

- Mini Corn Dogs
- Steamed Cauliflower
- Mixed Fruit

### MONDAY

- Turkey Burgers
- **Tater Tots**

MONDAY

• Sloppy Joes

Baked Beans

Mixed Fruit

Chicken Drumstick

Steamed Cauliflower

w/Goldfish

Applesauce

**Cinnamon Pears** 

### **TUESDAY**

- Hot Dog
- **Green Beans**

TUESDAY

French Fries

Applesauce

Taco Salad

Salsa Cup

w/Nacho Chips

Refried Beans

Mandarin Oranges

• Chicken Patty Sandwich

Stir Fry Chicken

Steamed Broccoli

**Cinnamon Pears** 

- **Chicken Tenders**
- w/Scooby-Doo Grahams **Baked Beans**

**WEDNESDAY** 

Chunky Salsa

Refried Beans

Mixed Fruit

WEDNESDAY

Meatball w/Breadstick

Steamed Broccoli

**Diced Peaches** 

Cheese Stuffed

Steamed Broccoli

Cinnamon Applesauce

Breadsticks

Ouesadilla

Applesauce

- Kids' Choice
- Sweet Potato Fries
- Mandarin Oranges

### FRIDAY

- Pizza
- Steamin' Corn
- Carrot Stix w/Ranch
- **Diced Peaches**

## Lunch-Week

### FRIDAY \* **THURSDAY**

### Kids' Choice

- Tony's Pizza Diced Carrots Steamed Broccoli
- Pineapple Bits (100% Juice Slushie)

## Lunch-Week

### **THURSDAY**

- Kids' Choice
- Sun Spots

Kids' Choice

Mixed Fruit

Peas

Diced Pears

### FRIDAY Pizza

- **Green Beans**
- **Diced Carrots** • Pineapple Bits

# Lunch – Week

- Tony's Pizza Carrot Stix/Ranch
- Drink Box (100% Fruit Juice)

### • Diced Peaches \* Monthly Birthday Recognition (Lunch – Week 2, Friday) Students will receive a free Fruit Snack with their school lunch.

All student LUNCH COMBO MEALS include choice of an entrée, fruit. veggie and milk! Students must select a fruit or veggie with a Lunch Combo Meal.

# Meals are at

NO COST for students!

All Ashtabula Area City Schools are participating in the new Community Eligibility Provision (CEP), offered by the USDA for low income school districts that qualify, which allows the Nutrition Services Department to provide ONE School Breakfast Meal and ONE School Lunch Meal per student per day free or charge In order to receive the free breakfast and/or lunch meal, students must select the minimum amount of items to make a combo meal or they will be charged a la carte pricing. All students much still enter their PIN when receiving their meals or a la carte items at the cashier stand. Money may still be placed on students' accounts to be used for purchasing a la carte items. If sending in a check, please make it payable to Ashtabula Area City Schools. Sending cash with elementary-age students is not encouraged. Credit card payments are accepted at www.PayForlt.net. Please keep in mind that if your

### Lunch Items Offered Daily

- Chef Salad with Dinner Roll or Grahams Peanut Butter and Jelly Sandwich
  - with String Cheese and Grahams
     Romaine Side Salad Fresh Fruit

### **Drinks**

Extra Milk (1/2 pint) ..... Large Water..... Small Water 100% Chilled Juices......

### Lunch Items A La Carte

- Featured Entrée of the Day...\$2.25 Deli, Wrap, Sub and other Sandwiches
- Large Side Item ......\$1.25 Small Side Item ............ Whole Fruit......
- . String Cheese ... .\$.50 • Extra Salad Dressing (large)...\$
- Extra Salad Dressing (small)...\$ .25

## Meal Pricing

Student Lunch (includes milk) ......No Charge **Adult Lunch** Student Breakfast (includes milk) ......No Charge Adult Breakfast.

# MARCH 2019 M T W T F S

24 25 26 27 28

Lunch

Meal

Calendar

4567

OCTOBER 2018

12345

NOVEMBER 2018 SMTWTFS

25 **26 27 28 29 30** 

DECEMBER 2018 SMTWTFS

23 24 25 26 27 28 29 30 31

JANUARY 2019 SMTWTFS

27 **28 29 39 31** 

FEBRUARY 2019 SMTWTFS

2 3 4

28 29 30 31

24 25 26 27 28 29 30

APRIL 2019 M T W T F

12345

### **Breakfast Menu** MONDAY

### Bagels

- Fresh Fruit
- Juice

### TUESDAY

child carries over a negative balance they will not be able to purchase

extra items or snacks, until the negative balance is paid in full.

- Mini Waffles

### WEDNESDAY

- Breakfast Pizza

### **THURSDAY**

- Pancake and Sausage Stick
  - Fresh Fruit
    - Juice

### FRIDAY Mini Pancakes

- Fresh Fruit

All student BREAKFAST COMBO MEALS include milk! Students must select a fruit or juice with the Breakfast Combo Meal. Breakfast Items Offered Daily: Nutri-Grain Breakfast Bars, String Cheese and Grahams. 28 2930

## Ashtabula Area City Schools Nutrition Services Department

Director: Pamela Peck • pamela.peck@aacs.net 6600 Sanborn Road • Ashtabula, Ohio 44004 440-993-2490 • www.aacs.net

# MAY 2019 s m t w t f s 26 27 28 29 30 31

Information Regarding Food Allergies, Sensitivities and Diabetic Students: On the Point of Sale student ID system, which is used on all cafeteria serving lines, we can flag your child for food allergies or other food concerns. A physician's statement is required for specific food substitutions in the case of life threatening allergies (this includes milk). It is the parent's responsibility to review the monthly menu and contact the director of Nutrition Services with questions regarding specific content of food items (440-993-2490). We do not ban any food from the school setting and we are NOT a Peanut/Nut-Free school district. We use the guidelines as set forth in the The School Food Allergy Program by The Food Allergy and Anaphylaxis Network (FAAN). Carb counts and nutritional information for most food items are available. Please call or email for any other information This institution is an equal opportunity provider.