**Dalzell Lance High School**  
**Lunch Menu NSLP**  
**August 2019**

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
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5 | 6 | 7 | 8 | 9

**12** Vegetarian Option  
Chicken Burrito Bowl w/Rice & Vegetables  
Turkey & Cheese Sandwich  
Mexican Chicken Salad, Popped Corn Chips, Hot Sauce

**13** Vegetarian Option  
Chicken Patty Burger w/Oven Baked Fries  
Deli Chicken & Cheese Sandwich  
Buffalo Chicken Salad, Dinner Roll, Ranch Dressing

**14** Vegetarian Option  
Beef Chili, Popped Corn Chips  
Roast Beef Sandwich  
Tuna Salad, Wheat Crackers, Ranch Dressing

**15** Vegetarian Option  
Breaded Chicken Leg, Mashed Potatoes w/Gravy  
Wowbutter Sandwich  
Southwest Chicken Salad, Dinner Roll, Ranch Dressing

**16** Vegetarian Option  
Baked Ziti w/Meat Sauce  
Turkey Pastrami & Cheese Sandwich  
Chicken Taco Salad, Popped Corn Chips, Ranch Dressing

**19** Vegetarian Option  
Chicken Tamale, Mixed Vegetables  
Ham & Cheese Sandwich  
Mexican Chicken Salad, Popped Corn Chips, Hot Sauce

**20** Vegetarian Option  
Cheeseburger w/Oven Baked Fries  
Roast Beef Sandwich  
Buffalo Chicken Salad, Dinner Roll, Ranch Dressing

**21** Vegetarian Option  
Baked Chicken Spaghetti  
Club Sandwich *CONTAINS PORK*  
Tuna Salad, Wheat Crackers, Ranch Dressing

**22** Vegetarian Option  
Beef Nacho Burrito  
Build Your Own Tuna Sandwich  
Southwest Chicken Salad, Dinner Roll, Ranch Dressing

**23** Vegetarian Option  
Turkey Ham & Cheese Sandwich  
Chicken Taco Salad, Popped Corn Chips, Ranch Dressing

**26** Vegetarian Option  
Chicken Nuggets, Cheesy Mashed Potatoes  
Turkey Ham & Cheese Sandwich  
Mexican Chicken Salad, Popped Corn Chips, Hot Sauce

**27** Vegetarian Option  
Corn Dog, Oven Baked Fries  
Deli Chicken & Cheese Sandwich  
Buffalo Chicken Salad, Dinner Roll, Ranch Dressing

**28** Vegetarian Option  
Cheese Ravioli  
Turkey & Cheese Sandwich  
Tuna Salad, Wheat Crackers, Ranch Dressing

**29** Vegetarian Option  
Plain Hamburger  
Wowbutter Sandwich  
Southwest Chicken Salad, Dinner Roll, Ranch Dressing  
Side Salad

**30** Vegetarian Option  
Orange Chicken, Chow Mein Noodles  
Deli Chicken & Cheese Sandwich  
Chicken Taco Salad, Popped Corn Chips, Ranch Dressing

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**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

Breakfast includes one entree, fruit, and fat free white milk or 1% white milk.  
This institution is an equal opportunity provider.