



# MARCH 2019 9-12 Menu

Fayette County Public Schools

Grab N Go Snack Box  
Will be offer Every Tuesday N Thursday  
Menu Includes  
Deli Sandwich on a Hoagie Bun  
Lettuce, Tomato, Pickle, & Onion  
Chips

Monday

Tuesday

Wednesday

Thursday

Friday

4  
Grilled Chicken Sandwich  
BBQ Nachos  
Glazed Carrots  
Mashed Potatoes  
Mandarin Oranges Cup  
Assorted Fresh Fruit  
Milk

5  
Crispito/ W/Mexican Rice  
Popcorn Chicken with Roll  
Broccoli w/Cheese  
Triangle Potatoes  
Chilled Peaches Cup  
Assorted Fresh Fruit  
Milk

6  
Fish Strips w/ Hushpuppies  
Chicken Alfredo W/ Garlic Breadstick  
Cole Slaw  
Crinkle Cut Fries  
Chilled Mix Fruit Cup  
Assorted Fresh Fruit  
Milk

7  
Sliced Turkey w/gravy & roll  
Corn Dogs  
Hash brown Casserole  
Garden Salad  
Pineapple Chunks  
Assorted Fresh Fruit  
Milk

1  
Stuffed Crust Cheese or Pepperoni Pizza  
Pulled Pork Barbecue/Bun  
Hash Rounds  
Green Peas  
Chilled Fruit Cup  
Assorted Fresh Fruit  
Milk

8  
Half Day  
for  
Students

11

12

13

14

15

# Spring Break – No School

18  
Cheeseburger on a Bun  
Fish Sticks w/Hushpuppies  
Cole Slaw  
Glazed Carrots  
Chilled Peaches Cup  
Assorted Fresh Fruit  
Milk

19  
Popcorn Chicken w Roll  
Spaghetti w/Garlic breadstick  
Tossed Salad  
Green Beans  
Frozen Fruit Juice Dog  
Assorted Fresh Fruit  
Milk

20  
Sliced Turkey w/ Gravy & Roll  
Hot Dog on Bun  
Mashed Potatoes  
Green Peas  
Chilled Fruit Cup  
Assorted Fresh Fruit  
Milk

21  
Grilled Chicken Sandwich  
BBQ Nachos  
Broccoli w/Cheese  
Whole Kernel Corn  
Mandarin Oranges  
Assorted Fresh Fruit  
Milk

22  
Cheese or Pepperoni Pizza  
Deli Turkey Sandwich/Lett, Tom  
Glazed Baby Carrots  
Crinkle Cut Fries  
Chilled Fruit Cup  
Assorted Fresh Fruit  
Milk

25  
Chili w/Cheese Toast  
Corn Dog  
Whole Baked Potatoes  
Broccoli w/Cheese  
Chilled Pineapple Chunks Cup  
Assorted Fresh Fruit  
Milk

26  
Crispito with Cheese  
Chicken Rings/Roll  
Glazed Carrots  
Triangle Potatoes  
Chilled Peaches Cup  
Assorted Fresh Fruit  
Milk

27  
Cheeseburger on a Bun  
Chicken Fajita w/ Cheese Soft Shell Tortilla  
Broccoli  
Sweet Potatoes Casserole  
Chilled Pineapple Chunks Cup  
Assorted Fresh Fruit  
Milk

28  
Grilled Cheese Sandwich  
Pulled Pork Barbecue on a Bun  
Cole Slaw  
Baked Beans  
Chilled Fruit Cups  
Assorted Fresh Fruit  
Milk

29  
Stuffed Crust Cheese or  
Pepperoni Pizza  
Soft Shell Taco on Tortilla Cheese,  
Lettuce, Tomato  
Cheesy Refried Beans  
Glazed Baby Carrots  
Chilled Applesauce Cup  
Assorted Fresh Fruit  
Milk

### Lunch Meal Pattern

- 3 oz. meat/meat alternate daily 15 oz. minimum per week
- 2 oz. equivalent grain daily (10 oz. eq. minimum per week
- 1 cup of vegetable daily (5 cups per week
- 1 cup of fruit daily (5 cups per week
- 1 cup milk daily (5 cups per week

**MENUS ARE SUBJECT TO  
CHANGE DUE TO PRODUCT  
AVAILABILITY**

This institution is an equal opportunity provider.

### Milk Choices:

- 1/2 pint low fat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

