



# November 2018 Elementary Breakfast Menu







Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pancake Wrapped Sausage <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk 	2 Beignets & Donuts <b>AND</b> Cereal & Toast <b>AND</b> Grits <b>AND</b> Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
5 Chicken Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	6 Pancakes w/ Sausage Links <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	7 Scrambled Eggs with Sausage Patty & Toast <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Strawberries (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	8 French Toast w/ Sausage Patty <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	9 Beignets & Donuts <b>AND</b> Cereal & Toast <b>AND</b> Grits <b>AND</b> Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
12 Sausage Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	13 Waffle w/ Sausage Links <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	14 Breakfast Pizza <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Strawberries (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	15 Pancake Wrapped Sausage <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	16 Beignets & Donuts <b>AND</b> Cereal & Toast <b>AND</b> Grits <b>AND</b> Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
19 Chicken Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	20 Pancakes w/ Sausage Links <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	21 Scrambled Eggs with Sausage Patty & Toast <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Strawberries (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	22 <b>HAPPY THANKSGIVING</b> 	23 <b>SCHOOL CLOSED</b>
26 Sausage Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	27 Waffle w/ Sausage Links <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	28 Breakfast Pizza <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Strawberries (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	29 Pancake Wrapped Sausage <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	30 Beignets & Donuts <b>AND</b> Cereal & Toast <b>AND</b> Grits <b>AND</b> Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk



# November 2018 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p>Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Popeye Salad Fresh Fruit Assorted Fruit <b>Chilled Strawberries (Pre-K)</b> Cornbread Milk</p> 	<p>2</p> <p>Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Assorted Fruit <b>Chilled Peas (Pre-K)</b> Southern Butter Roll Cookie Milk</p>
<p>5</p> <p>Chicken &amp; Sausage Jambalaya Seasoned Green Beans Glazed Carrots Assorted Fruit <b>Chilled Strawberries (Pre-K)</b> Southern Butter Roll Milk</p> <p><b>No School</b></p>	<p>6</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce &amp; Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Cinnamon Roll Milk</p>	<p>7</p> <p>Lasagna Creamed Spinach Assorted Fruit <b>Chilled Mandarin Oranges(Pre-K)</b> Garlic Roll Milk</p>	<p>8</p> <p>Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Cauliflower w/Cheese Fresh Fruit Assorted Fruit <b>Chilled Peas (Pre-K)</b> French Bread Milk</p>	<p>9</p> <p>Shepherds Pie Italian Salad Assorted Fruit <b>Chilled Tropical Fruit (Pre-K)</b> Southern Butter Roll Rice Krispie Milk</p>
<p>12</p> <p>Beef Stew Rice Carrot Soufflé Seasoned or Italian Green Beans Assorted Fruit <b>Chilled Pineapple(Pre-K)</b> Southern Butter Roll Milk</p>	<p>13</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce &amp; Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Cinnamon Roll Milk</p>	<p>14</p> <p>Meatsauce Spaghetti Broccoli w/Cheese Assorted Fruit <b>Chilled Peas (Pre-K)</b> Garlic Roll Milk</p> <p><b>Nutrition Day</b></p>  <p><b>Mushrooms</b></p>	<p>15</p> <p>Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Caesar Salad Fresh Fruit Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Cornbread Milk</p>	<p>16</p> <p><b>THANKSGIVING LUNCH</b> Turkey Roast with gravy Rice or Cornbread Dressing Sweet Potato Casserole Seasoned Green Peas Assort Fruit <b>Chilled Peaches (Pre-K)</b> Southern Butter Roll Brownie Milk</p> 
<p>19</p> <p>Chicken Nuggets Mac and Cheese Glazed Carrots Seasoned Green Peas Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Southern Butter Roll Milk</p>	<p>20</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce &amp; Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit <b>Chilled Peas (Pre-K)</b> Cinnamon Roll Milk</p>	<p>21</p> <p>Meatballs and Red Gravy Spaghetti Broccoli w/Cheese Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Garlic Roll Milk</p>	<p>22</p> <p><b>HAPPY THANKSGIVING</b></p> 	<p>23</p> <p><b>SCHOOL CLOSED</b></p>
<p>26</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Soufflé Assorted Fruit <b>Chilled Pineapple (Pre-K)</b> Southern Butter Roll Milk</p>	<p>27</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce &amp; Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit <b>Chilled Mandarin Oranges(Sat &amp; Pre-K)</b> Cinnamon Roll Milk</p>	<p>28</p> <p>Meatsauce Spaghetti Cauliflower w/Cheese Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Garlic Roll Milk</p>	<p>29</p> <p>Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Popeye Salad Fresh Fruit Assorted Fruit <b>Chilled Strawberries (Pre-K)</b> Cornbread Milk</p>	<p>30</p> <p>Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Assorted Fruit <b>Chilled Peas (Pre-K)</b> Southern Butter Roll Cookie Milk</p>