

# October 2018 Wilkes County Schools High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Diced Chicken w/Gravy Yeast Roll Meatball Sub Green Beans Baked Sweet Potato Craisins Milk	2 Ham & Cheese Melt Corndog Oven Baked Fries Baked Beans Pineapple Tidbits Milk	3 <b>Manager's Choice</b>	4 ACP W/Rice Rib-a-que Sandwich Peppers & Onions Broccoli Applesauce Milk	5 Pork Chop Yeast Roll Sloppy Joe on Bun Potato Smiles Glazed Carrots Emoji Fruit Cup Milk
8 Chicken Parmesan w/Spaghetti Noodles Corndog Steamed Broccoli Potato Roasters Pear Slices Milk	9 Cheeseburger Bosco Sticks Tossed Salad w/Tomato Wedges Marinara Sauce Oven Baked Fries Sliced Peaches Milk	10 Salisbury Steak Yeast Roll BBQ Sandwich Pinto Beans Cole Slaw Mixed Fruit Milk	11 Nachos w/Chili & Cheese Carolina Burger on Bun Tossed Salad w/Tomato Wedges Corn Pineapple Tidbits Milk	12 Oven Baked Chicken Yeast Roll Turkey & Cheese Wrap Green Beans Sweet Potato Crinkle Cut Mandarin Oranges Milk
15 Soft Shell Beef Taco w/Cheese Chicken Sandwich Corn Lettuce-Tomato-Salsa Pear Slices Milk	16 Chicken Tenders Yeast Roll Ham & Cheese Wrap Sweet Potato Crinkle Cut Green Peas Craisins Milk	17 BBQ Pork w/Hushpuppies Hotdog on Bun w/Chili Baked Beans Cole Slaw Mixed Fruit Milk	18 <b>TEACHER WORKDAY</b>	19 <b>TEACHER WORKDAY</b>
22 Chicken Alfredo w/Ziti Noodles Garlic Toast Meatball Sub Green Beans Glazed Carrots Cantaloupe Milk	23 Ham & Cheese Wrap Corndog Oven Baked Fries Juice Bowl Pineapple Tidbits Milk	24 Baked Spaghetti Garlic Toast Fish Sandwich Tossed Salad w/Tomato Wedges Corn Dried Cherries Milk	25 Chicken Fajita W/Rice Rib-a-que Sandwich Peppers & Onions Broccoli Applesauce Milk	26 Baked Ham Yeast Roll Cheeseburger Mashed Potatoes Black Eyed Peas Apple Crisp Milk
29 Fish Nuggets Chicken Nuggets Mac-N-Cheese Baked Beans Cole Slaw Applesauce Milk	30 Can Bacon Egg & Cheese On Ciabatta Bread Pork Chop on Bun Tator Tots Juice Bowl Baked Apples Milk	31 Corndog Minis Toasted Cheese Vegetable Beef Soup or Chicken Noodle Soup Carrot Coins w/Dip Happy B-day or Chillin Bat Frozen Fruit Cup Milk		

- Expanded Menu Items**
- Offered Daily**
- Savory Chicken Sandwich**
- Spicy Chicken Sandwich**
- Manager's Choice Pizza**
- Chef Salads**
- PB&J Sandwich**
- Toasted Cheese**
- Assorted Fresh Fruits**

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