Hilo Union Breakfast Menu

All Meals Include A ½ Pint of Milk

F3				1 CINNAMON ROLL (SCHOOL MADE) OR CEREAL & TOAST TROPICAL PINEAPPLE ORANGE WEDGE
4 PEPPERONI PIZZA STIX OR CEREAL & TOAST ORANGE WEDGE 100% FRUIT JUICE	5 FRANKFURTER AND STEAMED RICE OR CEREAL & TOAST PEACHES 100% FRUIT JUICE	6 BELGIAN WAFFLES BANANA OR CEREAL & TOAST APPLE WEDGE	7 SCHOOL MADE COFFEE CAKE PORK LINKS OR CEREAL & TOAST MIXED FRUIT 100% FRUIT JUICE	8 CINNAMON TOAST AND HAM LINKS OR CEREAL & TOAST PINEAPPLE CHUNKS CRANBERRIES
11 WG PANCAKES OR CEREAL & TOAST DICED PEACHES 100% FRUIT JUICE	No School - Teacher Institute Day	13 GREEK YOGURT & CHEESE TOAST OR CEREAL & TOAST PINEAPPLE CHUNKS 100% FRUIT JUICE	PIZZA BAGEL OR CEREAL & TOAST MIXED FRUIT DRIED CRANBERRY	15 PORTUGUESE SAUSAGE AND STEAMED RICE OR CEREAL & TOAST PEACHES 100% FRUIT JUICE
NO SCHOOL	19 MAPLE PANCAKE WRAP OR CEREAL & TOAST SLICED PEACHES CRANBERRIES	20 CHICKEN PATTY W/STEAMED RICE OR CEREAL & TOAST MIXED FRUIT 100% FRUIT JUICE	PORTUGUESE SAUSAGE AND STEAMED RICE OR CEREAL & TOAST PEACHES 100% FRUIT JUICE	22 CINNAMON ROLL (SCHOOL MADED) OR CEREAL & TOAST TROPICAL PINEAPPLE ORANGE WEDGE
25 PEPPERONI PIZZA STIX OR CEREAL & TOAST ORANGE WEDGE 100% FRUIT JUICE	26 FRANKFURTER AND STEAMED RICE OR CEREAL & TOAST PEACHES 100% FRUIT JUICE	27 BELGIAN WAFFLES BANANA OR CEREAL & TOAST APPLE WEDGE	28 SCHOOL MADE COFFEE CAKE PORK LINKS OR CEREAL & TOAST MIXED FRUIT 100% FRUIT JUICE	

Hilo Union Lunch Menu

All Meals Include A ½ Pint of Milk

	90.000			
RE			:	1 HOT TURKEY W/ GRAVY & WHIPPED POTATOES WG ROLL CORN/EDAMAME ORANGE WEDGE
4	5	6	7	8
FISH WEDGE	CRISPY NACHOS	GOLDEN CHICKEN	CHEESE BURGER	ASIAN STYLE CHICKEN
STEAMED RICE	W/BEEF & CHEESE	TENDERS	WG BUN	W/STEAMED RICE
100% FRUIT SLUSHY	100% FRUIT JUICE	STEAMED BROWN RICE	POTATO WEDGES	WG ROLL
	_	W/ PICKLED CABBAGE		PEACHES
RAINBOW SALAD	HOUSE SALAD	·	VEGGIE STICKS	COLE SLAW
BAKED BEANS	GRAPE TOMATO	BROCCOLI & CARROTS	FRUIT COCKTAIL	BROCCOLI FLORETS/BABY
		PEACHES	0000	CARROTS
11	12	13	() (a) 14 ()	15
CHICKEN PATTY ON		BAJA FISH TACO	CORN DOG	KALUA PORK W/
WG BUN	No School - Teacher	W/GARLIC AIOLI	100% FRUIT JUICE	CABBAGE & STEAMED
CURLY FRIES LETTUCE LEAF/TOMATO	Teacher Day	COLE SLAW	BAKED BEANS	BROWN RICE
SLICE	10000	APPLE WEDGE STEAMED BROCCOLI	HOUSE SALAD	LOMI TOMATO
SLICED PEACHES		FRUITED MUFFIN	BABY CARROTS	PINEAPPLE CHUNKS
18	19	20	21	22
	SLOPPY JOE WG BUN	BEEF STEW	GOLDEN CHICKEN	TUNA MELT SANDWICH
. нарру	W/TATER TOTS	STEAMED BROWN RICE	TENDERS	POTATO ROUNDS
· Worldow	VEGGIE STICKS		STEAMED BROWN RICE	FRUIT SLUSHY
DAY. CL	APPLE WEDGE	HOUSE SALAD	W/ PICKLED CABBAGE	·
	SHORTBREAD COOKIES	FRUIT COCKTAIL	BROCCOLI & CARROTS	HOUSE SALAD
25	26	27	PEACHES	
BEEF HOT DOG	26 CRISPY NACHOS	27 GOLDEN CHICKEN	28	
WG BUN	W/BEEF & CHEESE	TENDERS	CHEESE BURGER WG BUN	
100% FRUIT SLUSHY	100% FRUIT JUICE	STEAMED BROWN RICE	POTATO WEDGES	
RAINBOW SALAD	HOUSE SALAD	W/ PICKLED CABBAGE	VEGGIE STICKS	
BAKED BEANS	GRAPE TOMATO	BROCCOLI & CARROTS	FRUIT COCKTAIL	
		PEACHES	THOIT GOURTING	
	"This Institution	is an Equal Opport	unity Provider"	