

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/02/2019																
HIGH SCHOOL	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			750-850		1420											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/03/2019																
HIGH SCHOOL	Total	100														
BREADED BEEF FINGERS	4 EA	50	361	20	330	3.09	1.86	41.2	0	0.0	1	14.43	19.59	24.74	7.22	0.00
MACARONI AND CHEESE	2/3 CUP	20	282	*34	483	2.55	0.87	604.8	*482	*0.0	*3	20.62	20.68	13.12	7.26	*0.03
CHICKEN SANDWICH, BREADED	SANDWIC	30	390	28	820	5.00	3.24	140.0	*0	*0.0	2	22.0	42.0	15.5	3.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	50	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
MASHED POTATOES	1/2 CUP	50	84	*0	288	1.31	0.33	19.2	*14	25.81	*1	1.69	14.96	2.26	0.57	0.02
	+ 1 tsp															
PEARS WITH CHERRIES	1/2 CUP	100	68	0	5	2.16	0.02	2.7	2	1.19	14	0.01	18.09	0.01	0.00	0.00
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
GRAVY, MIX-FAT FREE-SHAW NEE	2 OZ.	20	26	0	313	0.00	0.00	22.3	0	0.0	1	1.04	5.2	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			759	*31	1028	11.94	4.10	562.0	*1398	*52.53	*49 *25.7%	32.27 17.0%	113.45 59.8%	22.32 26.5%	6.84 8.1%	*0.02 *0.0%
Nutrient Guideline			750-850		1420											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/04/2019																
HIGH SCHOOL	Total	100														
SPAGHETTI AND MEAT SAUCE	1 CUP	40	326	*52	504	6.06	4.35	57.9	*253	*5.46	*3	22.66	36.61	10.09	3.53	*0.00
HAM / CHEESE CROISSANT	SANDWIC	30	324	51	1034	2.00	1.35	221.0	*0	*0.0	6	22.0	34.0	15.0	7.50	0.00
MOZZARELLA STICKS	5 STICK	30	400	30	370	3.00	1.80	350.0	*N/A*	*N/A*	3	19.0	32.0	22.0	8.00	0.00
PEAS, GREEN (FROZEN)	2/3 CUP	50	70	0	0	3.99	1.08	0.0	399	5.98	4	4.98	12.96	0.0	0.00	0.00
SALAD,TOSSED: no dressing	1 cup	50	24	0	20	2.05	0.91	35.5	6792	12.36	2	1.42	5.08	0.3	0.05	0.00
FRUIT COCKTAIL	1/2 CUP	50	60	0	20	1.00	0.72	20.0	0	12.0	12	0.0	14.0	0.0	0.00	0.00
GARLIC TEXAS TOAST	TOAST	25	100	0	130	2.00	0.72	0.0	300	0.0	0	3.0	15.0	3.0	0.00	0.00
PIZZA SAUCE; LABATT FOOD SERVI	1/4 CUP	30	35	0	280	2.00	1.08	0.0	400	3.6	4	2.0	7.0	0.0	0.00	0.00
RANCH DRESSING, FROM MIX	1 OZ	25	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			689	*52	999	10.93	5.29	555.2	*4723	*38.46	*45	35.20	101.44	18.16	6.60	*0.00
% of Calories											*26.3%	20.4%	58.9%	23.7%	8.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Victoria I.S.D.

Sep 2, 2019 thru Sep 6, 2019

Base Menu Spreadsheet

HIGH SCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/05/2019																
HIGH SCHOOL	Total	100														
FAJITAS, CHICKEN	FAJITA	30	240	75	557	0.92	1.04	15.0	*38	*8.68	1	17.87	21.57	9.36	3.16	0.00
BEAN & CHEESE BURRITO/KID SMART	1 EACH	20	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	1.00	0.00
TACOS-BEEF	2 TACO	50	499	*68	808	*4.29	3.89	305.9	*377	*3.98	*0	28.11	38.6	26.14	8.67	*0.00
REFRIED BEANS, FROM CANNED	1/2 CUP	30	115	0	273	5.23	2.01	23.2	245	2.54	*1	7.23	20.96	0.14	0.03	*0.00
MEXICAN PLATE SALAD	1 1/2 CUP	15	27	0	741	2.93	1.67	621.5	4986	17.62	*2	1.33	5.59	0.22	0.03	*0.00
PICO DE GALLO	1/4 CUP	50	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
WATERMELON, CHUNKS	1/2 CUP	50	24	0	1	0.32	0.19	5.6	455	6.48	5	0.49	6.04	0.12	0.01	0.00
SPANISH RICE	1/2 CUP	50	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	20	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			732	*62	1241	*9.90	5.34	617.2	*2480	*56.16	*36 *19.8%	36.39 19.9%	104.80 57.3%	20.19 24.8%	6.24 7.7%	*0.42 *0.5%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/06/2019																
HIGH SCHOOL	Total	100														
SUNBUTTER&JELLY W/ STRIN	SANDY +	20	437	20	531	7.54	*2.59	*142.8	*0	*0.0	12	21.2	41.2	22.17	6.77	0.00
G CHEE	1 STRIN															
HOT DOG ON A BUN	HOT DOG	60	230	335	860	2.00	1.44	80.0	0	2.4	5	11.0	26.0	10.5	3.00	0.00
Chef Salad, Chicken & Crackers	SALAD	20	501	61	1225	4.40	6.67	383.2	16907	41.77	*4	33.44	46.52	19.83	5.93	*0.00
CORN: frozen, yellow	1/2 CUP	50	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
Cherry Tomato w/ Celery Stick	6 TOM +	50	20	0	15	1.42	0.30	15.0	904	14.35	3	0.98	4.32	0.22	0.03	0.00
	3 CEL															
FRUIT SALAD-FRESH	1/2 CUP	50	70	0	1	2.27	0.32	18.7	*85	*28.92	13	0.7	17.77	0.24	0.05	0.00
DORITOS - WG	BAG	50	130	0	183	2.00	0.37	36.7	*N/A*	*N/A*	0	2.0	20.0	5.0	0.67	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			698	224	1249	9.82	*4.37	*529.5	*4848	*52.89	*45	29.66	108.40	19.52	5.22	*0.00
% of Calories											*25.8%	17.0%	62.1%	25.2%	6.7%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Weighted Average			720	*93	1129	*10.65	*4.78	*566.0	*3362	*50.01	*44	33.38	107.02	20.05	6.22	*0.11
											*54.8%	18.6%	59.5%	25.1%	7.8%	*0.1%

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Victoria I.S.D.

Sep 2, 2019 thru Sep 6, 2019

Base Menu Spreadsheet

HIGH SCHOOL

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	720		Weekly Target	750 - 850	96%	Miss Data	Shortfall	30	Overage	Error Messages (if any)							
Cholesterol (mg)	93					Missing				Correction Required - Calories are Low							
Sodium 1 (mg)	1129			1420													
Sodium 2 (mg)	1129			1080					49	Correction Required - Sodium too High							
Fiber (g)	10.65					Missing											
Iron (mg)	4.78					Missing											
Calcium (mg)	566.0					Missing											
Vitamin A (IU)	3362					Missing											
Sugars (g)	44	24.37%				Missing											
Vitamin C (mg)	50.01					Missing											
Protein (g)	33.38	18.56%															
Carbohydrate (g)	107.02	59.50%															
Total Fat (g)	20.05	25.07%															
Saturated Fat (g)	6.22	7.79%		<10.00%													
Trans Fat ¹ (g)	0.11	0.14%				Missing											

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Mon - 09/09/2019																
HIGH SCHOOL	Total	100														
SWEET & SOUR CHICKEN	12 POPPERS	30	323	*22	773	*2.16	*1.95	*43.2	*108	*0.0	16	15.13	34.34	14.05	*2.70	*0.00
CORN DOG	CORN DOG	30	250	40	390	5.00	1.80	80.0	*N/A*	*N/A*	5	9.0	30.0	9.0	2.50	0.00
Chicken Egg Roll	2 EGG ROLL	40	280	20	680	6.00	2.88	80.0	1000	18.0	6	20.0	40.0	6.0	0.00	0.00
Oriental Vegetable Blend	1/2 CUP	100	30	0	10	2.00	0.54	31.2	405	16.06	2	2.0	6.0	0.0	0.00	0.00
CORN: frozen, yellow	1/2 CUP	100	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
PEACHES, SLICED-CELEBRITY	1/2 CUP	100	90	0	10	1.00	0.00	7.0	*N/A*	*N/A*	21	0.0	22.0	0.0	0.00	0.00
SEASONED RICE, BROWN	1/2 CUP	30	208	*0	595	*2.33	0.87	5.2	*9	15.24	*1	5.36	39.9	3.2	0.38	0.02
WHOLE WHEAT ROLL	ROLL	50	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
SWEET & SOUR SAUCE - P.C.	1 OZ	40	29	*N/A*	158	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	6	0.0	7.5	0.0	*N/A*	*N/A*
CONDIMENT, KETCHUP PACK	2 EACH	15	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	15	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			866	*33	1309	*15.64	*5.73	*475.3	*1875	*50.72	*67	34.58	161.45	12.90	*2.54	*0.01
% of Calories											*30.9%	16.0%	74.6%	13.4%	*2.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/10/2019																
HIGH SCHOOL	Total	100														
CHICKEN NUGGETS	5 NUGGET	60	240	55	430	2.00	1.80	20.0	100	1.2	0	16.0	16.0	12.0	3.00	0.00
SLOPPY JOE ON A BUN	SANDWIC	20	363	55	779	*3.10	*3.64	*118.0	*196	*2.5	*13	23.03	39.19	11.88	4.07	*0.00
GRILLED CHEESE SANDWICH, 2 OZ	SANDWIC	20	315	*30	817	4.00	0.01	300.3	*0	*0.0	*6	18.04	25.0	19.55	9.00	0.08
OVEN FRIES	1/2 CUP	50	87	0	20	1.00	0.36	0.0	0	6.0	0	1.0	15.0	3.0	1.00	0.00
PEAS, GREEN (FROZEN)	2/3 CUP	100	70	0	0	3.99	1.08	0.0	399	5.98	4	4.98	12.96	0.0	0.00	0.00
APRICOTS	1/2 CUP	100	61	0	2	2.00	0.00	0.0	1750	1.19	11	0.99	14.99	0.0	0.00	0.00
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
Cookie, Chocolate Chip-Country	COOKIE	50	104	10	94	1.92	0.54	10.0	50	0.0	9	1.69	18.5	3.15	1.13	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	15	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			786	*61	969	*14.25	*4.89	*447.2	*3130	*31.37	*55 *28.1%	36.97 18.8%	125.88 64.1%	18.04 20.7%	6.06 6.9%	*0.02 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/11/2019																
HIGH SCHOOL	Total	100														
VEGETABLE LASAGNA	4x5"	30	443	*82	713	4.18	*2.64	*134.6	*5046	*31.7	*12	28.88	48.36	15.41	6.79	*0.02
CHEESE PIZZA MINIS, WG	4 PIECES	20	420	30	670	6.00	2.21	427.0	482	1.86	3	20.0	41.0	20.0	9.00	0.00
BUFFALO CHICKEN PIZZA	1 EACH	40	290	25	590	3.00	3.60	250.0	500	9.0	3	20.0	31.0	9.0	5.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	30	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CARROTS:frozen, boiled	1/2 CUP	30	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
SPINACH SALAD	1 CUP	30	157	0	148	2.99	2.26	85.1	6814	56.03	*11	2.61	16.51	9.43	1.34	*0.00
JUICE-VARIETY	6 OZ	100	100	*0	21	*0.00	0.21	8.0	*0	43.88	*N/A*	*0.41	24.57	*0.0	*0.00	*0.00
GARLIC BREAD:SYSCO FOOD S:RICH	1SLICE	20	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			745	*49	915	*8.89	*4.88	*620.6	*8691	*105.72	*41	*32.79	118.30	*16.97	*7.04	*0.04
% of Calories											*21.9%	*17.6%	63.6%	*20.5%	*8.5%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/12/2019																
HIGH SCHOOL	Total	100														
TOSTADA, BEAN & BEEF	2 EACH	30	424	*54	1084	*7.74	4.24	275.3	*327	*2.34	*0	26.81	39.24	18.02	6.39	*0.00
TAMALES + REFRIED	2 TAM + 1/4 CUP	30	50	*0	260	2.84	1.03	21.2	*N/A*	*N/A*	0	3.19	8.17	0.53	0.09	0.00
TACO SALAD, BEEF	SALAD	30	345	*68	663	*3.08	3.69	314.7	*8481	*13.32	*2	*25.78	17.28	19.18	7.33	*0.00
PINTO BEANS: FROM DRY	1/2 CUP	30	73	0	314	3.29	1.10	26.8	78	1.43	*1	4.51	13.18	0.3	0.06	*0.00
MEXICAN PLATE SALAD	SALAD	30	18	0	494	1.95	1.11	414.4	3324	11.74	*1	0.89	3.73	0.14	0.02	*0.00
PICO DE GALLO	1/4 CUP	30	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
PINEAPPLE TIDBITS- CELEBRITY	1/2 CUP	100	70	0	0	1.00	0.36	10.0	*N/A*	*N/A*	16	0.0	18.0	0.0	0.00	*N/A*
SPANISH RICE	1/2 CUP	30	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	15	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*

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Victoria I.S.D.

Sep 9, 2019 thru Sep 13, 2019

Base Menu Spreadsheet

HIGH SCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			613	*43	1159	*9.86	4.86	659.2	*4673	*43.24	*49 *32.1%	*28.83 *18.8%	96.69 63.1%	13.59 20.0%	4.72 6.9%	*0.25 *0.4%
Nutrient Guideline			750-850		1420										<10.00	

Fri - 09/13/2019																
HIGH SCHOOL	Total	100														
CHEESEBURGER POCKET	POCKET	30	346	60	769	1.12	3.36	107.9	*58	*0.24	*0	23.96	28.29	14.28	5.72	*0.01
MEATLOAF	3/4" SLICE	30	188	65	122	1.04	2.07	46.8	123	1.1	*2	17.66	7.58	9.22	3.37	*0.00
CHEF SALAD-HAM W/ CROUTONS	SALAD	30	307	*31	728	4.45	2.86	353.0	*16797	40.39	*4	19.31	28.04	14.31	4.39	*0.01
SALAD,TOSSED: no dressing	1 CUP D G + 3/8	50	24	0	20	2.05	0.91	35.5	6792	12.36	2	1.42	5.08	0.3	0.05	0.00
SWEET POTATO FRIES	3 OZ	50	140	0	170	3.00	0.36	20.0	3000	6.0	9	1.0	25.0	3.5	0.00	0.00
FRUIT COCKTAIL	1/2 CUP	50	60	0	20	1.00	0.72	20.0	0	12.0	12	0.0	14.0	0.0	0.00	0.00
WHOLE WHEAT ROLL	ROLL	50	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	15	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	15	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
RANCH DRESSING, FROM MIX	1 OZ	15	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT,FRESH ASSORTED	1 EACH	50	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			632	*53	1012	9.20	5.51	486.9	*10613	*38.21	*36 *23.0%	31.16 19.7%	94.14 59.6%	16.14 23.0%	4.96 7.1%	*0.01 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

Weighted Average			728	*48	1073	*11.57	*5.18	*537.8	*5796	*53.85	*50 *61.4%	*32.87 *18.1%	119.29 65.5%	*15.53 *19.2%	*5.06 *6.3%	*0.06 *0.1%
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 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Victoria I.S.D.

Sep 9, 2019 thru Sep 13, 2019

Base Menu Spreadsheet

HIGH SCHOOL

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	728		Weekly Target	750 - 850	97%	Miss Data	Shortfall	22	Overage	Error Messages (if any)							
Cholesterol (mg)	48					Missing				Correction Required - Calories are Low							
Sodium 1 (mg)	1073			1420													
Sodium 2 (mg)	1073			1080													
Fiber (g)	11.57					Missing											
Iron (mg)	5.18					Missing											
Calcium (mg)	537.8					Missing											
Vitamin A (IU)	5796					Missing											
Sugars (g)	50	27.27%				Missing											
Vitamin C (mg)	53.85					Missing											
Protein (g)	32.87	18.05%				Missing											
Carbohydrate (g)	119.29	65.54%															
Total Fat (g)	15.53	19.19%				Missing											
Saturated Fat (g)	5.06	6.26%		<10.00%		Missing											
Trans Fat ¹ (g)	0.06	0.08%				Missing											

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Victoria I.S.D.

Sep 16, 2019 thru Sep 20, 2019

Base Menu Spreadsheet

HIGH SCHOOL

Portion Values - Detailed

Page 1

Generated on: 8/22/2019 2:19:25 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/16/2019																
HIGH SCHOOL	Total	100														
CHICKEN FRIED STEAK PATTY	PATTY	30	300	35	320	2.00	2.70	40.0	0	0.0	1	15.0	19.0	18.0	4.50	0.00
CHICKEN NUGGETS	5 NUGGET	30	240	55	430	2.00	1.80	20.0	100	1.2	0	16.0	16.0	12.0	3.00	0.00
TURKEY WRAP	WRAP	30	405	60	1110	1.63	2.54	265.7	2913	5.4	*4	26.19	20.79	20.07	4.82	*0.00
MASHED POTATOES	1/2 CUP	30	84	*0	288	1.31	0.33	19.2	*14	25.81	*1	1.69	14.96	2.26	0.57	0.02
	+ 1 tsp															
GREEN BEANS, FROM FROZEN	1/2 CUP	50	19	0	6	2.00	0.59	33.0	376	2.8	*N/A*	1.01	4.35	0.11	0.03	0.00
ORANGES SMILES	1/2 CUP	100	54	0	0	2.69	0.11	45.0	255	60.34	*N/A*	1.07	13.32	0.14	0.02	0.00
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
GRAVY, MIX-FAT FREE-SHAW NEE	2 OZ.	30	26	0	313	0.00	0.00	22.3	0	0.0	1	1.04	5.2	0.0	0.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	1 EACH	20	10	0	100	0.00	0.00	0.0	100	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			625	*50	1025	9.96	4.04	454.7	*2085	90.95	*30	29.69	90.00	17.37	4.49	*0.01
% of Calories											*18.9%	19.0%	57.6%	25.0%	6.5%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/17/2019																
HIGH SCHOOL	Total	100														
HAMBURGER	BURGER	30	280	45	510	4.00	3.24	120.0	0	0.0	3	17.0	28.99	10.5	3.49	0.00
BEANS & FRANKS	3/4 CUP	30	247	35	802	4.81	1.42	82.8	0	2.87	*11	13.66	28.66	9.94	3.00	*0.00
CHICKEN SANDWICH, BREADED	SANDWIC	30	390	28	820	5.00	3.24	140.0	*0	*0.0	2	22.0	42.0	15.5	3.00	0.00
BURGER SALAD	SALAD	20	12	0	181	0.97	0.43	27.4	2897	7.17	1	0.81	2.5	0.17	0.03	0.00
SWEET POTATO FRIES	3 OZ	50	140	0	170	3.00	0.36	20.0	3000	6.0	9	1.0	25.0	3.5	0.00	0.00
CANDIED APPLES	1/2 CUP	50	84	0	9	3.58	0.18	9.0	80	6.85	17	0.52	22.12	0.25	0.04	*0.00
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			637	37	1083	11.81	4.37	413.9	*2893	*28.21	*46	26.87	106.27	14.17	3.46	*0.00
% of Calories											*28.7%	16.9%	66.7%	20.0%	4.9%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/18/2019																
HIGH SCHOOL	Total	100														
PIZZA POCKET	POCKET	30	379	68	1026	1.52	*3.55	*24.9	*83	*0.98	*1	26.07	28.69	16.91	7.80	*0.00
MOZZARELLA STICKS	5 STICK	40	400	30	370	3.00	1.80	350.0	*N/A*	*N/A*	3	19.0	32.0	22.0	8.00	0.00
BAKED POTATO EXTRA CHEESE	POTATO	30	442	*51	513	4.44	2.27	563.4	*567	19.39	*3	21.44	44.81	19.52	10.99	*0.05
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	50	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: frozen, yellow	1/2 CUP	50	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
SALAD, TOSSED: no dressing	1 CUP D G + 3/8	50	24	0	20	2.05	0.91	35.5	6792	12.36	2	1.42	5.08	0.3	0.05	0.00
APPLESAUCE, ROSY	1/2 CUP	50	52	0	5	1.12	0.03	3.1	1	0.01	11	0.06	14.31	0.0	0.00	*0.00
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
PIZZA SAUCE; LABATT FOOD SERVI	1/4 CUP	40	35	0	280	2.00	1.08	0.0	400	3.6	4	2.0	7.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			760	*54	1051	11.94	*5.27	*638.6	*5015	*53.15	*39	36.12	108.98	22.92	9.67	*0.02
% of Calories											*20.7%	19.0%	57.4%	27.2%	11.5%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/19/2019																
HIGH SCHOOL ENCHILADAS & SAUCE UPPERS	Total	100														
	2 ENCHILADA	60	463	*62	658	*3.55	3.34	221.0	*834	*0.95	*2	25.54	39.98	21.06	7.51	*1.44
BEAN & CHEESE BURRITO/KID SMART	1 EACH	10	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	1.00	0.00
TAMALES + REFRIED	2 TAM + 1/4 CUP	30	50	*0	260	2.84	1.03	21.2	*N/A*	*N/A*	0	3.19	8.17	0.53	0.09	0.00
REFRIED BEANS, FROM CANNED	1/2 CUP	20	115	0	273	5.23	2.01	23.2	245	2.54	*1	7.23	20.96	0.14	0.03	*0.00
MEXICAN PLATE SALAD	SALAD	10	18	0	494	1.95	1.11	414.4	3324	11.74	*1	0.89	3.73	0.14	0.02	*0.00
PICO DE GALLO	1/4 c	50	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
PEACHES, SLICED-CELEBRITY	1/2 CUP	50	90	0	10	1.00	0.00	7.0	*N/A*	*N/A*	21	0.0	22.0	0.0	0.00	0.00
SPANISH RICE	1/2 CUP	30	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
CORNBREAD	1 OZ	30	258	1	446	1.33	1.88	111.6	116	0.18	5	8.06	37.34	7.77	1.12	*0.00
PICANTE SAUCE	2 TBSP	20	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			707	*42	1051	*9.26	4.83	503.6	*1966	*45.69	*42 *23.7%	30.65 17.3%	105.76 59.9%	17.88 22.8%	5.54 7.1%	*1.12 *1.4%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/20/2019																
HIGH SCHOOL	Total	100														
Ham & Cheese Breakfast Frittata	3.1 OZ	30	136	198	210	0.47	1.11	161.1	364	4.39	*0	11.52	4.83	7.73	3.39	*0.00
Spicy Chicken Tenders	3 TENDER	30	260	25	390	3.00	*N/A*	*N/A*	100	*N/A*	1	15.0	17.0	15.0	2.50	0.00
Chef Salad, Chicken & Crackers	SALAD	30	501	61	1225	4.40	6.67	383.2	16907	41.77	*4	33.44	46.52	19.83	5.93	*0.00
CUCUMBER SALAD	1/2 CUP	30	81	0	259	0.52	0.31	18.6	108	2.87	18	0.67	19.87	0.11	0.04	*0.00
Cherry Tomato w/ Celery Stick	6 TOM + 3 CEL	50	20	0	15	1.42	0.30	15.0	904	14.35	3	0.98	4.32	0.22	0.03	0.00
FRUIT SALAD-FRESH	1/2 CUP	50	70	0	1	2.27	0.32	18.7	*85	*28.92	13	0.7	17.77	0.24	0.05	0.00
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
PICANTE SAUCE	2 TBSP	20	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
RANCH DRESSING, FROM MIX	1 OZ	30	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			606	92	1046	8.55	*4.17	*474.1	*6497	*56.35	*43	29.34	90.45	16.37	4.45	*0.00
% of Calories											*28.5%	19.4%	59.7%	24.3%	6.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	
Weighted Average			667	*55	1051	*10.31	*4.53	*497.0	*3691	*54.87	*40	30.53	100.29	17.74	5.52	*0.23
											*53.9%	18.3%	60.2%	23.9%	7.5%	*0.3%

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Victoria I.S.D.

Sep 16, 2019 thru Sep 20, 2019

Base Menu Spreadsheet

HIGH SCHOOL

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	667		Weekly Target	750 - 850	89%	Miss Data	Shortfall	83	Overage	Error Messages (if any)							
Cholesterol (mg)	55					Missing				Correction Required - Calories are Low							
Sodium 1 (mg)	1051			1420													
Sodium 2 (mg)	1051			1080													
Fiber (g)	10.31					Missing											
Iron (mg)	4.53					Missing											
Calcium (mg)	497.0					Missing											
Vitamin A (IU)	3691					Missing											
Sugars (g)	40	23.95%				Missing											
Vitamin C (mg)	54.87					Missing											
Protein (g)	30.53	18.32%															
Carbohydrate (g)	100.29	60.16%															
Total Fat (g)	17.74	23.94%															
Saturated Fat (g)	5.52	7.45%		<10.00%													
Trans Fat ¹ (g)	0.23	0.31%				Missing											

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/23/2019																
HIGH SCHOOL	Total	100														
Orange Chicken	3.9 OZ	50	190	45	380	2.00	1.44	0.0	0	0.0	13	14.0	25.0	4.0	1.00	0.00
HOT DOG ON A BUN	HOT DOG	20	230	335	860	2.00	1.44	80.0	0	2.4	5	11.0	26.0	10.5	3.00	0.00
Chicken Egg Roll	2 EGG ROLL	30	280	20	680	6.00	2.88	80.0	1000	18.0	6	20.0	40.0	6.0	0.00	0.00
Oriental Vegetable Blend	1/2 CUP	50	30	0	10	2.00	0.54	31.2	405	16.06	2	2.0	6.0	0.0	0.00	0.00
CORN COBBETTE	EAR	50	85	0	10	1.00	0.00	0.0	0	3.6	4	3.0	18.0	1.0	0.00	*N/A*
PINEAPPLE TIDBITS- CELEBRITY	1/2 CUP	50	70	0	0	1.00	0.36	10.0	*N/A*	*N/A*	16	0.0	18.0	0.0	0.00	*N/A*
SEASONED RICE, BROWN	1/2 CUP	20	208	*0	595	*2.33	0.87	5.2	*9	15.24	*1	5.36	39.9	3.2	0.38	0.02
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
SWEET & SOUR SAUCE - P.C.	1 OZ	30	29	*N/A*	158	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	6	0.0	7.5	0.0	*N/A*	*N/A*
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
BUTTER: individual	PORTION	20	20	0	30	0.00	0.00	0.0	200	0.0	0	0.0	0.0	2.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			619	*101	1066	*9.85	*4.13	*352.7	*1318	*38.24	*50	28.92	113.25	8.92	*1.76	*0.00
% of Calories											*32.2%	18.7%	73.1%	13.0%	*2.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/24/2019																
HIGH SCHOOL	Total	100														
CORN CHIP PIE	1/2 CUP	30	384	69	1158	3.10	3.13	171.9	*768	0.4	*1	25.57	26.24	19.51	6.66	*0.00
BBQ SANDWICH (SADLERS)	SANDWIC	20	380	35	1100	5.00	3.60	140.0	200	1.2	16	21.0	47.0	12.5	5.00	0.00
GRILLED CHICKEN SANDWICH	SANDWIC	50	280	45	710	3.00	2.88	120.0	100	1.2	2	20.0	26.0	10.5	3.00	0.00
KIDNEY BEANS: canned,drained	1/2 CUP	20	104	0	140	6.99	1.08	40.0	0	0.0	2	6.99	19.0	0.0	0.00	0.00
CARROT STICKS	1/2 CUP	25	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
STRAWBERRY/BANANA	1/2 CUP	50	108	0	2	3.31	0.49	13.8	*59	*32.64	17	1.22	27.53	0.41	0.10	*0.00
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
CONDIMENT, KETCHUP PACK	2 EACH	10	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	10	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			607	56	1177	9.30	4.33	432.1	*3645	*37.69	*41	31.58	88.26	15.65	5.02	*0.00
% of Calories											*26.9%	20.8%	58.2%	23.2%	7.4%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/25/2019																
HIGH SCHOOL PEPPERONI PIZZA, MAX PRE MIUM	Total SLICE	100														
CHICKEN SPAGHETTI	1 CUP	30	324	*50	1000	5.65	1.89	244.8	*262	*9.66	*5	22.58	38.29	8.92	3.11	*0.00
MEATBALL SUB	SUB	40	488	65	728	4.64	*3.10	*53.6	*304	*5.28	7	30.11	31.51	29.19	14.18	0.00
ZUCCHINI COINS	1/2 CUP	30	10	0	5	0.57	0.21	9.0	113	10.11	1	0.68	1.76	0.18	0.05	0.00
BROCCOLI: frozen, boiled	1/2 CUP	30	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
SPINACH SALAD	SALAD	15	157	0	148	2.99	2.26	85.1	6814	56.03	*11	2.61	16.51	9.43	1.34	*0.00
APRICOTS	1/2 CUP	30	61	0	2	2.00	0.00	0.0	1750	1.19	11	0.99	14.99	0.0	0.00	0.00
Rice Krispies Treat	BAR	50	160	0	140	0.00	1.80	0.0	0	0.0	11	2.0	30.01	4.0	1.00	0.00
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			671	*51	1027	9.19	*4.41	*416.1	*2778	*47.39	*43	32.33	93.05	21.27	8.29	*0.00
% of Calories											*25.7%	19.3%	55.4%	28.5%	11.1%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Victoria I.S.D.

Sep 23, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

HIGH SCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/26/2019																
HIGH SCHOOL	Total	100														
BEAN & CHEESE BURRITO/KID SMART	1 EACH	20	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	1.00	0.00
TACO SALAD, BEEF	SALAD	30	345	*68	663	*3.08	3.69	314.7	*8481	*13.32	*2	*25.78	17.28	19.18	7.33	*0.00
NACHOS WITH GROUND BEEF	1/3 CUP + 1 OZ	50	329	44	398	1.17	2.12	315.6	479	0.39	*1	*17.43	18.97	20.1	6.75	*0.40
PINTO BEANS: FROM DRY	1/2 CUP	30	73	0	314	3.29	1.10	26.8	78	1.43	*1	4.51	13.18	0.3	0.06	*0.00
PICO DE GALLO	1/4 CUP	30	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
MEXICAN PLATE SALAD	SALAD	15	18	0	494	1.95	1.11	414.4	3324	11.74	*1	0.89	3.73	0.14	0.02	*0.00
PEARS WITH CHERRIES	1/2 CUP	50	68	0	5	2.16	0.02	2.7	2	1.19	14	0.01	18.09	0.01	0.00	0.00
SPANISH RICE	1/2 CUP	30	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	15	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			617	*48	926	*8.65	4.41	613.7	*4303	*41.78	*36 *23.6%	*29.72 *19.3%	84.31 54.7%	19.05 27.8%	6.35 9.3%	*0.45 *0.7%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/27/2019																
HIGH SCHOOL	Total	100														
CHEESEBURGER ON A BUN	BURGER	40	320	52	650	4.00	3.24	195.0	*0	*0.0	3	20.5	29.99	13.5	5.24	0.00
FISH TACO	2 TACO	30	370	30	540	3.00	1.44	20.0	*0	*0.0	*0	12.0	44.0	15.0	2.50	0.00
CHEF SALAD-HAM W/ CROUTONS	SALAD	30	307	*31	728	4.45	2.86	353.0	*16797	40.39	*4	19.31	28.04	14.31	4.39	*0.01
SWEET POTATO FRIES	3 OZ	50	140	0	170	3.00	0.36	20.0	3000	6.0	9	1.0	25.0	3.5	0.00	0.00
COLESLAW	1/2 CUP	50	43	0	31	0.91	0.19	15.0	98	12.94	*1	0.51	2.84	3.4	0.49	*0.00
BURGER SALAD	SALAD	10	12	0	181	0.97	0.43	27.4	2897	7.17	1	0.81	2.5	0.17	0.03	0.00
FRUIT COCKTAIL	1/2 CUP	50	60	0	20	1.00	0.72	20.0	0	12.0	12	0.0	14.0	0.0	0.00	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			650	*45	1011	8.77	4.09	496.7	*7655	*47.82	*40	25.98	94.34	19.47	4.88	*0.00
% of Calories											*24.9%	16.0%	58.0%	26.9%	6.8%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Weighted Average			633	*60	1041	*9.15	*4.28	*462.3	*3940	*42.58	*42	*29.71	94.64	16.87	*5.26	*0.09
											*59.9%	*18.8%	59.8%	24.0%	*7.5%	*0.1%

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Victoria I.S.D.

Sep 23, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

HIGH SCHOOL

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	633		750 - 850	84%		117		Correction Required - Calories are Low									
Cholesterol (mg)	60				Missing												
Sodium 1 (mg)	1041		1420														
Sodium 2 (mg)	1041		1080														
Fiber (g)	9.15				Missing												
Iron (mg)	4.28				Missing												
Calcium (mg)	462.3				Missing												
Vitamin A (IU)	3940				Missing												
Sugars (g)	42	26.61%			Missing												
Vitamin C (mg)	42.58				Missing												
Protein (g)	29.71	18.77%			Missing												
Carbohydrate (g)	94.64	59.81%															
Total Fat (g)	16.87	23.99%															
Saturated Fat (g)	5.26	7.48%	<10.00%		Missing												
Trans Fat ¹ (g)	0.09	0.13%			Missing												

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