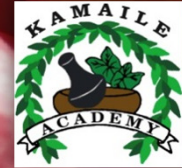




September 2019 Breakfast



Monday		Tuesday		Wednesday		Thursday		Friday	
2 Labor Day	3 Cereal Bowl String Cheese Applesauce	4 Corned Beef Hash Scrambled Egg Brown Rice Fruit Juice	5 Pizza Stick Apple Wedges	6 Turkey Bacon Scrambled Egg Brown Rice Fruit Juice	9 French Toast Sticks Craisins	10 Grilled Ham and Cheese Apple Wedges	11 Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice	12 Cheese Quesadilla Apple Wedges	13 
16 Waffles Fruitocracy	17 Portuguese Sausage Scrambled Egg Brown Rice Fruit Juice	18 Corned Beef Hash Scrambled Egg Brown Rice Fruit Juice	19 Yogurt Granola Clusters Diced Peaches	20 Breakfast Sandwich Apple Wedges	23 Cereal Bowl Assorted Muffin Applesauce	24 Turkey Bacon Scrambled Egg Brown Rice Fruit Juice	25 Grilled Cheese Apple Wedges	26 Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice	27 French Toast Sticks Craisins
30 Cheese Quesadilla Apple Weges									

ALL MEALS INCLUDE A CHOICE OF MILK AND SELF SERVICE FRUIT BAR
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



September 2019 Lunch



Monday		Tuesday		Wednesday		Thursday		Friday	
2	Labor Day	3	Hamburger Steak Brown Rice Steamed Broccoli	4	Cheeseburger Meatloaf on Hamburger Bun Crinkle Cut Fries	5	Beef Luau Brown Rice	6	Macaroni and Cheese Dinner Roll Diced Carrots
9	Mushroom Chicken Brown Rice California Blend Vegetables	10	Pork Watercress Tofu Brown Rice	11	Grilled Chicken Sandwich Tater Tots	12	Shoyu Hotdog Fried Noodles Edamame	13	
16	Chicken Nuggets Brown Rice Baked Beans	17	Meatloaf w/Gravy Dinner Roll Bean & Veg Crackers Whipped Potatoes	18	Pepperoni Pizza Caesar Salad	19	Beef Curry Brown Rice	20	Teriyaki Chicken Brown Rice California Blend Vegetables
23	Chili Frank Brown Rice	24	Chicken Alfredo Dinner Roll Diced Carrots	25	Stir Fry Brown Rice	26	Fish Burger Emoji Fries	27	Chicken Patty w/Gravy Brown Rice Steamed Broccoli
30	Teriyaki Meatballs Brown Rice Spinach Salad								

ALL MEALS INCLUDE A CHOICE OF MILK AND SELF SERVICE FRUIT AND VEGETABLE BAR
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



September 2019 Wiki Bento

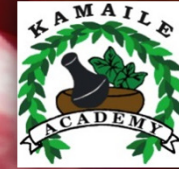



Monday		Tuesday		Wednesday		Thursday		Friday	
2 Labor Day	3 Assorted Muffin	4 Pizza Stick	5 Corned Beef Hash Scrambled Egg Brown Rice	6 Bacon Scrambled Egg Brown Rice	9 French Toast Sticks	10 Grilled Ham and Cheese	11 Pork Link Sausage Scrambled Egg Brown Rice	12 Cheese Quesadilla	13 
16 Waffles	17 Portuguese Sausage Scrambled Egg Brown Rice	18 Corned Beef Hash Scrambled Egg Brown Rice	19 Yogurt Parfait	20 Breakfast Sandwich	23 Assorted Muffin	24 Bacon Scrambled Egg Brown Rice	25 Turkey Melt	26 Pork Link Sausage Scrambled Egg Brown Rice	27 French Toast Sticks
30 Cheese Quesadilla									

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



September 2019 Preschool Lunch



Monday		Tuesday		Wednesday		Thursday		Friday	
2	Labor Day	3	Hamburger Steak Brown Rice Steamed Broccoli Fruit Cocktail	4	Cheeseburger Meatloaf on Hamburger Bun Crinkle Cut Fries Orange Wedges	5	Beef Luau Brown Rice Fresh Melon	6	Macaroni and Cheese Diced Carrots Diced Pears
9	Mushroom Chicken Brown Rice California Blend Vegetables Mandarin Oranges	10	Pork Watercress Tofu Brown Rice Fruit Cocktail	11	Grilled Chicken Sandwich Tater Tots Orange Wedges	12	Shoyu Hotdog Fried Noodles Pineapple Chunks	13	
16	Chicken Nuggets Baked Beans Mixed Fruit	17	Meatloaf w/Gravy Dinner Roll Whipped Potatoes	18	Pepperoni Pizza Baby Carrots Orange Wedges	19	Beef Curry Brown Rice Fresh Melon	20	Teriyaki Chicken Brown Rice California Blend Vegetables Pineapple Chunks
23	Chili Frank Brown Rice Pineapple Chunks	24	Chicken Alfredo Diced Carrots Fruit Cocktail	25	Stir Fry Brown Rice Mandarin Oranges	26	Fish Burger Emoji Fries Orange Wedges	27	Chicken Patty w/Gravy Brown Rice Steamed Broccoli Diced Pears
30	Teriyaki Meatballs Brown Rice Spinach Salad Pineapple Chunks								
<p>ALL MEALS INCLUDE A HALF PINT OF 1% UNFLAVORED MILK THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p>									