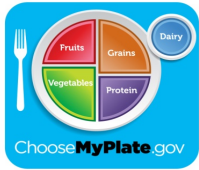


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L S					1
4 B L S	BBQ Pulled Chicken Sandwich with Mashed Potatoes (1c) (60)	Ham & Cheese Sandwich with Green Salad (1 1/2c) (COLD LUNCH) (60)	Red Chicken & Cheese Enchiladas with Pinto Beans (3/4c) (60)	Beef Hot Dog with Sweet Potato (1c) (60)	Spaghetti (1c) & Meatballs with Green Salad (1 1/2c) (60)
11 B L S	Parmesan Chicken Pasta with Basil Corn Salad (1c) (COLD LUNCH) (60)	Penne Pasta (1c) & Turkey Meat Sauce (3/4c) with Green Salad (1 1/2c) (60)	Turkey Salad Sandwich with Carrot Sticks (3/4c) & Ranch (COLD LUNCH) (60)	Chicken Tamal with Black Beans (1c) (70)	Creamy Chicken Chipotle (1/2c) over Penne Pasta (1c) with Steamed Broccoli & Carrots (1c) (60)
18 B L S	NO SCHOOL	Chicken Salad Sandwich with Cilantro Bean Salad (3/4c) (COLD LUNCH) (60)	Chicken & Waffles with Mashed Potatoes (1c) (75)	Turkey & Cheese Croissant Sandwich with Carrot Sticks (3/4c) & Ranch (COLD LUNCH) (60)	Chicken Fettuccine (1c) Alfredo with Green Salad (2c) (60)
25 B L S	Chicken Tamal with Pinto Beans (1c) (70)	Macaroni & Cheese (1c) with Green Salad (2c) (60)	Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch (COLD LUNCH) (60)	Beef & Cheese Chimichanga with Whole Kernel Corn (1c) (60)	Pesto Chicken Penne Pasta (1c) with Steamed Broccoli & Carrots (1c) (60)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PRE-PACKED// Remove Cajun Pasta (cold pasta)// NO Pork for 2 students, send 2 extra vegetarian meals on dates with pork// No Pizza on Menu // Send Disposable Styrofoam Trays Every Day



“Eat Right, Be Bright!”

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L CL					1 Mini Cinnamon Rolls Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c) Bean & Cheese Torta with Carrot Sticks (3/4c) & Ranch
4 B L CL	Veggie Burger Sliders (2) with Mashed Potatoes (1c)	5 Bean & Cheese Torta with Green Salad (1 1/2c) (4)	6 Bean Chili with Shredded Cheese (2oz), WG Saltines (6pkts) & Carrot Sticks (1/2c) & Ranch	7 Garden Burger with Sweet Potato (1c)	8 Orange Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
11 B L CL	Parmesan Cheese Pasta with Basil Corn Salad (1c)	12 Penne Pasta (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)	13 Fresh Veggie, Bean & Cheese Wheat Tortilla Wrap with Carrot Sticks (3/4c) & Ranch	14 Cheese Tamal with Black Beans (1c)	15 Teriyaki Tofu (1/2c) Chow Mein (1c) & Steamed Broccoli & Carrots (1c)
18 B L CL	NO SCHOOL	19 Bean & Cheese Torta with Cilantro Bean Salad (3/4c)	20 Garden Burger with Mashed Potatoes (1c)	21 Veggie & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch	22 Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
25 B L CL	Shredded Cheese (2oz) Nachos (2oz) with Pinto Beans (1c)	26 Macaroni & Cheese (1c) with Green Salad (2c)	27 Fresh Veggie, Bean & Cheese Wheat Tortilla Wrap with Carrot Sticks (3/4c) & Ranch	28 Bean & Cheese Burrito with Whole Kernel Corn (1c)	29 Mongolian Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)

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School Notes:



“Eat Right, Be Bright!”