



Olive Crest

Breakfast and Lunch Menu September 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
BREAKFAST	Holiday	Malt O Meal Cereal with Graham Crackers	Bagel and Cream Cheese	Granola Bar	Breakfast Muffin
LUNCH	Holiday	Hamburger with Tater Tots	Cubano Sandwich with Black Beans	Orange Chicken with Rice and Carrots	Chicken Fajitas with Tortilla and Corn
	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>
BREAKFAST	Malt O Meal Cereal with Graham Crackers	Twin Bar	Malt O Meal Cereal with Graham Crackers	Cereal Bar	Yogurt Parfait
LUNCH	Teriyaki Chicken with Rice and Carrots	Penne Pasta with Marinara with Zucchini	BBQ Chicken Sandwich with Corn	Bean, Rice, and Cheese Burrito with Broccoli	Hot Dog with Chili Beans
	<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>
BREAKFAST	Malt O Meal Cereal with Graham Crackers	Breakfast Muffin	Cereal Bar	Buttermilk Bar	Malt O Meal Cereal with Graham Crackers
LUNCH	Spaghetti Bolognese with Broccoli	<i>Brunch for Lunch</i> Sausage Cheese Biscuit with Country Potatoes	Ham Mac & Cheese Sandwich with Zucchini	Turkey Picadillo with Rice and Beans	Chicken Patty Sandwich with Carrots
	<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>
BREAKFAST	Yogurt and Graham Crackers	Mateys Cereal with Graham Crackers	Malt O Meal Cereal with Graham Crackers	Maple Chewy Bar	Breakfast Muffin
LUNCH	Hot Dog with Chili Beans	Orange Chicken with Rice and Carrots	Cubano Sandwich with Black Beans	Hamburger with Tater Tots	Chicken Fajitas with Tortilla and Corn
	<u>30</u>				
BREAKFAST	Malt O Meal Cereal with Graham				
LUNCH	Teriyaki Chicken with Rice and Carrots	Non-fat and 1% milk are available at each meal. Fruit is offered at breakfast and Lunch. Veggies are served with lunch.			

In accordance with Federal law and U. S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten building, 1400 Independence Avenue, SW, Washington, D. C. 20250-9410 or call (202) 720-5964 (voice and TDD). SNP is an equal opportunity provider and employer.