



**Lavallette Elementary School
Child Nutrition Program**
www.lavallettek12.org
 1-732-793-7722 ex. 229
February 2019



Mon	Tue	Wed	Thu	Fri
<p>Enjoy A Balanced Lunch In addition to the featured food items offered daily, each child should choose additional items from the Vegetable & Fruit groups</p>	<p>Vegetable Group Fresh Veggie Crudités Vegetable of the Day Fruit Group Assorted Fresh and Chilled Fruit and 100% Fruit Juice (4 oz.) Juice (4oz)</p>	<p>Dairy Group 8 oz. fat-free milk is served with each student lunch Choice of Milk</p>	<p>Lunches Offered Daily Peanut Butter & Jelly Grilled Cheese Garden Salad Chicken Caesar Salad Lunch: \$3.25 Extra Servings of Featured lunch \$2.00</p>	<p>Extras Available Snacks .75 Ice Cream .75 Dipping Sauces or Dressings .25 Milk .50 Water .50</p>
				<p>1/ Fresh Baked Stuffed Pizza Carrot Cup Canned or Fresh Fruit Choice of Milk NO SALADS</p>
<p>4/ Chicken Tenders Potato Smiles String Beans Veggie Cup Canned or Fresh Fruit Choice of Milk NO SALADS</p>	<p>5/ Mozzarella Sticks w/Sauce Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>6/ Chicken & Cheese Quesadilla w/Salsa Mexicali Rice & Corn Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>7/ French Toast Applesauce Sausage links Hash Browns Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>8/ Fresh Baked Pizza Carrot Cup Canned or Fresh Fruit Choice of Milk</p>
<p>11/ Popcorn Chicken Broccoli Brown Rice Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>12/ Meatball Parm Sub French Fries Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>13/ Hot Ham & Cheese Tomato Soup Sweet Potato Fries Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>14/ Pizza Sticks w/Sauce Veggie Cup Canned or Fresh Fruit Choice of Milk </p>	<p>15/ NO LUNCH Early Dismissal</p>
<p>18/ NO SCHOOL </p>	<p>19/ Chicken Nuggets Broccoli Brown Rice Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>20/ Hamburger w/wo Cheese on Whole Grain Bun Potato Smiles Baked Beans Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>21/ Pancakes w/ Applesauce Sausage Links Hash Browns Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>22/ Fresh Baked Pizza Carrot Cup Canned or Fresh Fruit Choice of Milk</p>
<p>25/ Chicken Tenders Broccoli Brown Rice Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>26/ Pizza Crunchers w/Sauce Carrot Sticks Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>27/ Hot Dog wrapped in Pretzel Roll Potato Tots Baked Beans Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>28/ French Toast Applesauce Sausage links Hash Browns Veggie Cup Canned or Fresh Fruit Choice of Milk</p>	<p>1/ Fresh Baked Pizza Carrot Cup Canned or Fresh Fruit Choice of Milk</p>

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