

**COURSES OF STUDY**

**Grades K-6**

Courses of study for grades 1 through 6 shall include the following:

1. English: speaking, reading, listening, spelling, handwriting, composition; knowledge and appreciation of language and literature (Education Code 51210)

*(cf. 6142.91 - Reading/Language Arts Instruction)*

2. Mathematics: concepts, operational skills, problem solving (Education Code 51210)

*(cf. 6142.92 - Mathematics Instruction)*

3. Social sciences: age-appropriate materials drawn from anthropology, economics, geography, history, political science, psychology and sociology, with instruction in: (Education Code 51210)

- a. The history, resources, development and government of California and the United States, including:

- (1) Early California history

- (2) The role and contributions of both men and women, black Americans, American Indians, Hispanics, Asians, Pacific Island people and other ethnic groups to the economic, political and social development of California groups in contemporary society (Education Code 51204.5)

*(cf. 6141.2 - Recognition of Religious Beliefs and Customs)*

*(cf. 6141.6 - Multi-cultural Education)*

- b. The development of the American economic system, including the role of the entrepreneur and labor

- c. The individual's relation to human and natural environments

- d. Eastern and western cultures and civilizations

- e. Contemporary issues

- f. The protection, conservation and wise use of natural resources, including the necessity for protecting the environment

*(cf. 6142.5 - Environmental Education)*

**COURSES OF STUDY**

4. Science, including biological and physical sciences, with emphasis on experimental inquiry and humanity's place in ecological systems (Education Code 51210)

*(cf. 6142.93 - Science Instruction)*

5. Visual and performing arts, including art and music, with emphasis on creative expression and the development of aesthetic appreciation (Education Code 51210)

*(cf. 6142.6 - Visual and Performing Arts Education)*

6. Health: individual, family and community health principles and practices, including: (Education Code 51210)

- a. Personal and public safety and accident prevention, with instruction in emergency first aid; hemorrhage control; treatment for poisoning; resuscitation techniques; and cardiopulmonary resuscitation when appropriate equipment is available (Education Code 51202)

- b. Fire prevention (Education Code 51202)

- c. Venereal disease (Education Code 51202)

*(cf. 6142.1 - Family Life/Sex Education)*

*(cf. 6142.2 - AIDS Prevention Instruction)*

- d. The effects of alcohol, narcotics, drugs and tobacco upon the human body (Education Code 51203)

*(cf. 5131.6 - Alcohol and Other Drugs)*

7. Physical education, with emphasis on activities conducive to health and vigor of body and mind (Education Code 51210)

*(cf. 6142.7 - Physical Education)*

8. Career awareness exploration

*(cf. 6010 - Goals and Objectives)*

*(cf. 6030 - Integrated Academic and Vocational Instruction)*

**COURSES OF STUDY**

**Grades 7-8**

Courses of study for grades 7 and 8 shall include the following:

1. Foreign language(s): understanding, speaking, reading and writing beginning not later than grade 7 (Education Code 51220)
2. AIDS and AIDS prevention (Education Code 51201.5)  
*(cf. 6142.2 - AIDS Prevention Instruction)*
3. Parenting skills and education which address at least all of the following: (Education Code 51220.5)
  - a. Child development and growth
  - b. Effective parenting
  - c. Prevention of child abuse
  - d. Nutrition
  - e. Household finances and budgeting
  - f. Personal and family interaction and relations
  - g. Methods to promote self-esteem
  - h. Effective decision-making skills
  - i. Family and individual health

Upon request, a student may be exempted from the parenting skills and education class if he/she satisfactorily demonstrates mastery of the course content. (Education Code 51220.5)

*(cf. 5146 - Married/Pregnant/Parenting Students)*

**COURSES OF STUDY**

- 4. Social sciences, including the study of: (Education Code 51220)
  - a. The American legal system, the operation of juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions
  - b. Human rights issues, with particular attention to the study of the inhumanity of genocide, slavery and the Holocaust

- 5. Science, including appropriate application of the interrelation and interdependence of the sciences (Education Code 51220)

*(cf. 6142.93 - Science Instruction)*

- 6. Visual and performing arts, including art, music or drama, with emphasis upon development of aesthetic appreciation and the skills of creative expression (Education Code 51220)

*(cf. 6142.6 - Visual and Performing Arts Education)*

- 7. Applied arts, including instruction in consumer and homemaking education, industrial arts, general business education or general agriculture (Education Code 51220)

- 8. Vocational-technical education designed to prepare youth for gainful employment and/or further acquisition of technical skills in institutions of higher education (Education Code 51220)

*(cf. 6178 - Vocational Education)*

- 9. Career guidance designed to help students select a future sequence of courses relevant to their career desires and needs

*(cf. 6030 - Integrated Academic and Vocational Instruction)*

**Grades 9-12**

Courses of study for grades 9 through 12 shall include the following:

- 1. English: speaking, reading, listening, knowledge and appreciation of literature, language and composition (Education Code 51220)

*(cf. 6142.91 - Reading/Language Arts Instruction)*

**COURSES OF STUDY**

2. Social sciences: age-appropriate materials drawn from anthropology, economics, geography, history, political science, psychology and sociology, with instruction in: (Education Code 51220)
  - a. The history, resources, development and government of California and the United States, including:
    - (1) American government and civics, including the study of all of the following: (Education Code 51230)
      - (a) The Declaration of Independence
      - (b) The United States Constitution, including the Bill of Rights
      - (c) Substantive selections from the Federalist Papers
      - (d) The Emancipation Proclamation
      - (e) The Gettysburg Address
      - (f) George Washington's Farewell Address
    - (2) Early California history, and the role and contributions of both men and women, black Americans, American Indians, Hispanics, Asians, Pacific Island people and other ethnic groups to the economic, political and social development of California and the nation, with particular emphasis on the role of these groups in contemporary society (Education Code 51204.5)  
  
*(cf. 6141.2 - Recognition of Religious Beliefs and Customs)*  
*(cf. 6141.6 - Multi-cultural Education)*
  - b. The American legal system, the operation of the juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions
  - c. The development of the American economic system, including the role of the entrepreneur and labor

**COURSES OF STUDY**

- d. The individual's relations to human and natural environments, including the protection, conservation and wise use of resources and the necessity for protecting the environment
  - e. Eastern and western cultures and civilizations
  - f. Human rights issues, with particular attention to the study of the inhumanity of genocide, slavery and the Holocaust
  - g. Contemporary issues
3. Foreign language(s): understanding, speaking, reading and writing (Education Code 51220)
4. Physical education, with emphasis on activities conducive to health and vigor of body and mind (Education Code 51220)
- (cf. 6142.7 - Physical Education)*
5. Science, including physical and biological sciences, with emphasis on basic concepts, theories and processes of scientific investigation and on humanity's place in ecological systems, and with appropriate applications of the interrelation and interdependence of the sciences (Education Code 51220)
- (cf. 6142.5 - Environmental Education)*  
*(cf. 6142.93- Science Instruction)*
6. Mathematics, including instruction designed to develop mathematical understandings, operational skills and insight into problem-solving procedures (Education Code 51220)
- (cf. 6142.92 - Mathematics Instruction)*
7. Visual and performing arts, including art, music or drama, with emphasis upon development of aesthetic appreciation and the skills of creative expression (Education Code 51220)
- (cf. 6142.6 - Visual and Performing Arts Education)*

**COURSES OF STUDY**

8. Applied arts, including instruction in consumer and homemaking education, industrial arts, general business education or general agriculture (Education Code 51220)

9. Vocational-technical education designed to prepare youth for gainful employment and/or further acquisition of technical skills in institutions of higher education (Education Code 51220)

*(cf. 6178 - Vocational Education)*

10. Automobile driver education, including instruction in: (Education Code 51220)

a. Vehicle Code provisions and other relevant state laws

b. Proper acceptance of personal responsibility in traffic

c. Appreciation of the causes, seriousness and consequences of traffic accidents

d. Knowledge and attitudes necessary for the safe operation of motor vehicles

e. The safe operation of motorcycles

f. The dangers involved in consuming alcohol or drugs in connection with the operation of a motor vehicle (Education Code 51220.1)

11. Personal and public safety and accident prevention, including instruction in:

a. Emergency first aid; hemorrhage control; treatment for poisoning; resuscitation techniques; and cardiopulmonary resuscitation when appropriate equipment is available (Education Code 51202)

b. Fire prevention (Education Code 51202)

c. Venereal disease (Education Code 51202)

*(cf. 6142.1 - Family Life/Sex Education)*

d. AIDS and AIDS prevention (Education Code 51201.5)

*(cf. 6142.2 - AIDS Prevention Instruction)*

**COURSES OF STUDY**

- e. The effects of alcohol, narcotics, drugs and tobacco upon the human body and upon prenatal development (Education Code 51203)  
*(cf. 5131.6 - Alcohol and Other Drugs)*
- f. Prenatal care (Education Code 51202)
- g. Violence as a public health issue (Education Code 51202)  
*(cf. 6141 - Curriculum Development and Evaluation)*  
*(cf. 6161.1 - Selection and Evaluation of Instructional Materials)*