

~ The 7 Habits at Home ~

This month's Habit: Habit 1 Be Proactive



Other things that you can do at home to practice Habit 1

Here is a list of books that are great for learning about Habit #1- Be Proactive. Read some of these books as a family and discuss how the character was or was not being proactive.

1. • The Dot by Peter H. Reynolds"
2. • Alexander and the Terrible, Horrible, No Good, dry
3. • Because of Winn Dixie by Kate DiCamillo"
4. • The Little Engine that Could by Watty Piper"
5. • Amazing Grace by Mary Hoffman"
6. • Spaghetti in a Hot Dog Bun by Maria Dismondy

Family Name _____

Due November 30, 2018

Topic: Being Proactive is all about being in charge of yourself. Sometimes we find ourselves worrying about things or people that are out of our circle of control. As a family think about the things you can control. Draw or write those things inside the Circle of Control. Draw or write things you may be concerned about, but which are outside of your control in the Circle of No Control. For example, for the situation "getting to school on time," items like "traffic" and "weather" would be within the Circle of No Control while items like "what time I wake up" and "getting myself dressed and ready for school" would be within the Circle of Control.

Circle of Control

Habit 1: Be Proactive

