

FAMILY KARATE CLASSES With Sensei Brett

*Sponsored by the QES Family Center

Karate can be a great way for kids to develop focus. Practicing as a family can help kids at home and at school!

Where: Quidnessett Elementary School

When: Thursdays, October 3, 10, 17

Time: 6-7pm.

Cost: FREE!

Let's learn something new together The whole family is welcome to join the fun!

Beginners welcome. Please wear comfortable clothing.

Space is limited so please return the form below to your child's teacher promptly!

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Yes, we will be participating in this QES Family Center sponsored three week program!

Parent/Guardian: ______ Phone #: ______

Email: _____ Phone #: ______

Email: _____ Phone #: ______

Child's name: ______ Teacher: ______ Teacher: ______

Child's name: ______ Teacher: ______ Teacher: _______

Child's name: ______ Teacher: ______ Teacher: _______

Yes, we will use bus transportation from the following stop: Pine River Dr. King's Grant Kingstown Crossings Union Drive at Heritage Yorktown Park 7255 Post Road