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KAISER REPRESENTS IN 2019 SCIENCE BOWL

On an early Saturday morning, four students; Jaron Schreiber, Tyson Trimble, Tony Ou and Jeong Woo Yun led by their trusted coach, Ms. Jasmine Mathews, entered into the 2019 Science Bowl held at Honolulu Community College. Twenty teams from private, public and neighbor island school were ready to compete. ... Click here to [READ MORE.](#)

BOYS BASKETBALL SENIOR NIGHT TONIGHT!

Come on out to cheer on our Boys Basketball team as they celebrate their Seniors, tonight at Kaiser Gym. Cougars face Roosevelt and tip off will be 15 minutes after the conclusion of the JV game. JV game starts at 5:30pm. Hope to see you there! GO Cougars!

BLOOD DRIVE - FEBRUARY 5TH

Cougars, be a part of the Lifesaver's Club and participate in the NHS Kaiser Blood Drive!

The National Honor Society is working with the Blood Bank of Hawaii once again this year to host the annual Blood Drive on our campus.

The Blood Drive will be held on February 5th, 2019 from 7:45-3:00 pm in the Kaiser Library. If you would like to donate blood, please complete the form attached and turn it into Ms. Fernandes (H101), or her box in the office. Thanks for Saving a Life!

Click here for permission form: [Blood Drive 2019](#)

****TODAY** CLASS OF 2022 – CPK FUNDRAISER, TUESDAY, JANUARY 29th**

Please support the Freshman Class as they begin raising money for Freshman Sophomore Banquet. Enjoy fresh pizza at California Pizza Kitchen on Monday, January 29th. Don't want to dine-in? Get your pizza to go with their excellent takeout service. Call them at 808 737 9446 to place your order!

Bring THIS flyer when you arrive! [CPK Flyer.](#) We appreciate all your support.

CONGRATULATIONS TO LADY COUGAR SWIM– OIA CHAMPIONS!

For the 10th straight year, our Lady Cougars have brought home the OIA Swim Championship. And from the looks of it, there's no slowing down. Boys placed a commanding 2nd place, only 5 points behind the first place leader. Cougars combined team scores totally dominated the rest of the field.

Read Hawaii Prep Article here: [Kaiser's 10th Straight](#) Congratulations Coach Asa, staff and team!

Kaiser's Results:

Girls 1 Meter Diving: 1st – Jill Chaffee, 3rd Megan Schendel, 6th Ashleigh Summers

Boys 1 Meter Diving: 3rd – Conrad Morgan

Girls 200 Yard Medley Relay: 1st – Erin Patterson, Mari Yasumi, Sophia Harrison and Reina Kim

Boys 200 Yard Medley Relay: 2nd – Micah Ginoza, Jarrett Takahashi, Sam Delgadillo, Brennan Dompe

Girls 200 Y Free: 1st – Sophia Harrison, 3rd, Leigh Farah, 8th Noelle Nakakura

Boys 200 Y Free: 2nd – Micah Ginoza, 3rd Brennan Dompe, 6th Sam Delgadillo

Girls 200 Y IM: 3rd – Megan Kaneshiro, 6th Reina Kim, 10th Kanoko Niimura

Boys 200 Y IM: 2nd – Jarrett Takahashi, 7th – Frank Diaz

Girls 50 Y Free: 2nd – Sofia Carlson, 9th Sarah Lorenzo

Boys 50 Y Free: 11th - Kaililauokekoa Molale

Girls 100 Y Butterfly: 2nd – Sophia Harrison, 5th Katel Chua-Chiaco, 10th Kanoko Niimura, 11th Mina Hanada

Boys 100 Y Butterfly: 7th – Sam Delgadillo

Girls 100 Y Free: 2nd – Sofia Carlson, 4th Erin Patterson, 8th Sarah Lorenzo, 9th Jenna Ikegami

Boys 100 Y Free: 6th – Mason Garding

Girls 500 Y Free: 1st – Mari Yasumi, 7th Katel Chua-Chiaco, 10th Claudia Galaida

Boys 500 Y Free: 1st – Micah Ginoza, 3rd Brennan Dompe

Girls 200 Y Free Relay – 2nd – Sofia Carlson, Sarah Lorenzo, Leigh Farah, Noelle Nakakura

Boys 200 Y Free Relay: 5th – Mason Garding, Sa Delgadillo, Kaililauokekoa Molale, Frank Diaz

Girls 100 Y Back: 1st – Erin Patterson, 5th Reina Ki, 9th Jenna Ikegami, 10th Mina Hanada

Boys 100 Y Back: 1st – Jarrett takahashi, 5th Mason Garding

Girls 100 Y Breaststroke: 2nd – Mari Yasumi, 3rd Leigh Fara, 5th Noelle Nakakura, 8th Megan Kaneshiro

Boys 100 Y Breaststroke: 9th – Conrad Morgan

Girls 400 Y Free Relay: 1st – Sofia Carlson, Erin Patterson, Mari Yasumi, Sophia Harrison

Boys 400 Y Free Relay: 3rd – Micah Ginoa, Mason Garding, Brennan Dompe, Jarrett Takahashi

Great job Cougars! For full results click here: [OIA Swim Championships](#)

CLASS OF 2021 PANDA EXPRESS FUNDRAISER, THURSDAY, JANUARY 31ST

Support the Sophomore class of 2021 by dining at Panda Express on Thursday, January 31st , from 11:00am – 9:00pm. Please bring a copy of the flyer, or present it on your digital device. Mahalo for supporting the class of 2021! Click here for: [Panda Flyer](#).

2019 AP EXAM PAYMENT FORMS

All forms and payments must be turned in to H-101 no later than 3:00 pm on Friday, February 15, 2019.

Please see Ms. Yano in the library or Mr. Mc in H-101 with any AP questions or concerns before this date.

Reminder: All students enrolled in an AP course are required to take the CollegeBoard Exam and/or the final evaluation (e.g. AP Drawing portfolio submission). Failure to take the exam will result in the student being graded on a regular 4-point (not the 5-point weighted) scale, AND the class being listed as a regular (non-AP) course on the student's official transcript.

FRESHMEN - SOPHOMORE BANQUET, SATURDAY, MARCH 2ND

The Freshman-Sophomore Banquet will be held on March 2, 2019. The banquet will be from 5:30pm to 10:00pm at Hale Koa Hotel. Doors will open at 5:30pm (changed from 5:00pm). We will be collecting forms and money from January 28 through February 1 behind the library. Table sign-ups will be on February 11-13 behind the library. The total cost for the banquet is \$45.00. Refunds will be in room A303 on February 4th and 5th. Click here for Permission Form: [Fresh/Soph Banquet](#)

WIKI AND ALTERNATE LUNCH RETURNS!

Thank you for your patience, Cougars. In February, the Alternate Lunch Menu will return! In addition, for those who missed breakfast, or can't wait for lunch a Wiki (snack during 1st recess) will also be served. Cost for Wiki will be the same as breakfast, \$1.10.

WINTER GUARD DANCE-A-THON FUNDRAISER LED BY ZUMBA INSTRUCTORS!

Enjoy a great afternoon workout with Zumba dancing! Please support the Winter Guard on Sunday, February 10th from 3:00-5:00pm at the Kaiser High School Cafeteria, as they raise funds for equipment needed to compete in the Winter Guard International Regional Competition in Denton, TX.

\$10.00 tickets available from any Winter Guard member, at the door, or call Audrey at 808-383-5499. Raffle prizes! Fun for everyone! Click here for flyer: [Winter Guard Zumba](#)

PROJECT GRADUATION ANNOUNCEMENTS:

PROJECT GRADUATION CLASS OF 2019

December 22nd through graduation - \$300.00

Download your registration form here: [ProjectGrad 2019](#). Forms are also available at the front office. Please fill them out completely and return with your payment to the front office.

Parents... please email kaiserprojectgrad2019@gmail.com if you would like to join the committee and to stay informed.

COLLEGE AND CAREER ANNOUNCEMENTS:

UH MĀNOA COLLEGE OF ENGINEERING VISIT

Engineering Student Ambassadors from the UH Manoa College of Engineering STEM will be here to answer questions, give tips, and let you know about STEM opportunities.

Thursday, February 7, 2019 (A), 11:30-12:10.

Sign up on [Naviance](#)

Also - visit with them at the **Mānoa Experience Preview Day, Saturday, March 2, 2019, 10:00-2:00** at McCarthy Mall. See the flyer for more details: [College of Engineering Preview Day](#)

YOUNG LEADERS SUMMIT – CLASS OF 2020 ONLY

The Young Leaders Summit (YLS) is a free four-day, overnight, college empowerment conference for a diverse cohort of low-income high school juniors, selected through a competitive application process. It is designed to give these young leaders the practical tools they need to successfully apply to top universities, have full access to scholarship and financial aid opportunities, and set a course for academic and career success.

August 8-11, 2019 @ The University of Chicago

Click here to apply: [Young Leaders](#)

Deadline - March 8, 2019

KAPI'OLANI COMMUNITY COLLEGE'S IKE PROGRAM

The IKE (Indigenous Knowledge in Engineering)/Pre-Engineering Education Collaborative II (PEEC II) Program is looking for Native Hawaiian students and other underrepresented minorities in STEM who are interested in engineering and who are ready to take Calculus I, II, or III for our Hawai'i Calculus

Academy program(May 20-June 28). Students who have been part of the program have gone to NASA, flown rockets 3500ft into the air, reduced water usage on our campus, gotten paid to do research, and presented their research across the U.S!

Benefits:

FREE tuition for calculus and SCI 295 (4 credits total) and more!

Click here and scroll down for more information: [IKE Program](#)

SCHOLARSHIPS

Seniors, and not just for Seniors, now is the time to start thinking about scholarships and getting ready for their deadlines. Please click here: [Scholarships](#) to view the many opportunities which are available to you.

CONTESTS

20TH ANNUAL DR. MARTIN LUTHER KING PEACE POETRY CONTEST

The International Peace Poem Project started on Maui in 1996 by volunteer teachers, writers and artists. A 6-year-old girl wrote the first lines of the Peace Poem and it has grown to more than 160,000 lines of poetry from over 120 nations. If you would like to be a part of this living, growing peace poem, please click on the following for more information: [Peace Poem](#).

Deadline – February 15, 2019

CANCER UNWRAPPED WRITING CONTEST

Experiencing a cancer diagnosis can cause a storm of emotions. Whether cancer has made you feel angry, sad, lonely, or even grateful, we want to hear about it. The Cancer Unwrapped Teen Writing Contest invites high school students to submit essays about their experience with cancer for the opportunity to win cash prizes. Since the contest began in 2006, we have received more than 2,900 submissions and handed out over \$135,000 in prize money.

Click [here](#) or the graphic to apply. See the flyer for more information.

Deadline - April 15, 2019

KAISER HS ATHLETICS ANNOUNCEMENTS

CLICK HERE FOR [PARTICIPATION/PARENT CONSENT FORM](#):

CLICK HERE FOR [PHYSICAL EXAM/CONCULSSION RISK ACK FORM](#)

CLICK HERE FOR [PARENT ATHLETE HANDBOOK](#)

CLICK HERE FOR [KAISER ATHLETICS WEBSITE](#)

GIRLS WATER POLO TRYOUTS START JANUARY 28TH

If you are interested in joining Girls Water Polo, tryouts have started and will continue until February 8th. Please meet at the pool from 3:30 – 5:00pm. Bring your completed physical and participation form at your first practice.

JUDO SIGN-UP AND MEETING, FEB, 4TH

The last Judo Sign-Up will be on February 4th in Mr. Zakahi's room at 3:40pm. The meeting will probably be for an hour. To participate, one needs their physical and parent consent form to be completed before February 13th. February 13th will be the start date for Judo. Judo will not be taking any new members after February 13th, unless you are participating in a winter sport that is still in post-season play. If you have any questions or need to contact Takamoto Sensei, his email is neal_takamoto@notes.k12.hi.us. Mata yoroshiku onegai shimasu.

VARSITY BASEBALL TRYOUTS, MONDAY, FEBRUARY 4TH

Tryouts for the Varsity Baseball Team will begin on Monday, February 4th at 3:00 pm. Please report to the baseball field dressed and ready to go at 3:00 pm. Wear baseball pants, baseball cap, and cleats and bring your own fielding glove. If you have a batting helmet and a bat, you may bring those as well, but you can borrow if you don't have these items.

Tryouts will run from February 4th - 6th.

There will be a parent meeting on Friday, February 8, 2019 at 5:30 pm for parents of players who make the team.

Any questions or concerns, please contact Wendy Shigeta at: ws96825@gmail.com

VARSITY GIRLS SOFTBALL TRYOUTS, MONDAY JANUARY 28TH

Girls interested in trying out for the Varsity Softball team should meet at the softball field on January 28th at 3:00pm Bring your glove and either cleats or athletic shoes. Tryouts will run from January 28th to the 30th, from 3:00 – 5:30pm.

Do not buy new equipment until tryouts are over.

For more information please call Coach Mitch at 306-3610. You will need to have your physical form and participation form completed.

BOYS SOCCER UPDATE

Vs. Kapolei, lost 1 – 5

Vs. Kalani, lost 0 – 4.

Cougars ended up in 4th place in the OIA. The road to states now begins!

BOYS BASKETBALL UPDATE

Vs. Kalani , won 41 - 38

UPCOMING ATHLETIC EVENTS

Tuesday, January 29

Boys Basketball vs. Roosevelt @ Kaiser, 5:30pm **Senior Night**

Thursday, January 31

Boys Basketball vs. Moanalua @ Moanalua, 5:30pm

Friday, February 1

Wrestling- OIA East Championships @ Farrington, 4:00pm

COMMUNITY ANNOUNCEMENTS:

FRIENDS OF KAISER PTSA SEEKING PARENTS

“Ongoing research shows that family engagement in schools improves student achievement, reduces absenteeism, and restores parents’ confidence in their children’s education. Students with involved parents or other caregivers earn higher grades and test scores, have better social skills and show improved behavior.” From [neaToday](#) (National Education Association, click link for full article.)

It’s true.

As we face the last semester of the school year, we have 5 members who will be leaving the PTSA as their teens are graduating and thus moving on. The PTSA welcomes new parents to continue the tradition of providing the needed extra support for Kaiser High School and your teen's education. Among the benefits are meeting like-minded parents, hearing first hand of what is happening on campus (academics, athletics and facilities) and having a direct line to Head of School/Principal Mew. There rewards are endless.

Our next meeting will be on Wednesday, February 13th at 6:00pm in the Admin Conference Room. If you have any questions, feel free to contact me, this is my third year as a PTSA member.

aolson@kaiserhs.k12.hi.us.

BELLA PROJECT DRESS, SATURDAY JANUARY 26TH

Registration is now open for the Spring 2019 dress giveaway. Open for high school students only and this event is not just for prom.

Do you want to go to prom in the dress of your dreams, but simply cannot find an affordable dress? High school students face challenges every day, and going through this important rite of passage should not be an additional stress. The Bella Project truly believes that every high school woman deserves to feel beautiful on the day of her prom, and we are here to make your dreams come true. We are here to make you the "bella of the ball" – for free! Click on the link to register: [Bella Project Dress](#)

KAISER HIGH SCHOOL FARMER'S MARKET

Farmer's market returns today and every Tuesday, from 4:00 until sunset. Come on out for tasty treats at the Farmer's Market held in the Kaiser High School parking lot.

IMPORTANT UPCOMING DATES (Click here for link to [KHS CALENDAR](#))

Feb 5 Kaiser High Blood Drive

Feb 6 Class of 2021, IBMYP Personal Project Due

Feb 11 Teachers' Institute Day – No Students

Feb 13 Friends of Kaiser PTSA, 6:00pm in Admin Conference Room

Feb 15 AP Exam Payments are due to H101

Feb 18 President's Day Holiday – No School

Feb 20 ACT Testing

Feb 21 – 22 Literature Festival

Feb 21 SCC Meeting, 5:00pm in the Library

Mahalo,

Ann Olson

Parent Community Network Coordinator (PCNC)

Henry J. Kaiser High School

An International Baccalaureate World School,

AVID Certified, Advanced Placement and Dual Credit School

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