



6-12 : Cairo Jr/Sr High March 2020 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2. No School	3. Dr. Seuss Day Green Eggs & Ham Chilled Peaches Apple Juice	4. Denver Egg Bowl w/ Toast Orange Wedges Fruit Punch	5. Pancake Donut Bites w/ Vanilla Yogurt Pineapple Tidbits Grape Juice	6. Biscuit & Gravy Baked Apple Slices Apple Juice
9. Fruit Pizza Applesauce Grape Juice	10. Cocoa Chip Benefit Bar Chilled Peaches Apple Juice	11. Sausage & Cheese Biscuit Red Seedless Grapes Fruit Punch Juice	12. Scrambled Cheddar Eggs w/ Cinnamon Toast Pineapple Tidbits Apple Juice	13. Biscuit & Gravy Chilled Peaches Orange Juice
16. Breakfast Pizza Rosy Applesauce Apple Juice	17. Maple Cranberry Oatmeal W/ Toast Chilled Peaches Fruit Punch Juice	18. Pancakes w/ Syrup Chilled Pineapple Grape Juice	19. Iced Cinnamon Roll Orange Wedges Apple Juice	20. No School
23. Breakfast Pizza Rosy Applesauce Orange Juice	24. Biscuit, Egg, & Potato Breakfast Bowl Pineapple Tidbits Fruit Punch Juice	25. French Toast Bites w/ Vanilla Yogurt Strawberries Apple Juice	26. Scrambled Eggs w/ Pancake Maple Syrup Mixed Fruit Cocktail Grape Juice	27. Biscuit & Gravy Diced Pears Orange Juice
30. Breakfast Pizza Cinnamon Applesauce Orange Juice	31. Sausage Pancake on a Stick w/ Syrup Chilled Peaches Apple Juice	Daily Alternates		
Assorted Muffins & Cereal Paired w/ String Cheese Graham Cracker or Yogurt Or French Toast w/Syrup	Assorted Muffins & Cereal Paired w/ String Cheese Graham Cracker or Yogurt Or French Toast w/Syrup	Assorted Muffins & Cereal Paired w/ String Cheese Graham Cracker or Yogurt Or French Toast w/Syrup	Assorted Muffins & Cereal Paired w/ String Cheese Graham Cracker or Yogurt Or French Toast w/Syrup	Assorted Muffins & Cereal Paired w/ String Cheese Graham Cracker or Yogurt Or French Toast w/Syrup

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

