



Dear Parent/Guardian,

Collierville High School has reached out to Reality Check to provide sexual health education presentations for your students.

Reality Check is a unique sexual and relational health education program, encouraging youth and young adults to make healthy choices for their bodies and futures. This is achieved through age- appropriate curriculum, medically accurate content, and thought-provoking presentations.

On Oct. 22- Nov.1, we will be speaking with your students on the following topics:

Sex & Your Future explores future goals, the impact of sex on one's future, unintended pregnancy, and the emotional side of sex.

Sex & Your Health educates on the most common Sexually Transmitted Infections (STIs), prevention, and the benefits of healthy relationships.

Sex & the Media takes a look at how media affects perception of self-worth, body image, identity, views on sex, and relationships.

Healthy Relationships discusses healthy communication, love vs. infatuation, how to establish healthy boundaries, and how to identify signs of abuse.

For additional questions about Reality Check and content that will be discussed, please feel free to contact us via phone or e-mail. **If you do not wish for your child to receive sexual health or HIV/AIDS prevention education, please make a request in writing.**

With gratitude,

Gina Hollenbeck, RN, BSN

Director, Reality Check

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901-651-5994



PRESENTATION OPT-OUT FORM

If you do **NOT** wish for your child to receive sexual health education (Sex & Your Health; Sex & Your Future) please sign below & return with your student.

I, _____, do **NOT** wish for my child _____
NAME OF PARENT NAME OF CHILD

to receive sexual health education.

PARENT SIGNATURE

DATE