



Welcome to SES cheer!

All 3rd-8th graders are invited to sign up for the SES Cheerleading Team!
Your daughters will be learning a variety of fun activities including:
Cheers, dance, jumps, splits, kicks, small stunts, and more!

The girls will be cheerleading for the SES boys basketball games (Home games only),
performing their routine at the Pep Rally in January, and ending games in early March.
We will also compete in 1-2 local cheer competitions.
Girls of all cheerleading ability are welcome to register.

Registration fee for cheerleading
(Payable to St. Elizabeth HSA):
\$85

All Forms due by Friday, November 15th

Child's name: _____

2019-2020 grade: _____

Shirt Size: _____

Parent's email: _____

If you have any questions please contact:

Amy Nightingale: amynightingale@aol.com or

Lindsay Daniels: lindsaykdaniels@yahoo.com

