

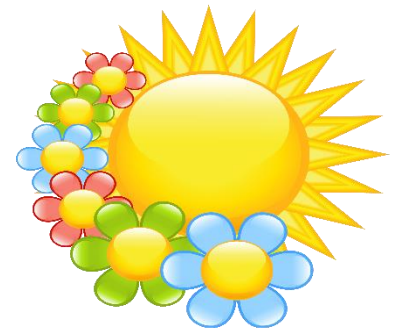


2019

JERSEY CITY PUBLIC SCHOOLS

# PRODUCTION LUNCH Menu

## (Grades K-8<sup>th</sup>)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 Whole Grain Chicken Patty on a Whole Wheat Bun w/Lettuce & Tomato 1/2 cup Sweet Potato Fries Fresh Apple	2 Whole Grain Spaghetti w/Turkey Meatballs 1/2 cup Carrots 1/2 cup Peaches	3 Grilled Cheese on Whole Wheat Bread 1/2 cup Green Beans 1/2 cup Strawberries	4 Beef Taco on a Whole Wheat Tortilla w/Lettuce & Tomato 1/2 cup Bean Salad 1/2 cup Applesauce	5 Whole Wheat 4 x 6 Pizza 1/2 cup Romaine Salad Lo-Fat Dressing Fresh Pear	6	
7	8 Whole Grain Chicken Nuggets Whole Wheat Dinner Roll 1/2 cup Broccoli 1/2 cup Blueberries	9 Cheeseburger on a Whole Wheat Hamburger Bun 1/2 cup Sweet Potato Fries 1/2 cup Peaches	10 Whole Grain Macaroni & Cheese 1/2 cup Tomato & Chickpea Salad Fresh Orange	11 Philly Cheesesteak on a 4" Whole Wheat Club Roll 1/2 cup Peppers & Onions Applesauce Cup	12 Whole Wheat 4 x 6 Pizza 1/2 cup Romaine Salad Lo-Fat Dressing Fresh Pear	13	
14	15 Whole Grain Chicken Patty on a Whole Wheat Bun w/Lettuce & Tomato 1/2 cup Carrots 1/2 cup Blueberries	16 Turkey Taco over 1/2 cup Brown Rice 1/2 cup Black Beans 1/2 cup Peaches	17 Meatball Sub on a Whole Wheat 4" Club Roll 1/2 cup Green Beans 1/2 cup Applesauce	18 <b>1/2 Day - 12:45pm Dismissal</b> Whole Grain Macaroni & Cheese 1/2 cup Spinach Fresh Pear	19 <b>GOOD FRIDAY</b> DISTRICT CLOSED!	20	
21 <i>Happy Easter!</i> 	22 <b>SCHOOLS CLOSED!</b> Central Office Open	23 <b>SCHOOLS CLOSED!</b> Central Office Open	24 <b>SCHOOLS CLOSED!</b> Central Office Open	25 <b>SCHOOLS CLOSED!</b> Central Office Open	26 <b>SCHOOLS CLOSED!</b> Central Office Open	27	
<b>Happy Spring Break</b>							
28	29 Whole Grain Chicken Nuggets Whole Wheat Dinner Roll 1/2 cup Carrots Fresh Apple	30 Turkey Roast w/Gravy 1/2 cup Mashed Potatoes 1/2 cup Green Beans 1/2 cup Pears					

Menu subject to change without notice!

AVAILABLE DAILY: LO-FAT CHOCOLATE, FAT FREE WHITE MILK & 1% LO-FAT WHITE MILK

*We are an equal opportunity provider and employer*