriate for your child - **no nuts please**. All items should fit in a 1 gallon Ziploc bag with your child's name clearly written on the front.

1 bottled water

2 juice boxes

3-4 high protein snacks with shelf life (granola bars, raisins, fruit leather, beef jerky - **no nuts please**) Please leave out any type of chips as they will crush under the weight of the other kits. Chocolate bars will likely melt.

1 12-hour glow stick or mini flashlight with batteries (Batteries should be removed and bagged separately as the weight of the other kits may press down on the "on" button.)

1 emergency thermal foil blanket

Notecard with parent names, phone numbers (home, work, cell), name and cell phone number of one in-state emergency contact other than parent, and name and cell phone number of one out-of-state emergency contact other than parent.

A special note or picture from Mom and Dad

** The glow stick, flashlight, and thermal blanket can be purchased for a very reasonable price at Recreation Outlet on 3160 South State Street. The foil thermal blankets are similar to those worn by runners after a race. You can also purchase these foil blankets at Smith's, Target, and Wal-Mart. If you have any questions regarding the contents of the emergency kit, please contact Amy Price at office-manager@utmcs.org.