

# October 2019

## West Valley Secondary Menu





Online Deposits, plus auto-payment options:

[www.myschoolbucks.com](http://www.myschoolbucks.com)

(Call CN office for student I.D.)

972-6040

Monday	Tuesday	Wednesday	Thursday	Friday
	1) Breakfast Sausage Pizza, Fruit Chicken Enchilada Casserole Mini Corn Dogs <i>Choice of:</i> salad, broccoli, cucumber, pears, grapes	2) Mini Pancake Sausages, Fruit Cheese Zombie French Bread Pizza <i>Choice of:</i> salad, tomato soup, cauliflower, rosy applesauce, orange slices	3) Turkey Ham & Egg Sandwich, Fruit Buffalo Chicken Salad Chicken Drumsticks <i>Choice of:</i> salad, brownie, baby carrots, <b>Local Fruit</b> , banana	4) French Toast Sticks, Fruit <b>Dominos' Pizza Day</b> Chicken Drumstick w/Potatoes Philly Cheesesteak <i>Choice of:</i> salad, sweet corn, veggie sticks, peaches, fruit bowl
7) Breakfast Bread & Sausage, Fruit Chicken Strips Sandwich Pretzel & Cheese Sauce <i>Choice of:</i> salad, baby carrots, edamame, pineapple tidbits, fruit bowl	8) Breakfast Sausage Pizza, Fruit Macaroni & Cheese Pepperoni Pizza Rippers <i>Choice of:</i> salad, celery sticks, green peas, strawberries, local apples	9) Mini Pancake Sausages, Fruit Chicken Teriyaki Rice Bowl Bean & Cheese Burrito <i>Choice of:</i> salad, cherry tomatoes, cucumber, applesauce cups, orange slices	10) Turkey Ham & Egg Sandwich, Fruit Chicken Caesar Salad Popcorn Chicken <i>Choice of:</i> salad, homemade roll, baby carrots, mixed fruit, local apples	<p style="text-align: center;"><i>No School</i></p>
14) Breakfast Bread & Sausage, Fruit <b>Brunch</b> Breakfast Pizza French Toast & Sausage <i>Choice of:</i> salad, baby carrots, hash browns, peaches, fruit bowl	15) Breakfast Sausage Pizza, Fruit Spaghetti w/Meat Sauce Mini Corn Dogs <i>Choice of:</i> salad, broccoli, roasted squash, mixed berries, grapes	16) Mini Pancake Sausages, Fruit <b>National School Lunch Week</b> Cheese Zombie French Bread Pizza <i>Choice of:</i> salad, tomato soup, cauliflower, rosy applesauce, orange slices	17) Turkey Ham & Egg Sandwich, Fruit BBQ Chicken Salad Chicken Nuggets <i>Choice of:</i> salad, breadstick baby carrots, <b>Local Fruit</b> , banana	18) French Toast Sticks, Fruit <b>Blue Friday</b> Italian Dippers w/Marinara Rib-B-Que Sandwich <i>Choice of:</i> salad, edamame, veggies sticks, pears, <b>Sidekicks</b>
21) Breakfast Bread & Sausage, Fruit Ham & Cheese Sandwich Chicken Sandwich <i>Choice of:</i> salad, baby carrots, edamame, mixed fruit, fruit bowl	22) Breakfast Sausage Pizza, Fruit Taco Soup w/Cornbread Cheeseburger <i>Choice of:</i> salad, broccoli, tomato slices, pineapple tidbits, local apples	23) Mini Pancake Sausages, Fruit Orange Chicken Rice Bowl Bean & Cheese Burrito <i>Choice of:</i> salad, cucumber, red peppers, applesauce cup, orange slices	24) Turkey Ham & Egg Sandwich, Fruit Chef Salad Chicken Strips <i>Choice of:</i> salad, dinner roll, baby carrots, strawberries, local apples	25) French Toast Sticks, Fruit Bean & Cheese Nacho Bites Beef Hot Dog <i>Choice of:</i> salad, sweet corn, veggie sticks, fruit bowl, <b>Sidekicks</b>
28) Breakfast Bread & Sausage, Fruit <b>Conference Week MS/JH No Lunch</b> Chicken Teriyaki Burger Beef Soft Taco <i>Choice of:</i> salad, baby carrots, edamame, pears, fruit bowl	29) Breakfast Sausage Pizza, Fruit <b>Conference Week MS/JH No Lunch</b> Tater Tot Casserole w/Biscuit Pepperoni Pizza Rippers <i>Choice of:</i> salad, broccoli, cucumber, peaches, grapes	30) Mini Pancake Sausages, Fruit <b>Conference Week MS/JH No Lunch</b> Cheese Zombie French Bread Pizza <i>Choice of:</i> salad, tomato soup, cauliflower, rosy applesauce, orange slices	1) Turkey Ham & Egg Sandwich, Fruit <b>Conference Week MS/JH No Lunch</b> SW Chicken Salad Popcorn Chicken <i>Choice of:</i> salad, pumpkin bread, baby carrots, banana, local apples	 <b>WV menus feature Washington State grown and harvested products</b>

**Offered daily:**

- o **Additional Breakfast Choices:** Homemade Muffin, Homemade Cinnamon Bread, Yogurt & Grahams, 100% Fruit Juice
- o **Milk Choices:** Fat Free Chocolate & White Milk, Soy Milk. Milk may be purchased for \$.50 to compliment meals from home.

This institution is an equal opportunity provider.

Menu items may change without notice.