

Howard Gardner Community School 2018 - 2019

SEPTEMBER  
BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <ul style="list-style-type: none"> <li>• zac omega fruit filled strawberry bar (df)</li> <li>• cocoa critters cereal (df)</li> </ul> <p>Fruit &amp; Milk</p>	<p>4</p> <ul style="list-style-type: none"> <li>• yogurt &amp; granola</li> <li>• cheerios, zac attack apple bar</li> </ul> <p>Fruit &amp; Milk</p>	<p>5</p> <p>No Breakfast</p>	<p>6</p> <ul style="list-style-type: none"> <li>• turkey cheddar brekwich</li> <li>• lemon muffin</li> </ul> <p>Fruit &amp; Milk</p>	<p>7</p> <ul style="list-style-type: none"> <li>• hot french toast sticks, sausage, and egg</li> <li>• cinnamon crumbles</li> </ul> <p>Fruit &amp; Milk</p>
<p>10</p> <ul style="list-style-type: none"> <li>• dipperdoodle bar (df)</li> <li>• snow flurries cereal (df)</li> </ul> <p>Fruit &amp; Milk</p>	<p>11</p> <ul style="list-style-type: none"> <li>• cinnamon chex &amp; zac apple bar</li> <li>• blueberry burst muffin</li> </ul> <p>Fruit &amp; Milk</p>	<p>12</p> <p>No Breakfast</p>	<p>13</p> <ul style="list-style-type: none"> <li>• hot cheesy omelet</li> <li>• cinnamon raisin bagel (v)</li> </ul> <p>Fruit &amp; Milk</p>	<p>14</p> <ul style="list-style-type: none"> <li>• plain bagel &amp; cream cheese</li> </ul> <p>Fruit &amp; Milk</p>
<p>17</p> <ul style="list-style-type: none"> <li>• zee zees berry apple bar (df)</li> <li>• snow flurries cereal (df)</li> </ul> <p>Fruit &amp; Milk</p>	<p>18</p> <ul style="list-style-type: none"> <li>• hot french toast sticks, sausage, and egg</li> <li>• blueberry bagel &amp; cream cheese</li> </ul> <p>Fruit &amp; Milk</p>	<p>19</p> <p>No Breakfast</p>	<p>20</p> <ul style="list-style-type: none"> <li>• cocoa critters cereal (df)</li> <li>• cinnamon crumbles</li> </ul> <p>Fruit &amp; Milk</p>	<p>21</p> <ul style="list-style-type: none"> <li>• hot sausage &amp; cheddar brekwich</li> <li>• lemon muffin</li> </ul> <p>Fruit &amp; Milk</p>
<p>24</p> <ul style="list-style-type: none"> <li>• yogurt &amp; honey grahams</li> <li>• corn chex, zac attack strawberry bar</li> </ul> <p>Fruit &amp; Milk</p>	<p>25</p> <ul style="list-style-type: none"> <li>• hot buttermilk pancakes</li> <li>• cinnamon raisin bagel (v)</li> </ul> <p>Fruit &amp; Milk</p>	<p>26</p> <p>No Breakfast</p>	<p>27</p> <ul style="list-style-type: none"> <li>• cinnamon grahams &amp; string cheese</li> <li>• plain bagel &amp; cream cheese</li> </ul> <p>Fruit &amp; Milk</p>	<p>28</p> <ul style="list-style-type: none"> <li>• hot french toast sticks, sausage, and egg</li> <li>• snow flurries cereal (df)</li> </ul> <p>Fruit &amp; Milk</p>