





<b>Kilgore High School</b> <b>February 1-28, 2019</b>	<b>World Café</b>	<b>Bulldog Diner</b>	<b>Tejas Grill</b>
<b>MONDAY</b> 	Buffalo Chicken Pizza Personal Cheese Pizza <u><b>Grain/Vegetable/Fruit:</b></u> Garden Fresh Salad Baby Carrot Sticks	Baked Potato <i>(choice of chicken, BBQ or roasted veggie)</i> Offered with sour cream and shredded cheese <u><b>Grain/Vegetable/Fruit:</b></u> Fresh Baked Biscuit Baby Carrot Sticks Garden Fresh Salad	Soft Tacos <i>(Choice of chicken, beef, or veggie)</i> Offered w/ lettuce, tomato, cheese, jalapenos <u><b>Grain/Vegetable/Fruit:</b></u> Spanish Rice Jicama Sticks w/lime wedge Baby Carrot Sticks
<b>TUESDAY</b> 	General Tso's Chicken Noodle Bowl Spicy Veggie Noodle Bowl <u><b>Grain/Vegetable/Fruit:</b></u> Veggie Egg Roll Fresh Mixed Green Salad Glazed Carrot Coins	Hamburger/Cheeseburger Black Bean Burger Offered with lettuce, tomato, pickles <u><b>Grain/Vegetable/Fruit:</b></u> Seasoned Fries Baby Carrot Sticks	Bulldog Beef Grande Nacho Veggie Bulldog Grande Nacho Offered with lettuce, tomato, jalapenos <u><b>Grain/Vegetable/Fruit:</b></u> Spanish Rice Sweet Corn Fresh Mixed Greens Salad
<b>WEDNESDAY</b> 	Corndog BD Bistro Box <u><b>Grain/Vegetable/Fruit:</b></u> Potato Tots Homemade Pinto Beans Baby Carrot Sticks	Asian Glazed Boneless Chicken Sriracha Honey Boneless Wings BD Bistro Box <u><b>Grain/Vegetable/Fruit:</b></u> Mediterranean Quinoa Salad Potato Tots Homemade Pinto Beans	Pork Carnitas Torta BD Bistro Box <u><b>Grain/Vegetable/Fruit:</b></u> Potato Tots Homemade Pinto Beans Baby Carrot Sticks
<b>THURSDAY</b> 	Teriyaki Chicken Rice Bowl Spicy Veggie Rice Bowl <u><b>Grain/Vegetable/Fruit:</b></u> Veggie Egg Roll Baby Carrot Sticks Mixed Vegetable Blend	Big Dog Steak Sandwich <i>(choice of spicy or regular)</i> Offered with lettuce, tomatoes, jalapenos No Meat Cobb Chef Salad <u><b>Grain/Vegetable/Fruit:</b></u> Honey Wheat Roll Seasoned Fries Baby Carrot Sticks	SW Chicken Flautas No Meat Cobb Chef Salad <i>w/wo roll</i> <u><b>Grain/Vegetable/Fruit:</b></u> Spanish Rice Baby Carrot Sticks Homemade Pinto Beans
<b>FRIDAY</b> 	Pepperoni Stuffed Sandwich Spicy Tuna Sandwich BD Bistro Box <u><b>Grain/Vegetable/Fruit:</b></u> Fresh Mixed Greens Salad Winter Vegetable Blend	Steak Strips Chicken Strips (regular or spicy) BD Bistro Box <u><b>Grain/Vegetable/Fruit:</b></u> Macaroni and Cheese Fresh Mixed Greens Salad Baby Carrot Sticks	Beef/Cheese Burrito Bean/Cheese Burrito Offered w/wo cheese sauce <u><b>Grain/Vegetable/Fruit:</b></u> Spanish Rice Fresh Mixed Greens Salad Baby Carrot Sticks
Fruit choices: <b>Jan 28-Feb 1st</b> Red Delicious Apple, Banana, TX Red Grapefruit Slices <b>Feb 4-8<sup>th</sup></b> Apple Variety, TX Orange, Craisin Variety <b>Feb 11-15<sup>th</sup></b> Gala/Fuji Apple, Fresh Pear, Diced Peaches <b>Feb 18<sup>th</sup>-March 1st</b> Granny Smith Apple, TX Orange, TX Red Grapefruit Wedges  ***Only A la Carte items will be sold on the SHACK line***  BD Bistro Box contains: hummus dip, hardboiled egg, cheese stick, cracker variety	<u><b>Announcements:</b></u> School closed <b>February 18, 2019</b>	<b>Variety of Milk offered with meal</b>  <i>Menu subject to change based on food availability.</i>  <b>Vegetarian options available on all lines.</b> <b>No special menu items will be created.</b>	

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.