



August 2019 Breakfast



Monday		Tuesday		Wednesday		Thursday		Friday	
						1		2	
5 French Toast Sticks Craisins		6 Grilled Ham and Cheese Apple Wedges		7 Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice		8 Cheese Quesadilla Apple Wedges		9 Vienna Sausage Scrambled Egg Brown Rice Fruit Juice	
12 Waffles Fruitocracy		13 Portuguese Sausage Scrambled Egg Brown Rice Fruit Juice		14 Corned Beef Hash Scrambled Egg Brown Rice Fruit Juice		15 Yogurt Granola Clusters Diced Peaches		16	
19 Cereal Bowl Assorted Muffin Applesauce		20 Turkey Bacon Scrambled Egg Brown Rice Fruit Juice		21 Grilled Cheese Apple Wedges		22 Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice		23 French Toast Sticks Craisins	
26 Cheese Quesadilla Apple Wedges		27 Yogurt Granola Clusters Diced Pears		28 Vienna Sausage Scrambled Egg Brown Rice Fruit Juice		29 Waffles Fruitocracy		30 Portuguese Sausage Scrambled Egg Brown Rice Fruit Juice	

ALL MEALS INCLUDE A CHOICE OF MILK AND SELF SERVICE FRUIT BAR



August 2019 Lunch



Monday		Tuesday		Wednesday		Thursday		Friday	
						1		2	
5 Mushroom Chicken Brown Rice California Blend Vegetables		6 Pork Watercress Tofu Brown Rice		7 Grilled Chicken Sandwich Tater Tots		8 Shoyu Hotdog Fried Noodles Edamame		9 Spaghetti Meatsauce Dinner Roll Diced Carrots	
12 Chicken Nuggets Brown Rice Baked Beans		13 Meatloaf w/Gravy Dinner Roll Bean & Veg Crackers Whipped Potatoes		14 Pepperoni Pizza Caesar Salad		15 Beef Curry Brown Rice		16	
19 Chili Frank Brown Rice		20 Chicken Alfredo Dinner Roll Diced Carrots		21 Stir Fry Brown Rice		22 Fish Burger Emoji Fries		23 Teriyaki Chicken Brown Rice Steamed Broccoli	
26 Teriyaki Meatballs Brown Rice Spinach Salad		27 Chicken Pastele Stew Brown Rice		28 BBQ Rib Sandwich Tater Tots		29 Hamburger Curry Brown Rice		30 Kalua Pork Sandwich Baby Carrots	

ALL MEALS INCLUDE A CHOICE OF MILK AND SELF SERVICE FRUIT AND VEGETABLE BAR



August 2019 Wiki Bento



Monday		Tuesday		Wednesday		Thursday		Friday	
						1		2	
5 French Toast Sticks		6 Grilled Ham and Cheese		7 Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice		8 Cheese Quesadilla		9 Vienna Sausage Scrambled Egg Brown Rice Fruit Juice	
12 Waffles		13 Portuguese Sausage Scrambled Egg Brown Rice Fruit Juice		14 Corned Beef Hash Scrambled Egg Brown Rice Fruit Juice		15 Yogurt Parfait		16	
19 Assorted Muffin		20 Turkey Bacon Scrambled Egg Brown Rice Fruit Juice		21 Turkey Melt		22 Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice		23 French Toast Sticks	
26 Cheese Quesadilla		27 Yogurt Parfait		28 Vienna Sausage Scrambled Egg Brown Rice Fruit Juice		29 Waffles		30 Portuguese Sausage Scrambled Egg Brown Rice Fruit Juice	