

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Cal.
8/12 9/23 11/4 12/16 2/10 3/16 4/27	Egg & Cheese on Bun Cheeseburger French Fries Carrot Sticks Tomato Slices	Cinnamon Toast Or Cocoa Puffs Bar & Yogurt Popcorn Chicken Mashed Potato Gravy & Green Beans Bread & Butter	Bacon Breakfast Pizza Taco Salad & Salsa Refried Beans Mini Cookies	French Toast/Syrup Spaghetti/Meat Sauce Salad/Italian Steamed Cauliflower Garlic Toast	Scrambled Eggs Toast & Jelly Toasted Cheese Tater Tots Cucumber Slices WG Carnival Cookie	Brk 484 Lunch 797
8/19 9/30 11/11 1/6 3/23 5/4	Egg/Ch/Saus Wrap Animal Crackers Chicken Sandwich Curly Fries Carrot Sticks	Cinnamon Roll String Cheese Salisbury Steak Mashed Potato Gravy & Corn Bread & Butter	Sausage/Gravy Breakfast Pizza Garlic French Bread & Marinara Baked Beans Baked Lays Chips	Maple Pancakes/Syrup Beefy Mac & Cheese Salad/Ranch Steamed Broccoli Garlic Toast	Cheese Omelet Toast & Jelly Fish Sandwich Green Beans Cucumber Slices WG Oatmeal Cookie	Brk 448 Lunch 774
8/26 10/7 11/18 1/13 2/17 3/30 5/11	Egg & Cheese Muffin BBQ Riblet Sandwich French Fries Cucumber Slices	Strawberry or Cinnamon Bagels Chicken Tenders Mashed Potato/Gravy Green Beans Roll & Butter	Sausage Breakfast Pizza Walking Taco & Salsa Refried Beans WG Cho Chip Cookie	Maple Waffles/Syrup Cheese Ravioli & Marinara Salad/Italian Steamed Cauliflower Garlic Toast	Bacon & Cheese Scrambled Eggs Toast & Jelly Chili Gold Fish Crackers Celery & Carrot Sticks	Brk 471 Lunch 757
9/2 10/14 11/25 1/20 2/24 4/6 5/18	Egg & Cheese Wrap WG Cheddar Bunnies Hot Dogs Curly Fries Carrot Sticks	Mini Donuts Country Fried Steak Mashed Potato Gravy & Corn Roll & Butter	Bacon Breakfast Pizza Beef & Ch Enchilada Salsa & Black Beans Chips/Cheese Sauce	Mini French Toast/Syrup Chicken Noodles Salad/Ranch Steamed Broccoli Bread & Butter	Scrambled Eggs Toast & Jelly Mini Corn Dogs Green Beans Celery Sticks WG Carnival Cookie	Brk 471 Lunch 751
9/9 10/21 12/2 1/27 3/2 4/13 5/25	Egg & Cheese on Bun Meatball/Marinara Sub French Fries Tomato Wedges	Apple & Cherry Frudels and Yogurt Beef Teriyaki Bites Mashed Potato/Gravy Green Beans Bread & Butter	Sausage/Gravy Breakfast Pizza Walking Taco & Salsa Refried Beans WG Oatmeal Cookie	Mini Strawberry Pancakes/Syrup Lasagna Rolls /Marinara Salad/Italian Steamed Cauliflower Garlic Toast	Cheese Omelet Toast & Jelly Mandarin Orange Chicken Vegetable Fried Rice Egg Roll	Brk 469 Lunch 781
9/16 10/28 12/9 2/3 3/9 4/20	Breakfast Taco Animal Crackers Sloppy Joe Sandwich Curly Fries Carrot Sticks	Banana Bread Meatloaf Mashed Potato Gravy & Corn Bread & Butter	Sausage Breakfast Pizza Cheese Bread Sticks & Marinara Baked Beans WG Cho. Chip Cookie	Blueberry Waffles/Syrup Chicken Alfredo & Salad/Ranch Steamed Broccoli Garlic Toast	Cheese Omelet Toast & Jelly Biscuit & Gravy Sausage Patty Tater Tots Dragon Punch Juice	Brk 486 Lunch 817
Other Op- tions	Subway Sandwich Garden or Chef Salad	Pizza Garden or Chef Salad	Quesadilla Bites Garden or Chef Salad	Little Italy's Pizza Garden or Chef Salad	Chicken Nuggets Garden or Chef Salad	
<p>Additional Information: All breakfasts served with fruit/juice/milk. All lunches served with fruit/milk. Menus are subject to change.</p> <p>Lunch Requirements: 3 of 5 items=ONE MEAL. Must choose 1 fruit or vegetable.</p>						
<p>Breakfast Price: Student & Adult \$ 1.75 Milk \$.30 Lunch Price: Student \$ 2.85 Adult \$ 3.60 Milk \$.30</p>						
<h1>Carlinsville High School Meals</h1>						



2019 - 2020