



January 2019 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	1 New Year's Day	2	3	4
7	8 Cereal Bowl String Cheese Applesauce	9 Corned Beef Hash Scrambled Egg Brown Rice Fruit Juice	10 Yogurt UBR Strawberry Craisins	11 Turkey Bacon Scrambled Egg Brown Rice Fruit Juice
14 Breakfast Pizza Apple Wedges	15 French Toast Sticks Banana	16 Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice	17 Vienna Sausage Scrambled Egg Brown Rice Fruit Juice	18 Cereal Bowl String Cheese Applesauce
21	22 Portuguese Sausage Scrambled Egg Brown Rice Fruit Juice	23 Waffles Fruitocracy	24 Corned Beef Hash Scrambled Egg Brown Rice Fruit Juice	25 Cereal Bowl Banana Muffin Diced Pears
28 French Toast Sticks Cool Tropics	29 Cereal Bowl String Cheese Applesauce	30 Turkey Bacon Scrambled Egg Brown Rice Fruit Juice	31 Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice	

ALL MEALS INCLUDE A CHOICE OF MILK AND SELF SERVICE FRUIT BAR
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



January 2019 Lunch

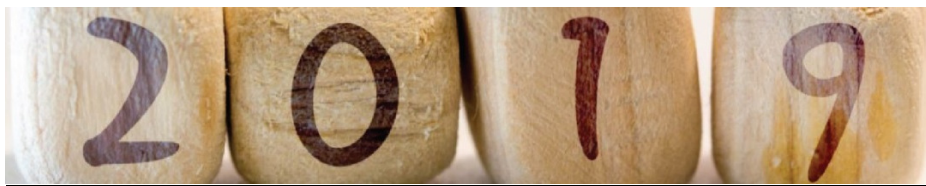
Monday	Tuesday	Wednesday	Thursday	Friday
	1 New Year's Day	2	3	4
7	8 Hamburger Steak Brown Rice California Blend Vegetables	9 Cheese Pizza Caesar Salad	10 Teriyaki Chicken Brown Rice Potato Salad	11 Baked Penne Dinner Roll Pesto Garbanzo Beans
14 Chicken Nuggets Brown Rice Baked Beans	15 Teriyaki Meatballs Brown Rice Spinach Salad	16 Cheeseburger Crinkle Cut Fries	17 Beef Stroganoff Dinner Roll Diced Carrots	18 Kalua Pork and Cabbage Brown Rice Lomi Tomato
21	22 Meatloaf Dinner Roll Whipped Potatoes	23 Mushroom Chicken Brown Rice California Blend Vegetables	24 BBQ Pork Sandwich Coleslaw Pickle Chips	25 Chicken Fries Brown Rice Steamed Broccoli
28 Grilled Chicken Sandwich Tater Tots	29 Breaded Fish Brown Rice Tomato & Watercress Salad	30 Pepperoni Stuffed Sandwich Chopped Romaine	31 Shoyu Hotdog Fried Noodles Edamame Tossed Greens	
<p align="center">ALL MEALS INCLUDE A CHOICE OF MILK AND SELF SERVICE FRUIT BAR THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p>				



January 2019 Wiki Bento

Monday	Tuesday	Wednesday	Thursday	Friday
	1 New Year's Day	2	3	4
7	8 Gourmet Muffin	9 Corned Beef Hash Scrambled Egg Brown Rice	10 Ham and Cheese Omelet	11 Bacon Scrambled Egg Brown Rice
14 Grilled Ham and Cheese	15 Pork Link Sausage Scrambled Egg Brown Rice	16 French Toast Sticks	17 Vienna Sausage Scrambled Egg Brown Rice	18 Cheese Quesadilla
21	22 Portuguese Sausage Scrambled Egg Brown Rice	23 Waffles	24 Corned Beef Hash Scrambled Egg Brown Rice	25 Yogurt Parfait
28 French Toast Sticks	29 Turkey Melt	30 Bacon Scrambled Egg Brown Rice	31 Pork Link Sausage Scrambled Egg Brown Rice	

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January 2019 Preschool Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1 New Year's Day	2	3	4
7	8 Hamburger Steak Brown Rice California Blend Vegetables Fruit Cocktail 1% Unflavored Milk	9 Cheese Pizza Caesar Salad Orange Wedges 1% Unflavored Milk	10 Teriyaki Chicken Brown Rice Potato Salad 1% Unflavored Milk	11 Macaroni and Cheese Mandarin Oranges 1% Unflavored Milk
14 Chicken Nuggets Baked Beans Mixed Fruit Salad 1% Unflavored Milk	15 Teriyaki Meatballs Brown Rice Spinach Salad Pineapple Chunks	16 Cheeseburger Crinkle Cut Fries Orange Wedges 1% Unflavored Milk	17 Beef Stroganoff Diced Carrots Apple Wedges 1% Unflavored Milk	18 Kalua Pork and Cabbage Brown Rice Diced Pears 1% Unflavored Milk
21	22 Meatloaf Dinner Roll Whipped Potatoes Sliced Peaches 1% Unflavored Milk	23 Mushroom Chicken Brown Rice California Blend Vegetables Mandarin Oranges 1% Unflavored Milk	24 BBQ Pork Sandwich Coleslaw Orange Wedges 1% Unflavored Milk	25 Chicken Fries Steamed Broccoli Strawberries 1% Unflavored Milk
28 Grilled Chicken Sandwich Tater Tots Apple Wedges 1% Unflavored Milk	29 Breaded Fish Brown Rice Tomato & Watercress Salad Pineapple Chunks 1% Unflavored Milk	30 Pepperoni Stuffed Sandwich Baby Carrots Orange Wedges 1% Unflavored Milk	31 Shoyu Hotdog Fried Noodles Edamame Mandarin Oranges 1% Unflavored Milk	

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